



# Jobseeker News

A MONTHLY NEWSLETTER FOR MONO COUNTY JOBSEEKERS AND EMPLOYERS

## CONTACT US

**Mammoth Lakes**  
 1290 Tavern Road  
 PO BOX 2969  
 Mammoth Lakes, CA  
 760-924-1770

**Bridgeport**  
 37 Emigrant St.  
 Bridgeport, CA  
 760-932-5600

**Walker**  
 107384 HWY 395  
 Walker, CA  
 530-495-1263

[www.monocounty.ca.gov](http://www.monocounty.ca.gov)

### Employment Service Workers

**Cynthia Garibay**  
[cgaribay@mono.ca.gov](mailto:cgaribay@mono.ca.gov)

**Yvon Guzman-Rangel**  
[yguzman-rangel@mono.ca.gov](mailto:yguzman-rangel@mono.ca.gov)

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A PROUD PARTNER OF

## Elevate Your Health With Mammoth Hospital's New Lifestyle Medicine & Community Wellness Program



Elevate promotes education, skill-building, and support in lifestyle factors including nutrition, exercise, mindfulness, and social support to elevate health and community. Offering in-person and virtual offerings by licensed health care professionals from Mammoth Hospital and qualified community instructors.

Classes can be purchased individually or with a multi-class pass. If you have a financial challenge, programs are in place to help you access the information, care, and support that you need. Support groups are always free of charge.

Elevate operates in Mammoth Lakes and Bishop. For more information, visit [www.elevatemammoth.com](http://www.elevatemammoth.com).

### EXPLORE ELEVATE:

#### Mental Wellbeing

- Meditation & Mindfulness
- Stress Management

#### Movement & Fitness

- Balance & Fall Prevention
- Pilates
- Strength Training
- Tai Chi
- Walking
- Yoga

#### Nutrition

#### Social Support

- Babies, Bellies, & Birth
- Cancer Champions
- Good Grief
- MS Support Group

#### Workshops

- First Aid CPR AED
- Labor with Love
- Nordic Conditioning
- Ski/Ride Fitness
- Safe Sitter
- The Birthing Course

#### Classes

- Arthritis & Joint Fitness
- Guided Meditation
- Heart & Sole
- Prenatal Yoga

#### Videos

- Hand Arthritis Management
- Joint Replacement Education
- Stress Management
- Yoga for Pelvic Health

## JOBS OF THE MONTH



## Starbucks Job Openings

Location: Mammoth Lakes - Main and Sierra Park

More Information and To Apply:

Visit [careerarc.com/job-search/starbucks-jobs-in-mammoth-lakes-ca.html](https://careerarc.com/job-search/starbucks-jobs-in-mammoth-lakes-ca.html)

### Assistant Store Manager

**Info:** This role is a hands-on experience that develops your supervisory experience, coaching skills, coffee/ tea passion and business acumen, all to build your understanding of store management. You will learn how to create success for a multi-million-dollar business, create and develop great teams, and building a meeting place in your community that nurtures customers. These foundational principles set up partners for success for careers in store management and leadership.

**Job Qualifications:**

- 2 years retail / customer service management experience OR
- 4+ years of US Military service.
- Strong organizational, interpersonal and problem-solving skills.
- Entrepreneurial mentality with experience in a sales focused environment.
- Minimum High School or GED.

### Shift Supervisor

**Info:** As a Starbucks shift supervisor, you'll be a role model of the store operations standards that define our Starbucks Experience. You'll lead each shift, working alongside a team of baristas to deliver quality customer service and expertly-crafted products. You'll be in an energetic store environment where you'll have the ability to positively influence and guide others, maintain an encouraging team environment, and grow your leadership skills. We believe our shift supervisors are leaders in creating an uplifting experience for our customers and partners alike.

**Job Qualifications:**

- Customer service experience in a retail or restaurant environment - 1 year.

### Barista

**Info:** As a Starbucks barista, you'll create the Starbucks Experience for our customers through excellent service and expertly-crafted products. You'll be in an energetic store environment where you'll have the ability to master your food & beverage craft, work alongside friends and meet new people every day. A cup of coffee and smile can go a long way, and we believe our baristas have the power to be the best moment in each customer's day.

**Job Qualifications:**

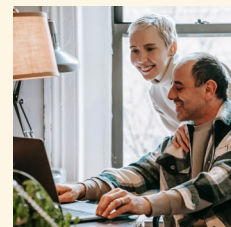
- No previous experience required.

**Benefits:** Benefits include 100% tuition coverage through our Starbucks College Achievement Plan, health coverage with a variety of plans to choose from, and stock & savings programs like our equity reward program, Bean Stock.



#### SUBSCRIBE TO THE JOBSEEKER EMAIL NEWSLETTER!

Never miss an update! Sign up for our monthly Jobseeker News e-newsletter to receive up-to-date information straight to your phone or computer. Visit our Mailchimp signup form at [eepurl.com/hGekAz](https://eepurl.com/hGekAz) or scan the QR code to subscribe.



## JOB BOARD POSTINGS

### **Mono County Superior Court:** Deputy Clerk Mammoth Lakes

**Salary:** \$18.44-\$29.38/hour

**Info:** Performs a variety of court support services. Generous benefits, including CalPERS retirement, medical, dental, vision & 457 deferred compensation.

**To Apply:** [mono.courts.ca.gov/general-information/employment](http://mono.courts.ca.gov/general-information/employment)

### **Mono County Social Services:** Cook/Driver for Senior Services Walker

**Salary:** \$17.10-\$20.79/hour

**Info:** Performs food preparation, dispensing and delivery for clients in the Walker Senior Citizens Center. Up to 20 hours per week.

**To Apply:** [monocounty.ca.gov/jobs](http://monocounty.ca.gov/jobs)

### **Sierra Employment Services:** Maintenance Service Route Driver Snow Shovelers Mammoth Lakes

**Salary:** \$22.00-\$27.00/hour

**Info:** Visit our job listings page at [sierraemployment.com/joblist.pdf](http://sierraemployment.com/joblist.pdf) or call 760-924-0523.

**To Apply:** [SierraEmployment.com](http://SierraEmployment.com)

### **Amerigas Propane:** Service Tech Bishop

**Info:** Paid training provided. Must be 21 years+, great driving record required. Health, 401k and other benefits available.

**To Apply:** [careers.ugicorp.com/AmeriGas/job/Bishop-Service-Tech-CA/972005400](http://careers.ugicorp.com/AmeriGas/job/Bishop-Service-Tech-CA/972005400)

### **Mammoth Unified School District:**

Child Development Teacher P/T  
Mammoth Lakes

**Salary:** \$17.28/hour

**Info:** Husky Club position at Mammoth Elementary.

**To Apply:** [mammothusd.org/apps/jobs](http://mammothusd.org/apps/jobs)

### **Rite Aid:**

Cashier - Service Associate, P/T  
Pharmacy Service Associate  
Retail Supervisor  
Mammoth Lakes

**Info:** Benefits available.

**To Apply:** [careers.riteaid.com/rite\\_aid\\_jobs](http://careers.riteaid.com/rite_aid_jobs)

### **Mono County Behavioral Health:**

Psychiatric Specialist I/II/III  
Fiscal Technical Specialist I/II/III  
Mammoth Lakes

**Info:** Mono County provides generous benefits, including CalPERS retirement, medical, dental, vision & 401 deferred compensation.

**To Apply:** [monocounty.ca.gov/jobs](http://monocounty.ca.gov/jobs)

### **Town of Mammoth Lakes:** Various Positions Mammoth Lakes

**Info:** Positions available in Police, Recreation and Maintenance Depts. Comprehensive benefits.

**To Apply:** [townofmammothlakes.ca.gov/767/Employment-Opportunities](http://townofmammothlakes.ca.gov/767/Employment-Opportunities)

**More Jobs:** [www.monocounty.ca.gov/workforce-services/page/job-boards-links](http://www.monocounty.ca.gov/workforce-services/page/job-boards-links)

### **Mammoth Unified School District:**

Various Positions  
Mammoth Lakes

**Info:** Broad range of positions available.

**Contact:** Cathy Molina: [cmolina@mammothusd.org](mailto:cmolina@mammothusd.org), 760-934-6802

**To Apply:** [mammothusd.org/apps/jobs](http://mammothusd.org/apps/jobs)

### **Mono County Office of Education:** Support Services Clerk P/T Mammoth Lakes

**Salary:** \$20.65-\$26.47/hour

**Info:** Perform a variety of complex office assistance work for First 5. 17.5 hours per week.

**To Apply:** [edjoin.org/Home/DistrictJobPosting/1610729](http://edjoin.org/Home/DistrictJobPosting/1610729)

### **Mono County Office of Education:** Preschool Lead Teacher and Site Supervisor, P/T Coleville

**Salary:** \$21.70-\$27.76/hour

**Info:** To lead site Primary Care team in the implementation of daily, appropriate, safe and child/family-focused child development services for pre-school children. 5.5 hours per day.

**To Apply:** [edjoin.org/Home/DistrictJobPosting/1708872](http://edjoin.org/Home/DistrictJobPosting/1708872)

### **Dept of Agriculture:** Forest Service Jobs Inyo County

**Info:** Positions include Forestry Aids, Forestry Technicians, District Rangers, Fire and Internships.

**To Apply:** [fs.usda.gov/main/inyo/about-forest/jobs](http://fs.usda.gov/main/inyo/about-forest/jobs)

## JOB BOARD POSTINGS

### **Mammoth Community Water District:** Administration Assistant Mammoth Lakes

**Salary:** \$28.53-\$33.80/hour  
**Info:** Administrative Assistant is an entry level working class providing assistance and support to the General Manager's Office. Attractive compensation and benefits package including potential housing options.  
**To Apply:** [mcwd.dst.ca.us/employment](http://mcwd.dst.ca.us/employment)

### **Mammoth Community Water District:** Construction Project Specialist Mammoth Lakes

**Salary:** \$37.44-\$45.23/hour  
**Info:** Responsible for a variety of skilled duties involved in planning, organizing, and constructing water distribution and wastewater collection systems improvement projects. Attractive compensation and benefits package including potential housing options.  
**To Apply:** [mcwd.dst.ca.us/employment](http://mcwd.dst.ca.us/employment)

### **Disabled Sports Eastern Sierra:** Development Coordinator/ Specialist Mammoth Lakes

**Salary:** \$20.00-\$34.00/hour  
**Info:** Play a key role in our fundraising and outreach efforts to engage donors, volunteers, community partners, families, athletes and other stakeholders.  
**To Apply:** Email [info@disabledsportseasternsierra.org](mailto:info@disabledsportseasternsierra.org) with resume and cover letter.

### **Mammoth Disposal:** Mechanic Mammoth Lakes

**Salary:** \$25.00-\$37.00/hour  
**Info:** Monday through Friday 8:00am - 4:30pm Great benefits.  
**To Apply:** [careers.wasteconnections.com/job/mammoth-lakes](http://careers.wasteconnections.com/job/mammoth-lakes)

### **Mono Arts Council:** Teaching Artist Mammoth Lakes

**Salary:** \$17.50-\$35.00/hour  
**Info:** Experience in visual arts, crafts, or photography. Must have experience working with youth and have a passion for childhood arts education  
**To Apply:** Contact [kristin@monoarts.org](mailto:kristin@monoarts.org)

### **Mammoth Hospital:** Various Positions Mammoth Lakes & Bishop

**Info:** Broad range of positions available, excellent benefits and internal development program.  
**To Apply:** [mammoth-hospital.breezy.hr](http://mammoth-hospital.breezy.hr)

### **Mammoth Disposal:** Customer Service Representative Mammoth Lakes

**Salary:** \$19.00-\$22.70/hour  
**Info:** Supporting our business operations. This position will be approximately 45 hours per week. Great benefits.  
**To Apply:** [careers.wasteconnections.com/job/mammoth-lakes](http://careers.wasteconnections.com/job/mammoth-lakes)

**More Jobs:** [www.monocounty.ca.gov/workforce-services/page/job-boards-links](http://www.monocounty.ca.gov/workforce-services/page/job-boards-links)

### **Disabled Sports Eastern Sierra:** Development Director Mammoth Lakes

**Salary:** \$64,480-\$85,000/year  
**Info:** Advance our mission to support people with disabilities pursuing adaptive outdoor recreation in the Eastern Sierra.  
**To Apply:** Contact [LBeardsley@DisabledSportsEasternSierra.org](mailto:LBeardsley@DisabledSportsEasternSierra.org)

### **Mammoth Creek Inn:** Housekeeping Mammoth Lakes

**Salary:** Competitive wages based on experience.  
**Info:** Full-time housekeeping/laundry attendant.  
**To Apply:** Apply in person at 663 Old Mammoth Road or email [elsa@mammothcreekinn.com](mailto:elsa@mammothcreekinn.com)

### **Distant Brewing:** Experienced Cooks Mammoth Lakes

**Salary:** \$21/hour plus tips.  
**Info:** 401k, sick-pay, PTO, free food, discounted beer/merch and an awesome crew.  
**To Apply:** Come in and chat with Kyle, Kirk or Sergio, or send an email to [kirk@distantbeer.com](mailto:kirk@distantbeer.com)

### **SP+:** Supervisor - Parking Mammoth Lakes

**Salary:** \$28.00/hour  
**Info:** Assist in the day-to-day management of a location ensuring that parking operations are handled within contractual guidelines. Benefits available.  
**To Apply:** [externalsp-spplus.icims.com/jobs/32733/supervisor/job](http://externalsp-spplus.icims.com/jobs/32733/supervisor/job)

## Cash In With the California & Federal Earned Income Tax Credit

**It can pay – potentially thousands of dollars –to file your taxes!**

The Federal Earned Income Tax Credit (EITC) and California Earned Income Tax Credit (CalEITC) is a powerful tool for reducing poverty and promoting financial stability for working families.

- Federal Earned Income Tax Credit: up to \$6,935 cash back
- California Earned Income Tax Credit: up to \$3,417 cash back

**California Young Child Tax Credit:** You may qualify for up to \$1,083 cash back if you had a child under the age of 6 at the end of the tax year.

**NEW! California Foster Youth Tax Credit:** You may qualify for up to \$1,083 cash back if you were in California foster care when age 13 or older.

Estimate your tax credit today:

**Federal Calculator:** [apps.irs.gov/app/eitc](https://apps.irs.gov/app/eitc)

**California Calculator:** [www.ftb.ca.gov/file/personal/credits/EITC-Calculator/Home](https://www.ftb.ca.gov/file/personal/credits/EITC-Calculator/Home)

IT'S YOUR MONEY  
**GET IT!**  
Cal EARNED INCOME TAX CREDIT



## Cash In Con el Crédito Tributario por Ingresos Ganados de California y Federal

**¡Puede valer la pena, potencialmente miles de dólares, presentar sus impuestos!** El Crédito Tributario por Ingresos Ganados Federal (EITC) y el Crédito Tributario por Ingresos Ganados de California (CalEITC) son una herramienta poderosa para reducir la pobreza y promover la estabilidad financiera para las familias trabajadoras.

- Crédito Tributario por Ingresos Ganados Federal: hasta \$6,935 de reembolso en efectivo
- Crédito Tributario por Ingresos Ganados de California: hasta \$3,417 de reembolso en efectivo

**Crédito Tributario por Niño Joven de California:** Puede calificar para hasta \$1,083 de reembolso en efectivo si tuvo un hijo menor de 6 años al final del año fiscal.

**¡Nuevo! Crédito Tributario por Jóvenes en Acogida de California:** Puede calificar para hasta \$1,083 de reembolso en efectivo si estuvo en acogida en California cuando tenía 13 años o más.

Estime su crédito tributario hoy:

**Calculadora Federal:** [apps.irs.gov/app/eitc](https://apps.irs.gov/app/eitc)

**Calculadora de California:** [www.ftb.ca.gov/file/personal/credits/EITC-Calculator/Home](https://www.ftb.ca.gov/file/personal/credits/EITC-Calculator/Home)



## FOOD RESOURCES

## IMACA Drive-Thru Food Distribution in Mono County

Nobody should have to worry about their next meal. IMACA provides fresh produce and other staples to help people meet their nutritional needs.

Please complete an [Intake Form: www.imaca.net/food-intake-form](http://www.imaca.net/food-intake-form) at least one day before your distribution date. Please do not arrive any earlier than one hour before the distribution start time.

For more information visit [imaca.net/food-distribution](http://imaca.net/food-distribution) or call 760-873-8557.

### February 2023 Mono County Drive-Thru Food Schedule

**Benton Community Center:**  
58869 CA Hwy 120  
Feb. 7 — 10:00am-11:00am

**Chalfant Fire Department:**  
215 Valley Rd.  
Feb. 7 — 11:30am-12:00pm

**Walker Senior Center:**  
442 Mule Deer Rd.  
Feb. 23 — 10:00am-10:45am

**Bridgeport Community Center:**  
129 Emigrant St.  
Feb. 23 — 12:30pm-1:00pm

**Lee Vining Community Center:**  
296 Mattly Ave.  
Feb. 23 — 1:30pm-2:00pm

**Mammoth Lakes - St Joseph's Church:**  
58 Ranch Rd.  
Feb. 24 — 11:00am-11:45am

**June Lake Community Center:**  
90 W. Granite Ave.  
Feb. 24 — 12:30pm-1:00pm



## Local Food Pantry

NOW TWO DAYS A WEEK!

Salvation Army in Mammoth Lakes

Open: Wednesdays 12:00-2:00pm  
Fridays 4:00-6:00pm

Address: 220 Sierra Manor Road

Questions: 760-914-0245

We have eggs, milk, cheese, meat and bread.



## Despensa de Comida Local

¡AHORA DOS DÍAS A LA SEMANA!

Salvation Army en Mammoth Lakes

Abierto: Miércoles 12:00-2:00pm  
Viernes 4:00-6:00pm

Dirección: 220 Sierra Manor Road

Preguntas: 760-914-0432

Nosotros tenemos huevos, leche, queso, carne y pan.

## HOUSING RESOURCES

Mammoth Lakes Housing low-income housing waitlist:  
Lista de espera de viviendas de renta baja:

- 82 low-income apartments: [Aspen Village Apartments](#), [Manzanita Apartments](#), [Jeffreys Apartments](#), [Star Apartments](#)
- 26 NEW low-income units coming in 2023: [Innsbruck Lodge](#), [Access Apartments](#)

For applications: **Para solicitudes:**  
[MammothLakesHousing.org](http://MammothLakesHousing.org), 760-934-4740  
587 Old Mammoth Rd #4

Other Resources: **Otros Recursos:**

- 25 units: [Glass Mountain Apts](#) – Mammoth Lakes  
19 units: [Valley Apartments](#) – Bishop  
IMACA Housing Program: 760-873-8557
- 30 low-income units: [Bristlecone](#)  
Buckingham Property Management: 760-924-7516
- Mammoth Lakes Chamber of Commerce:  
[MammothWorkforceHousing.org](http://MammothWorkforceHousing.org)
- NEW NUEVAS [The Parcel](#) apartments: 855-452-8250

# Beware of EBT Theft and Scams!

California has been experiencing an increase in occurrence of Electronic Benefits Transfer (EBT) theft. It is important to learn how to recognize these scams to avoid it happening to you.

The California Department of Social Services is providing security tips for those who use EBT cards to receive food (SNAP) and cash aid with a short YouTube video. Click this link to watch, or scan the QR code: [www.youtube.com/watch?v=opg52FxoSo](http://www.youtube.com/watch?v=opg52FxoSo).



The video outlines how public assistance benefits can be stolen from EBT cards using:

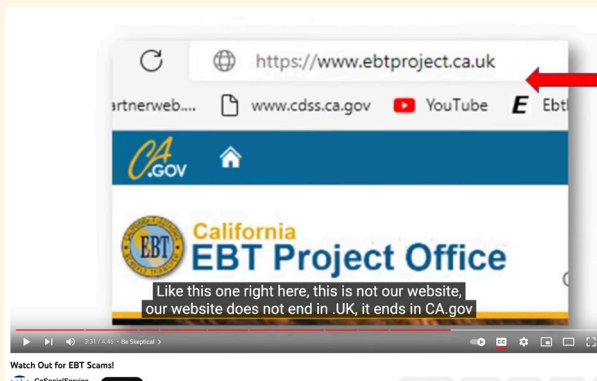
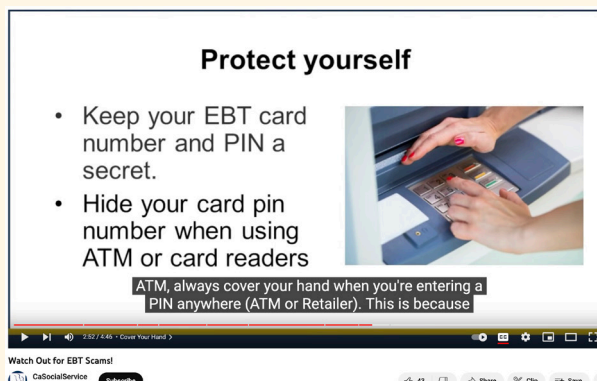
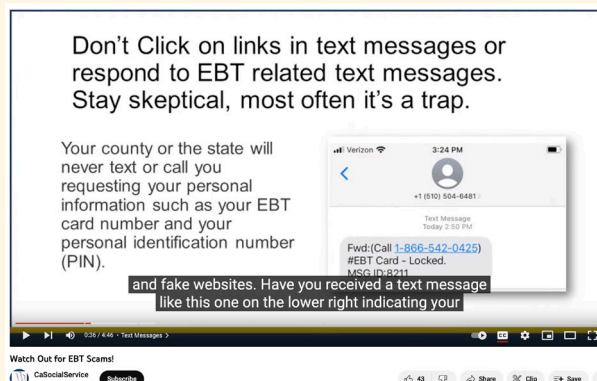
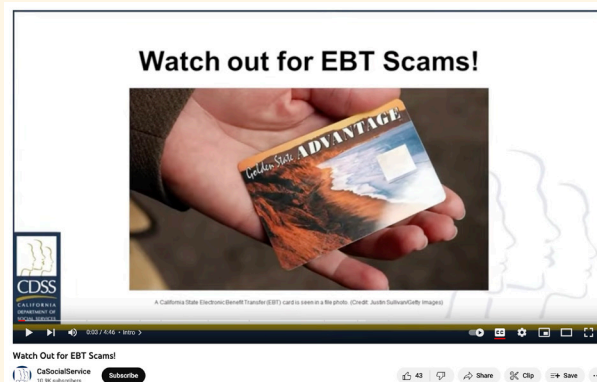
- Text message and phone scams
- Card skimming technology
- Fake websites

A few tips to avoid scams:

- Don't click on links in text messages or respond to EBT-related messages. Your county or the state will **never** text you or call you requesting your personal information such as EBT card number, PIN, or date of birth.
- "Number spoofing" is when scammers can make their number look like one you trust, so a text message or phone call may appear to come from a legitimate source. If you're unsure, contact us directly.
- Skimmers are put over ATMs and retailer terminals to skim/copy your card information. The video contains pictures and tips for how to spot one.
- To avoid small, secret cameras recording your PIN, always cover your hand when you're entering your PIN.
- Always check the URL of the website you're on. The official California EBT website is [www.ebtproject.ca.gov](http://www.ebtproject.ca.gov). It's important to note that the real site ends in **ca.gov**. If you see a URL that ends in something else, it's fake, and you should close the page.
- The same goes for fake email addresses. Scam emails will come from an email address that doesn't match who they claim to be.
- Don't be pressured into making a quick decision. A person from the government or legitimate business won't mind if you take your time in getting back to them. Scammers, on the other hand, will push you so you don't have time to think.

Remember to be aware and be skeptical!

If you think your benefits may have been stolen, you should immediately call the customer service telephone number on the back of your EBT card: 877-328-9677, or contact Mono County Social Services at 760-924-1770.



# ¡Cuidado con los robos y estafas de EBT!

California ha experimentado un aumento de los robos por Transferencia Electrónica de Beneficios (EBT). Es importante aprender a reconocer estas estafas para evitar que le ocurran a usted.

El Departamento de Servicios Sociales de California ofrece consejos de seguridad a quienes utilizan tarjetas EBT para recibir alimentos (SNAP) y ayudas en efectivo con un breve vídeo en Youtube. Haga clic en este enlace para verlo o escanee el código QR: [www.youtube.com/watch?v=O7j7ut0\\_FKI](https://www.youtube.com/watch?v=O7j7ut0_FKI)

En el vídeo se explica cómo pueden robarse prestaciones de asistencia pública de las tarjetas EBT utilizando:

- Estafas por mensajes de texto y teléfono
- Tecnología de "skimming" de tarjetas
- Sitios web falsos

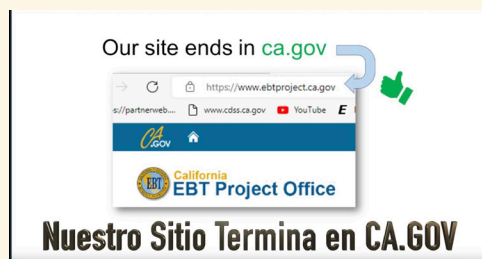
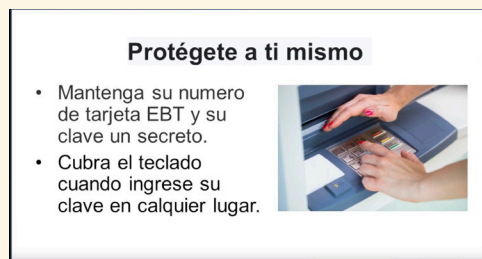
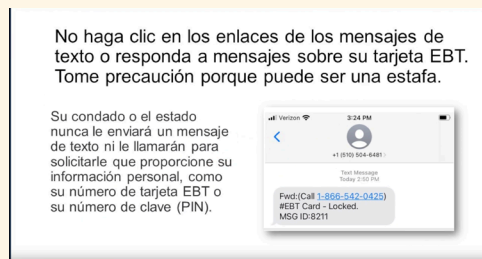
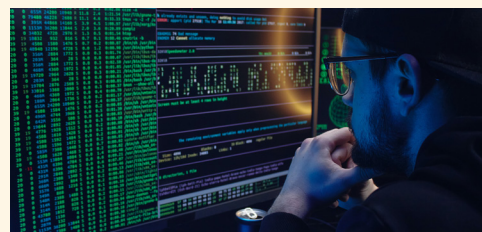


## Algunos consejos para evitar estafas:

- No haga clic en enlaces de mensajes de texto ni responda mensajes relacionados con EBT. Su condado o el Estado nunca le enviará mensajes de texto ni le llamará para solicitarle sus datos personales, como su número de tarjeta EBT, su número clave (PIN) o su fecha de nacimiento.
- La "suplantación de número" es cuando los estafadores pueden hacer que su número parezca uno en el que confías, de modo que un mensaje de texto o una llamada telefónica puede parecer que procedan de una fuente legítima. Si no está seguro, póngase en contacto con nosotros directamente.
- Los Skimmers se colocan sobre los cajeros automáticos y los terminales de los comercios para robar o copiar la información de su tarjeta. El vídeo contiene imágenes y consejos para detectar uno.
- Para evitar que pequeñas cámaras secretas graben su PIN, cúbrase siempre la mano cuando lo introduzca.
- Compruebe siempre la URL del sitio web en el que se encuentra. El sitio web oficial de EBT en California es [www.ebtproject.ca.gov](http://www.ebtproject.ca.gov). Es importante señalar que el sitio real termina en [ca.gov](http://ca.gov). Si ve una URL que termina en otra cosa, es falsa y debe cerrar la página.
- Lo mismo ocurre con las direcciones de correo electrónico falsas. Los correos electrónicos fraudulentos provendrán de una dirección de correo electrónico que no coincide con la que dicen ser.
- No se deje presionar para tomar una decisión rápida. A una persona del gobierno o de una empresa legítima no le importará que tarde en contestarle. En cambio, los estafadores le presionarán para que no tenga tiempo de pensar.

## Recuerde estar alerta y ser escéptico.

Si cree que sus beneficios pueden haber sido robados, debe llamar inmediatamente al número de teléfono de servicio al cliente que se encuentra en el reverso de su tarjeta EBT: 877-328-9677, o ponte en contacto con los Servicios Sociales del condado de Mono al 760-924-1770.







# Mono County Behavioral Health Free Community Wellness Programming

## MAMMOTH LAKES WELLNESS

Sierra Wellness Center: 181 Sierra Manor Road #4

### Sunday Senior Doughnut Drop In

– Sundays, 8-9:30am, Various Locations  
Join us for coffee, breakfast, community, and conversation.

### Free Yoga and Guided Meditation

– Tuesdays & Thursdays, 1:30-3pm, Sierra Wellness Center  
Bring a towel or yoga mat and relax your mind and body.

### LBGTQ+ Monthly Potluck

– 2<sup>nd</sup> Tuesdays, 6-8pm, Sierra Wellness Center  
Join us for an evening of community, support, and laughter.

### Open Space Drop In

– Wednesdays, 6pm-8pm, Sierra Wellness Center  
Join us for a sober evening of games, music, and community.

### Clubhouse Live

– Fridays, 3:30-5pm, Sierra Wellness Center  
Free afterschool program for middle and high school students. Snacks, activities and help with homework.

## WALKER WELLNESS

Walker Wellness Center: 107655 Highway 395

### Beginner Ukulele Class

– Wednesdays, 3-3:30 pm, Walker Wellness Center  
Learn to play the ukulele with Ms Betty.

### Parent Project

– Wednesdays, 5-6:30 pm, Walker Wellness Center  
The Parent Project offers parents both emotional and practical support. Dinner provided.

### Ladies' Yoga and Meditation

– Thursdays, 4-5pm, Walker Wellness Center  
Relaxing yoga and meditation. Beginners welcome!

### Walker Monthly Social

– Last Friday, 5-7pm, Walker Wellness Center  
FREE community dinner/potluck.

## JUNE LAKE WELLNESS

June Lake Community Center: 90 W Granite Avenue

### June Lake Community Potluck Social

– 2<sup>nd</sup> Thursdays, 6-8pm, June Lake Community Center  
Meet, mingle, and connect with your fellow community members while enjoying a free meal. We will provide the main, a dish to share is appreciated but not required.

## CROWLEY LAKE WELLNESS

Crowley Lake Community Center: 58 Pearson Road

### Mat Pilates

– Tuesdays, 8-9am, Crowley Community Center  
Classic Pilates matwork with a contemporary twist.

### Stretch & Relax \*must bring your own mat

– Thursdays, 8-9am, Crowley Community Center  
Joint mobility, flexibility, and guided relaxation.

### Yin & Yoga Stretch \*must bring your own mat

– Thursdays, 5-6pm, Crowley Community Center  
Yin yoga, a passive practice, focuses on opening the hip joints and spine for increased range and more effective movement.

## BRIDGEPORT WELLNESS

Bridgeport Wellness Center: 123 Emigrant Street

### Clubhouse Live\*

– Mondays & Fridays, 1-3:30pm, Bridgeport Wellness Center  
Free afterschool program for middle school aged persons. Get help with homework, play games, and enjoy a light snack.

### Elementary Mindfulness\*

– Wednesdays, 3-4pm, Bridgeport Wellness Center  
Fun mindfulness tools to help reduce stress and anxiety, and manage big emotions.

\*Limited availability, register with Tajia 760-648-3173

### Bridgeport Monthly Potluck Social

– 2<sup>nd</sup> Fridays, 5-7pm, Memorial Hall, 73 N School Street  
Join us for a free community potluck. A dish to share is appreciated but not required.

## BENTON WELLNESS

Benton Community Center: 58869 Hwy 120  
Benton Tribal Community Center: 567 Yellow Jacket Rd

### Benton Community Potluck Social

– Last Thursday, 5:30-7pm, Alternating Locations  
Everyone is welcome at this free family-friendly community potluck. We will provide the main, a dish to share is appreciated but not required. We will eat dinner then play a few rounds of bingo.

For more information: Call 760-924-1740 or visit [monocounty.ca.gov/behavioral-health/page/wellness-centers](http://monocounty.ca.gov/behavioral-health/page/wellness-centers)



# VALENTINE'S BINGO



*Light snacks and  
refreshments provided*

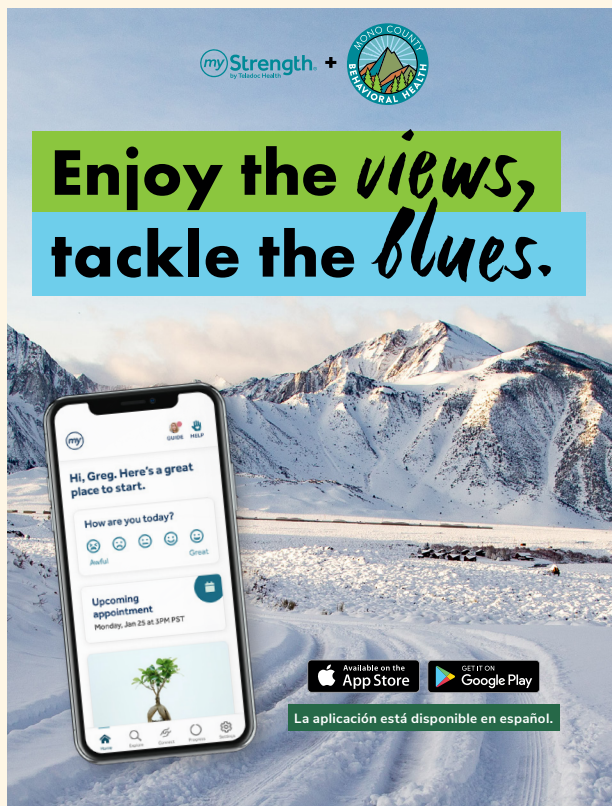


Prizes provided by  
Mono Co. Senior Services  
Lighthouse Church,  
Back Alley Bowl and  
Grill, Pioneer Home Health

mono  
county  
PUBLIC HEALTH  
WILL PROVIDE  
FREE FLU AND  
COVID  
IMMUNIZATION  
SHOTS

*For more info:*  
DSS 760-924-1770

THURSDAY THE 16TH OF FEBRUARY, 4 - 6PM  
CHALFANT COMMUNITY CENTER  
123 VALLEY RD.



myStrength + MONO COUNTY BEHAVIORAL HEALTH

**Enjoy the views, tackle the blues.**

Hi, Greg. Here's a great place to start.

How are you today?  
Awful Great

Upcoming appointment  
Monday, Jan 23 at 3PM PST

Available on the App Store GET IT ON Google Play

La aplicación está disponible en español.

## Get FREE Support This Winter With myStrength

We live in one of the most gorgeous alpine areas on the planet, with majestic snowy peaks and panoramic icy vistas.

However, it's important to recognize that this environment can be tough on our mental health. Shorter days, endless snow, cold weather, and holiday stress can leave us feeling down.

Mono County Behavioral Health is providing residents of Mono County with **FREE** access to the myStrength program to help work through challenges and improve overall wellbeing.

MyStrength is a flexible and comprehensive digital program with proven tools and dedicated support for stress, depression, sleep, and more.

This offer is available through March 31, 2023. La aplicación está disponible en español.

Sign up on [myStrength.com](https://myStrength.com) with access code: MONO



Photo: Yan Krukov

### UNEMPLOYMENT INSURANCE

## Need Unemployment Insurance Assistance?

Public Statewide Online and Phone Unemployment Insurance (UI) Assistance:  
[edd.ca.gov/Unemployment/UI\\_Online.htm](https://edd.ca.gov/Unemployment/UI_Online.htm)

- 1-800-300-5616 – UI Claims Support
- 1-833-978-2511 – General or Technical UI Support
- 1-866-333-4606 – Automated Self-Service UI Line

Public Local Kern, Inyo, and Mono (KIM) assistance with general UI guidance (from the Bakersfield AJCC/ EDD Workforce Services (WS) staff in Bakersfield):

- 661-336-6912 – Bakersfield AJCC/EDD line
- [WSBAJCCreferralKERN@edd.ca.gov](mailto:WSBAJCCreferralKERN@edd.ca.gov) – Bakersfield AJCC/EDD email



Photo: Los Muertos Crew

### WORK INNOVATION AND OPPORTUNITY ACT

## Reimbursement of up to 90% of Wages to Employers

Are you an employer looking for help? The specific technical skills you need may be hard to find. The Workforce Innovation and Opportunity Act (WIOA) On-the-Job Training Program helps you train the right workers to meet your requirements.

The WIOA wage reimbursement is 90% for employers that have 50 or less employees. Employers that have over 50 employees can receive a wage reimbursement of 50%.

This program is administered through Mono County Workforce Services. Contact: 760-924-1770 or [workforceservices@mono.ca.gov](mailto:workforceservices@mono.ca.gov) before the employee is hired, or for any questions about the program.



### WORKFORCE SERVICES

## Let's Talk!

Please contact Workforce Services to discover more about the programs we provide. **We are here to help you succeed!**

Call us at 760-924-1770 or visit: [www.monocounty.ca.gov/workforce-services](http://www.monocounty.ca.gov/workforce-services)



Photo: Brooke Cagle



Photo: Christin Hume



Photo: Jud Mackrill



Photo: Jakob Owens

### CAREER SERVICES

Our Employment Service Workers are eager to assist and offer a variety of career related services.

- Résumé Building
- Interview Coaching
- Cover Letter Writing
- Career Counseling
- Job Search Assistance
- Community College Registration
- GED Training Referrals

### RESOURCE ROOM

Do you need the use of a computer, internet, printer, copier, telephone or fax machine? We can help!

The Resource Room assistance is available to the public from 3pm to 5pm, Monday through Friday.

To receive assistance call 760-924-1770 and request employment services.

### CALJOBS

Have you registered for CalJOBS?

CalJOBS is California's online resource to help job seekers and employers navigate the state's workforce services. You can search for jobs, create résumés, find qualified candidates, and more. Visit CalJOBS to register or log in.

[www.caljobs.ca.gov](http://www.caljobs.ca.gov)

### VETERANS SERVICES OFFICER

**Gordon Greene**  
Office: 760-873-7850  
Cell: 760-937-0431  
[ggreene@inyocounty.us](mailto:ggreene@inyocounty.us)

Please note that services offered through the Office of Veterans Affairs are for Veterans AND their families.

## New Video Calling Services for the Hearing Impaired

Mono County Social Services has partnered with Sorenson to provide Video Relay Service (VRS) to hearing impaired individuals. Sorenson Relay calls are routed through an American Sign Language (ASL) video interpreting center.

Now Mono County residents who use ASL have the option to connect with hearing people over the videophone located at the Social Services office. Call us at 760-924-1770 or visit our office for more information about this new service.

