



FOR IMMEDIATE RELEASE

Mono County Health Department

www.monohealth.com/Coronavirus

Tom Boo, MD, FAAFP, DTM&H
Public Health Officer
COVID19Help@mono.ca.gov

Stuart Brown
Unified Command Emergency
Operations Center
Public Information Officer
Phone: 760.914.7110
sbrown@townofmammothlakes.ca.gov



CRUSH THE DOUBLE-DEMIC **PREVENT FLU TO SAVE LIVES THIS FALL AND WINTER**

September 22, 2020 – For the upcoming 2020/21 cold and influenza (flu) season, getting a flu vaccine is more important than ever to protect yourself, your loved ones, and your community.

Flu viruses and the virus that causes COVID-19 (Coronavirus) will both spread this fall and winter, so Public Health Officials are urging individuals to get vaccinated as the flu vaccine pulls double-duty to not only protect us from the flu, but protect our healthcare system from becoming overwhelmed.

“Mono County residents are urged to get a flu vaccine this year in an effort to proactively place our community in the most optimal position for addressing COVID-19, especially as we anticipate additional tourism this fall and winter” said Dr. Tom Boo, Mono County Public Health Officer. *“Working together, we can protect ourselves, our loved ones, and our community.”*

Flu vaccines have been shown to reduce the risk of flu illness, hospitalization, and death. Similar to wearing a mask, the flu vaccine protects the vaccinated person, as well as the people around them. Getting a flu vaccine can also save healthcare resources for the care of patients with COVID-19.

What Will the Flu Vaccine Do?

- Help keep you and your loved ones out of the hospital;
- Help save scarce medical resources to care for COVID-19 patients;
- Protect frontline healthcare workers who will be caring for people sick with respiratory illnesses this fall and winter;

- Reduce the severity of flu for people with chronic health conditions, including lung disease, heart disease, diabetes, neurological conditions, and weakened immune systems; and,
- Decrease the severity of illness in individuals whom get vaccinated, but still get sick.

This year due to COVID-19, flu shots will be available by drive-thru or walk-up options at all clinics for Mono County residents (ages 6 months and older). Flu Clinics are scheduled beginning Monday, September 28. If you have Medicare, please bring your Medicare card.

Please visit the complete 2020 Fall Flu Vaccine schedule online at: <https://monohealth.com/public-health> or review the schedule attached to this press release.

For additional information on the benefits of the flu vaccine, please visit: <https://www.cdc.gov/flu/prevent/vaccine-benefits.htm>.

We encourage everyone to **#StaySafeToStayOpen!**

2020

MONO COUNTY PUBLIC HEALTH

FLU CLINIC SCHEDULE

Flu shots are provided at no cost to Mono County residents.

For ages 6 months and up!

This year due to COVID-19 (Coronavirus), flu shots will be available by drive-thru or walk-up option at all clinics. If you have Medicare, please bring your Medicare card.

DATE	LOCATION	TIME
Monday September 28	Sierra Nevada Resort & Spa (Mammoth Lakes)	2pm - 6pm
Thursday October 1	Walker Community Center	2pm - 5pm
Monday October 5	Bridgeport Public Health Department	2pm - 5pm
Saturday October 10	Coleville High School	10am - 2pm
Monday October 12	Chalfant Community Center	2pm - 5pm
Thursday October 15	Crowley Lake Community Center	2pm - 5pm
Saturday October 17	Edna Beaman Elementary school (Benton)	10am - 2pm
Monday October 19	Wheeler Crest Fire Station	2pm - 5pm
Thursday October 22	Lee Vining Community Center	2pm - 5pm
Saturday October 24	Mono County Civic Center (Mammoth Lakes)	10am - 2pm
Monday October 26	June Lake Community Center	2pm - 5pm
Saturday October 31	Bridgeport Public Health Department	10am - 2pm



[MonoHealth.com/Public-Health](https://www.monohealth.com/public-health) • (760) 924-1830