



MONO COUNTY HEALTH AND HUMAN SERVICES

Public Health Division

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FOR IMMEDIATE RELEASE

Mono County Board of Supervisors Recognizes February as National Children's Dental Health Month

MONO COUNTY, Calif. (FEBRUARY 04, 2026) – Earlier this week, the Mono County Board of Supervisors unanimously adopted a Resolution recognizing February as National Children's Dental Health Month, underscoring the County's commitment to promoting healthy smiles and lifelong oral health for local children and families.

The Resolution was presented during the Board's regular meeting and included a special visit from a larger-than-life guest — Toothy the Giant Tooth — who helped bring attention to the importance of good oral hygiene in a fun and engaging way.

As part of the presentation, Mono County Public Health staff highlighted the work of the County's Oral Health Program, which focuses on prevention, education, and access to care for children throughout Mono County.

"Oral health is a critical part of overall health. Establishing good oral hygiene habits early—such as twice-daily brushing—shapes a child's confidence, prevents bullying, and supports proper speech and nutrition. A healthy smile directly boosts self-esteem," said Supervisor Jennifer Kreitz, Chair of the Mono County Board of Supervisors. *"This resolution recognizes the important work being done by our Public Health team to support families and help children build healthy habits that last a lifetime."*

Mono County Public Health Oral Health Program

Mono County Public Health offers a variety of resources and services designed to support children's oral health, including:

- Free dental kits for children and families
- School-based child oral health assessments and topical fluoride varnish
- Partnerships with dental providers to bring a mobile dental van to locations throughout Mono County, increasing access to care

- Oral health bilingual education and prevention outreach tailored to children and caregivers

Oral Health Prevention Tips for Children and Families

Public Health encourages families to practice simple, effective habits that support healthy teeth and gums, including:

- Brushing teeth twice daily with fluoride toothpaste
- Flossing daily
- Limiting sugary foods and drinks
- Scheduling regular dental checkups
- Starting dental visits by a child's first birthday or when the first tooth appears

National Children's Dental Health Month is observed each February to raise awareness about the importance of oral health and to promote healthy habits at an early age.

For more information, questions, or concerns, please call Mono County Public Health at (760) 924-1830 or follow up with your dentist, pediatrician or medical provider.

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