

If you would like to **become a volunteer for the Northern Mono County Hospice**,  
join us for this training:

## Volunteer Hospice and Doula Training

**July 12-14, 2018, Walker and Bridgeport, California**

**Presented by International End of Life Doula Association (INELDA)**

~ Contact Patti Hamic-Christensen 760/809-1489 for information and to register ~

### Schedule

Attend Day 1 to become a General Hospice Volunteer; Attend all three Days to become an End of Life Doula.

#### **Thursday, July 12 Day 1: Hospice Training**

8:45 – 9:00 Check-in/get acquainted  
9:00 -10:30 Hospice/Palliative Care overview  
10:30 – 10:40 Break  
10:40 – 12:30 Personal Death Awareness  
12:30 – 1:30 lunch  
1:30 – 3:30 Grief Walker/Being Mortal  
3:30 – 3:45 Break  
3:45 – 5:45 Communication/Role of a Volunteer

#### **Friday, July 13 Day 2: Doula Training**

9:00 –12:00 (with 1 break)  
12:00 -12:30 Lunch  
1:00 -5:30 Training continued

#### **Saturday, July 14 Day 3: Doula Training**

9:00 – 12:00 (with 1 break)  
12:00 -12:30 Lunch  
1:00 - 5:30 Training continued

International End of Life Doula Association (INELDA) is a nonprofit organization dedicated to bringing deeper meaning and greater comfort to dying people and loved ones in the last days of life.

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Kris Kington-Barker, Instructor



Kris Kington-Barker has been the Executive Director for Hospice of San Luis Obispo (SLO) County in California since 2010. She was drawn to the work of INELDA when seeking a way for Hospice SLO to more fully embrace the spiritual, social, and emotional aspects of end of life care. In 2015, she brought INELDA to Hospice SLO for the first of a series of doula trainings offered to staff and volunteers. Kris has been a lead doula since then. She received her INELDA doula certification in early 2017 and then became an INELDA trainer.

Prior to her work at Hospice SLO, Kris worked in the fields of mental health, rural clinic education, and acute care hospital planning, development, operations and administration. She is currently a board member for INELDA; Health Commissioner for the SLO County Health Commission; a certified Conscious Aging facilitator through the Institute of Noetic Sciences, and a POLST and Advanced Healthcare facilitator/trainer through the California Coalition for Compassionate Care. Kris also hosts Central Coast Voices, a weekly talk show addressing community issues, which airs on KCBX-FM Public Radio.

Kris's work in hospice, and as a doula, has allowed her to align the skills learned throughout her career with her heart's work. She seeks to inspire and mentor communities and individuals to hold dying and death with as much reverence as we do the beginning of life.

~ Brought to you by a partnership between INELDA and Northern Mono County Hospice, P.O. Box 274, Coleville CA ~