

Moving Towards Equity: Understanding the Impact of Racism in Our Communities

Presentation to Mono County

September 15, 2020

Dr. Jei Africa

(he/his/him)

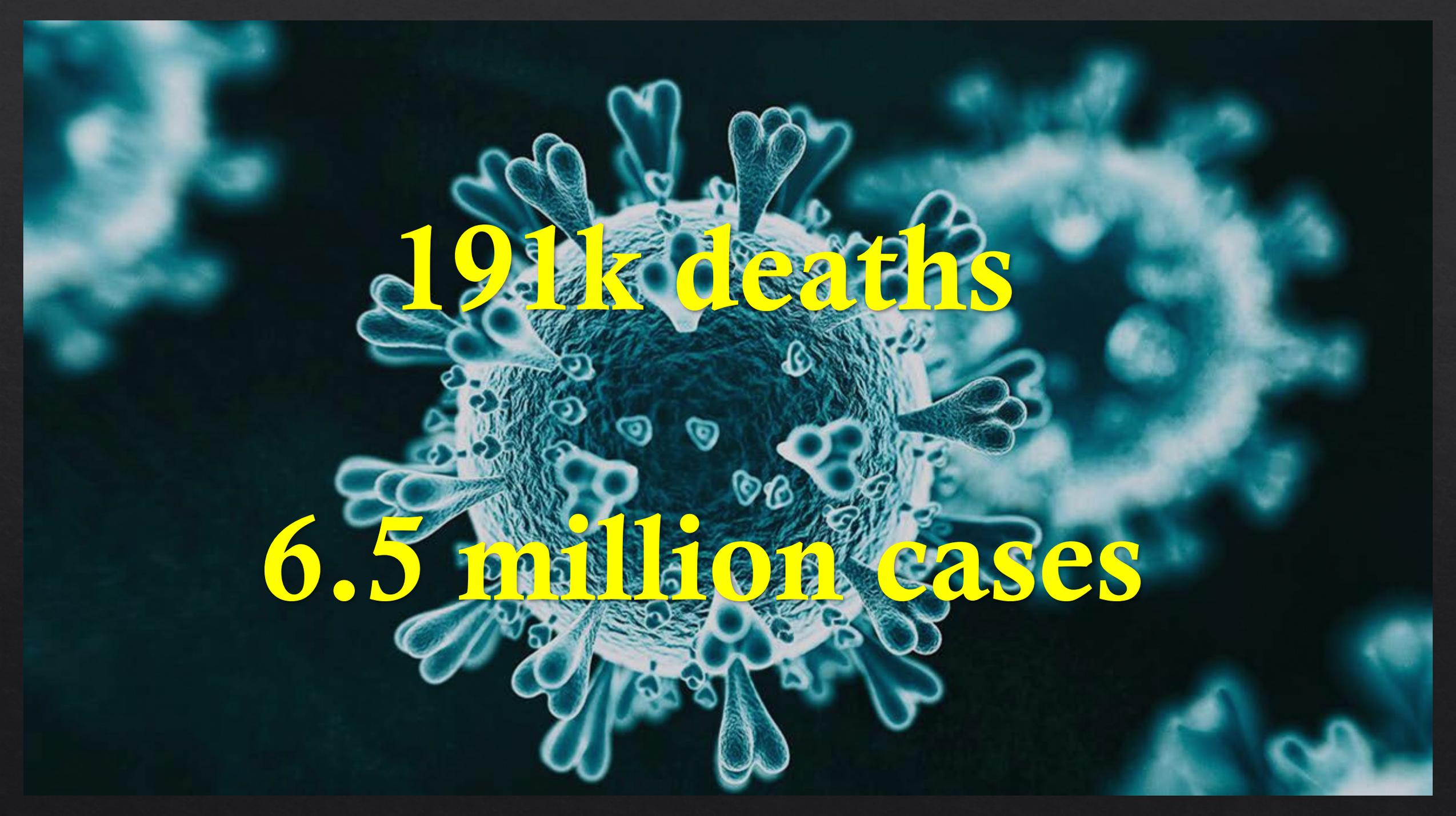
Acknowledgment

- ◊ Ancestral land of the Paiute; all of us in the US are on indigenous land.
- ◊ I am a guest in your community.

“Asks”

- ◇ Be open and curious. (Expansive mind and heart.)
- ◇ Pay attention to feelings, questions and what’s coming up for you.
- ◇ Inspire and compel you to action.

The Current Context



191k deaths

6.5 million cases

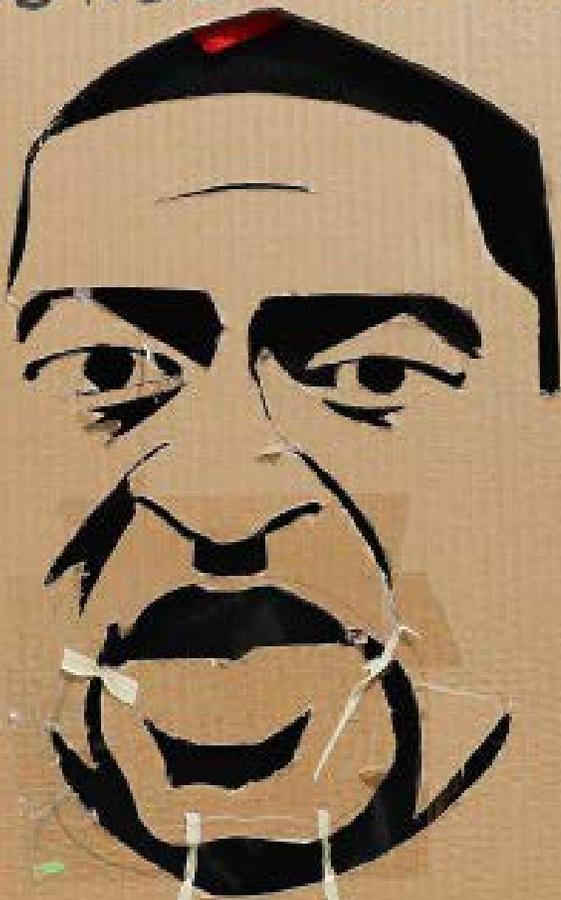


We are all PEOPLE
George Floyd
Breonna Taylor
Ahmaud Arbery
White Silence = Violence
**NO JUSTICE
NO PEACE**

MEANS
BLACK LIVES MATTER
NECESSARY



GEORGE FLOYD



SAY HIS NAME

Stop
No Just
T P

BLACK
LIVES
MATTER

**WE SEE
POLICE BRUTALITY**

**MORE
SORROW**

**NO ALLEGIANCE
TO RACISM**

Drew Angerer/Getty Images



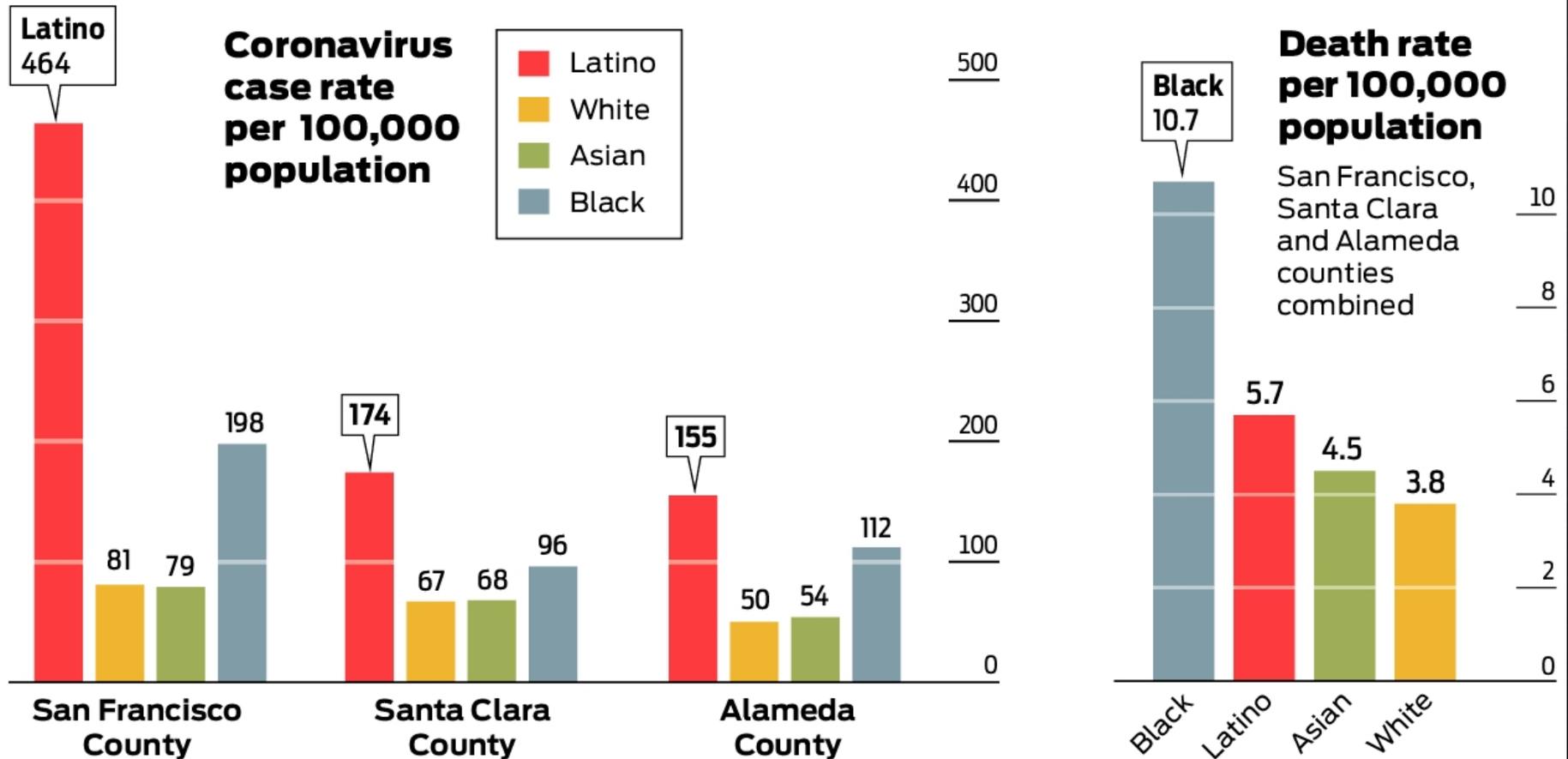


Digging Deeper

Racial disparities in COVID-19

Latinos have disproportionately tested positive for COVID-19 in three of the Bay Area's largest counties, and black people have died from the disease at nearly twice the rate of any other race.

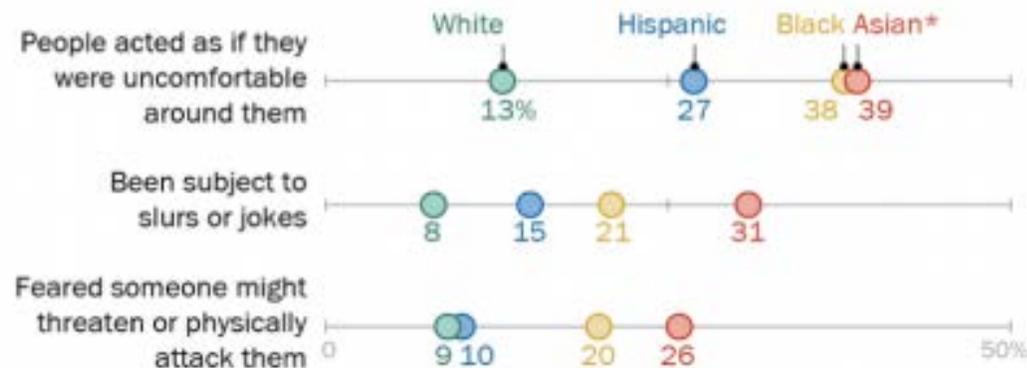
Data as of May 5



Note: The prevalence of testing in each county will likely influence case rates. Due to the relatively low number of deaths in each county, The Chronicle combined them for its analysis. In Santa Clara County, health officials grouped Asian and Pacific Islanders together.

Asian and Black Americans more likely than other groups to report negative experiences because of their race or ethnicity since the coronavirus outbreak

% saying each of the following has happened to them because of their race or ethnicity since the coronavirus outbreak



% saying they _____ because of their race or ethnicity a great deal or a fair amount

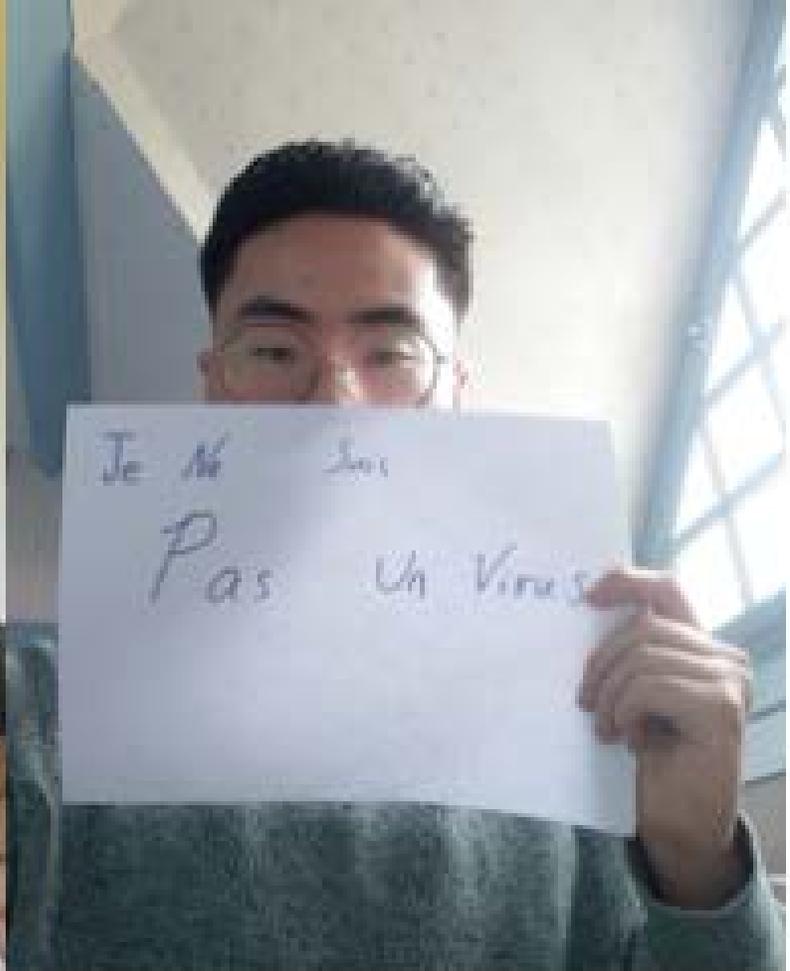


*Asian adults were interviewed in English only.

Note: White, Black and Asian adults include those who report being only one race and are not Hispanic. Hispanics are of any race.

Source: Survey of U.S. adults conducted June 4-10, 2020.

"Many Black and Asian Americans Say They Have Experienced Discrimination Amid the COVID-19 Outbreak"





[HEALTH](#)

‘Which death do they choose?’: Many Black men fear wearing a mask more than the coronavirus

By USHA LEE MCFARLING / JUNE 3, 2020

[Reprints](#)



BLACK
LIVES
MATTER

ERIC GARNER - JOHN CRAWFORD III - MICHAEL BROWN - EZELL FORD
DANTE PARKER - MICHELLE CUSSEAU - LAQUAN MCDONALD - GEORGE MANN
TANISHA ANDERSON - AKAI GURLEY - TAMIR RICE - RUMAIN BRISBON - JERAME REID
MATTHEW AJIBADE - FRANK SMART - NATASHA MCKENNA - TONY ROBINSON - ANTHONY HILL
MYA HALL - PHILLIP WHITE - ERIC HARRIS - WALTER SCOTT - WILLIAM CHAPMAN II
ALEXIA CHRISTIAN - BRENDON GLENN - VICTOR MANUEL LAROSA - JONATHAN SANDERS
FREDDIE GRAY - JOSEPH MANN - SALVADO ELLSWOOD - SANDRA BLAND
ALBERT JOSEPH DAVIS - DARRIUS STEWART - BILLY RAY DAVIS - SAMUEL DUBOSE
MICHAEL SABBIE - BRIAN KEITH DAY - CHRISTIAN TAYLOR - TROY ROBINSON
ASSHAMS PHAROAH MANLEY - FELIX KUMI - KEITH HARRISON MCLEOD - JUNIOR PROSPER
LAMONTEZ JONES - PATERSON BROWN - DOMINIC HUTCHINSON - ANTHONY ASHFORD
ALONZO SMITH - TYREE CRAWFORD - INDIA KAGER - LA'VANTE BIGGS
MICHAEL LEE MARSHALL - JAMAR CLARK - RICHARD PERKINS - NATHANIEL HARRIS PICKETT
BENNI LEE TIGNOR - MIGUEL ESPINAL - MICHAEL NOEL - KEVIN MATTHEWS - BETTIE JONES
QUINTONIO LEGRIER - KEITH CHILDRESS JR. - JANET WILSON - RANDY NELSON
ANTRONIE SCOTT - WENDELL CELESTINE - DAVID JOSEPH - CALIN ROQUEMORE - DYZHAWN
PERKINS - CHRISTOPHER DAVIS - MARCO LOUD - PETER GAINES - TORREY ROBINSON - DARIUS
ROBINSON - KEVIN HICKS - MARY TRUXILLO - DEMARCUS SEMER - WILLIE TILLMAN
TERRILL THOMAS - SYLVILLE SMITH - ALTON STERLING - PHILANDO CASTILE - TERENCE
CRUTCHER - PAUL O'NEAL - ALTERIA WOODS - JORDAN EDWARDS - AARON BAILEY
RONELL FOSTER - STEPHON CLARK - ANTWON ROSE II - BOTHAM JEAN
PAMELA TURNER - DOMINIQUE CLAYTON - ATATIANA JEFFERSON - CHRISTOPHER WHITFIELD
CHRISTOPHER MCCORVEY - ERIC REASON - MICHAEL LORENZO DEAN - BREONNA TAYLOR
G E O R G E F L O Y D



JOCKEY BOY
RESTAURANT
Coca-Cola

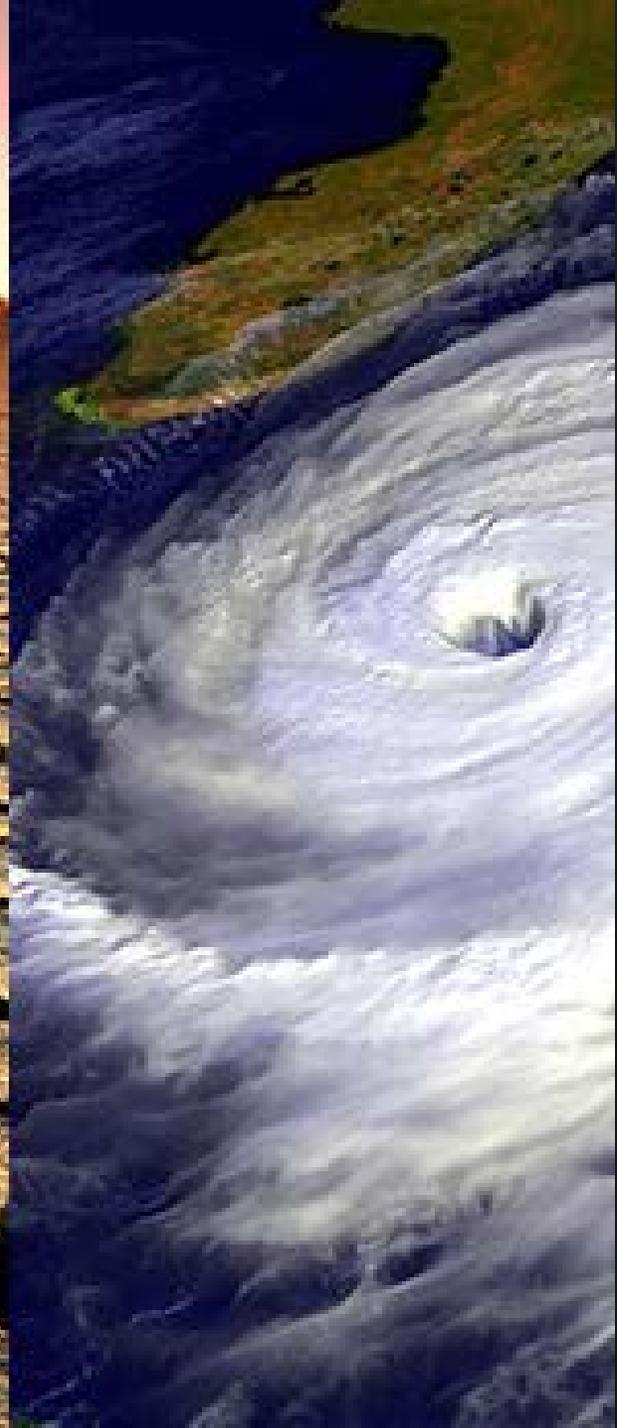
Bill Hudson/AP



Mellimage/Shutterstock.com



Montree Hanlue/Shutterstock.com.



How do I
understand
where we are?

- ◇ **john a. powell** (Otherness and Belonging Institute)
- ◇ Biggest problem of the 21st century
- ◇ Deny the belongingness and connection-
 - ◇ To ourselves
 - ◇ To others
 - ◇ To nature

How do I
understand
where we are?

- ◆ **Dr. Rupa Marya** (University of California-SF)
- ◆ Inflammation is the result of trauma
- ◆ Due to colonization
 - ◆ Supremacy
 - ◆ Capitalism

Racism, Not Race

- ◇ Race is a social construct; no biological basis.
- ◇ Racism refers to a social system that reinforces racial group inequity; unfairly disadvantages some individuals and communities, and advantages others.
- ◇ Racialization is a process by which meaning and value are ascribed to socially determined racial categories; each racial category occupies a different position in the social hierarchy.

Racism is
not easy to
talk about.

- ◇ Lancet (2016): most use “race” (and not “structural racism” or “systemic racism”)
- ◇ Quick search of Health Affairs website only 114 pieces that included the word racism; 39-year history of the journal
- ◇ 2018 systematic literature review of the public health literature found only 25 articles that used “institutionalized racism” between 2002 and 2015
- ◇ Pub Med database done on June 23, 2020, revealed 86 articles that included both “race” and “structural racism” or “institutional racism”; 32 published within the last 18 months

LEVELS
OF
RACISM



INTERNALIZED

Beliefs within individuals
Stereotype Threat



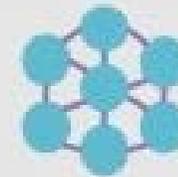
INTERPERSONAL

Bigotry between individuals,
Racial Anxiety



INSTITUTIONAL

Bias within an agency, school. . .



STRUCTURAL

Cumulative among institutions,
durable, multigenerational

Structural Racism

Is the root cause many of the health disparities and inequities in health.

Inequities that have Emerged in the COVID19

African American

- Account for about 13% of the US; 24% of the deaths
- In 8 states, share of deaths is at least twice as high as their share of popn

American Indian and Alaska Native

- AZ: 18% of deaths; 11% of cases, compared to 4% of the popn
- NM: 57% of cases, compared to 9% of popn
- WY: 30% of cases, compared to 2% of popn

Hispanic/Latino

- 42 states + DC: greater share of cases than their share of popn
- 30 states, case rates are 2x higher than share of popn
- 8 states, case rates are 4x higher than share of popm

These are not
new to us.

- ◇ Black and brown people in the US experience poorer health compared to white people
 - ◇ How social institutions and others treat them
- ◇ Black and brown people are less likely to have access to wealth and resources
 - ◇ In 2018, 11.5% of Black adults in the U.S. had no form of health insurance
- ◇ Despite the needs, one in three Black or African American adults who need mental health care receive it
- ◇ Approximately 33% of Latino adults with mental illness receive treatment each year compared to the U.S. average of 43%.

HYPERTENSION

COVID19

Blacks and Hispanics live in communities where they are exposed to higher pollution

Implicit bias in medical treatment.

People of color are less likely to be able to work from home

Structural Racism

ASTHMA

DIABETES

Hispanic (24.9%) and African Americans a (14.45) are more likely to be uninsured than whites (8.6%)

Inequities in social determinants: education, housing, food security, etc.

INDIAN LAND FOR SALE

GET A HOME

OF
YOUR OWN

EASY PAYMENTS



PERFECT TITLE

POSSESSION

WITHIN

THIRTY DAYS

FINE LANDS IN THE WEST

IRRIGATED
IRRIGABLE

GRAZING

AGRICULTURAL
DRY FARMING

IN 1910 THE DEPARTMENT OF THE INTERIOR SOLD UNDER SEALED BIDS ALLOTTED INDIAN LAND AS FOLLOWS:

Location.	Acres.	Average Price per Acre.	Location.	Acres.	Average Price per Acre.
Colorado	5,211.21	\$7.27	Oklahoma	34,664.00	\$19.14
Idaho	17,013.00	24.85	Oregon	1,020.00	15.43
Kansas	1,684.50	33.45	South Dakota	120,445.00	16.53
Montana	11,034.00	9.86	Washington	4,879.00	41.37
Nebraska	5,641.00	36.65	Wisconsin	1,069.00	17.00
North Dakota	22,610.70	9.93	Wyoming	865.00	20.64

FOR THE YEAR 1911 IT IS ESTIMATED THAT 350,000 ACRES WILL BE OFFERED FOR SALE

For information as to the character of the land write for booklet, "INDIAN LANDS FOR SALE," to the Superintendent U. S. Indian School at any one of the following places:

CALIFORNIA: Hoopa. Colorado: Ignacio.	MINNESOTA: Oulgon.	NORTH DAKOTA: Fort Totten. Fort Yates.	OKLAHOMA—Cont. See and Fox Agency. Shawnee. Wyanetta.	SOUTH DAKOTA: Cheyenne Agency. Crow Creek. Greenwood. Lower Brule. Pine Ridge.	WASHINGTON: Fort Simcoe. Fort Spokane. Tulsa. Tulalip.
IDAHO: Lapwai.	MONTANA: Crow Agency.	OKLAHOMA: Aadarks. Castlemont.	OREGON: Klamath Agency. Pendleton. Roseburg. Siletz.	WISCONSIN: Ossida.	
KANSAS: Horton. Haskell.	NEBRASKA: Macy. Santee. Winnebago.	IDAHO: Coburn. Duckwater. Muskogee, J. J. Pawnee.			

WALTER L. FISHER,

Secretary of the Interior.

ROBERT G. VALENTINE,

Commissioner of Indian Affairs.

<https://www.loc.gov/item/2015657622/>



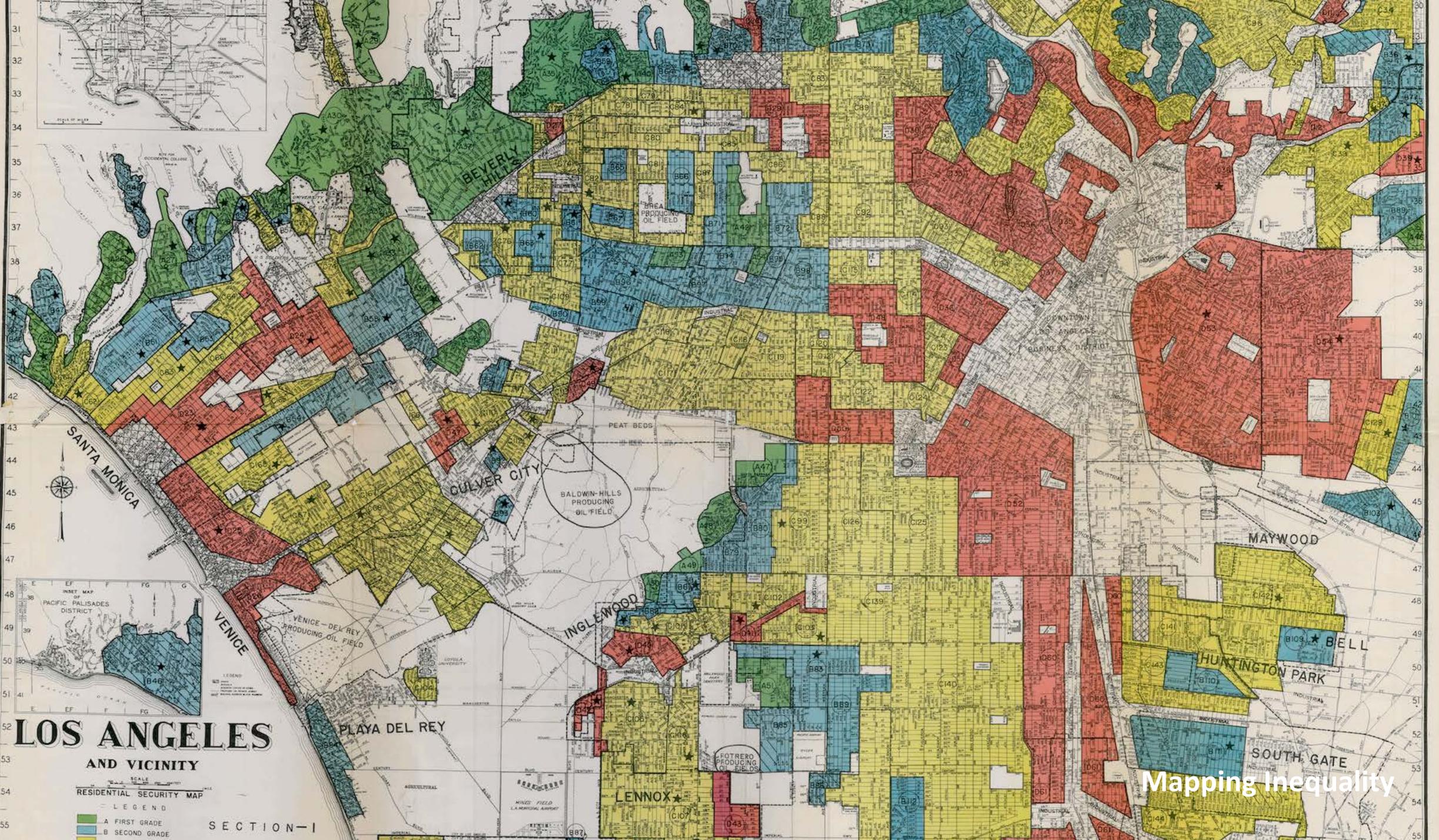
John N. Choate/Dickinson College Archives & Special Collections

Wounded Yellow Robe, Henry Standing Bear and Timber Yellow Robe before and after their Pennsylvania boarding school gave them “proper” clothes and haircuts.



Elliott Erwitt





LOS ANGELES AND VICINITY

SCALE
RESIDENTIAL SECURITY MAP

LEGEND

- A FIRST GRADE
- B SECOND GRADE

SECTION - I

Mapping Inequality

SECTION 3 ATTACHES HERE

SECTION 4 ATTACHES HERE

Air pollution

- ◇ Air pollution kills over 100k people a year, but pollution is not felt equally.
- ◇ Whites are exposed to less pollution (compared to what they create), while Black and Latinos are affected/exposed to more pollution (compared to what they create.)
- ◇ Drivers of disproportionate impacts:
 - ◇ Proximity to pollution sources (air emissions)
 - ◇ Natural disasters (wildfires, heatwaves, pandemics)
 - ◇ Social environments/health disparities (asthma, heart disease, hypertension, diabetes)



Jake May/The Flint Journal/AP



Stephanie Keith/Reuters



If you think
i'm "illegal"
because i'm a Mexican
learn the true history
because
i'm in my **HOMELAND**



Treaty of Guadalupe Hidalgo



HIP! HURRAH!

CHINESE EXCLUDED

—The—
Democratic Chinese Exclusion Bill
Has Been Signed by

OUR DEMOCRATIC PRESIDENT

Hip! Hurrah! The White Man is on Top.
Let every DEMOCRAT and all other GOOD Citizens turn out and Ratify this

DEMOCRATIC MEASURE

At the

HORTON HOUSE PLAZA

This Wednesday Evening at 8 O'clock.

To-Night

Speeches will be made by Leading Democratic Orators.

COME OUT AND RATIFY:

Come Everybody!

NO MORE CHINESE!

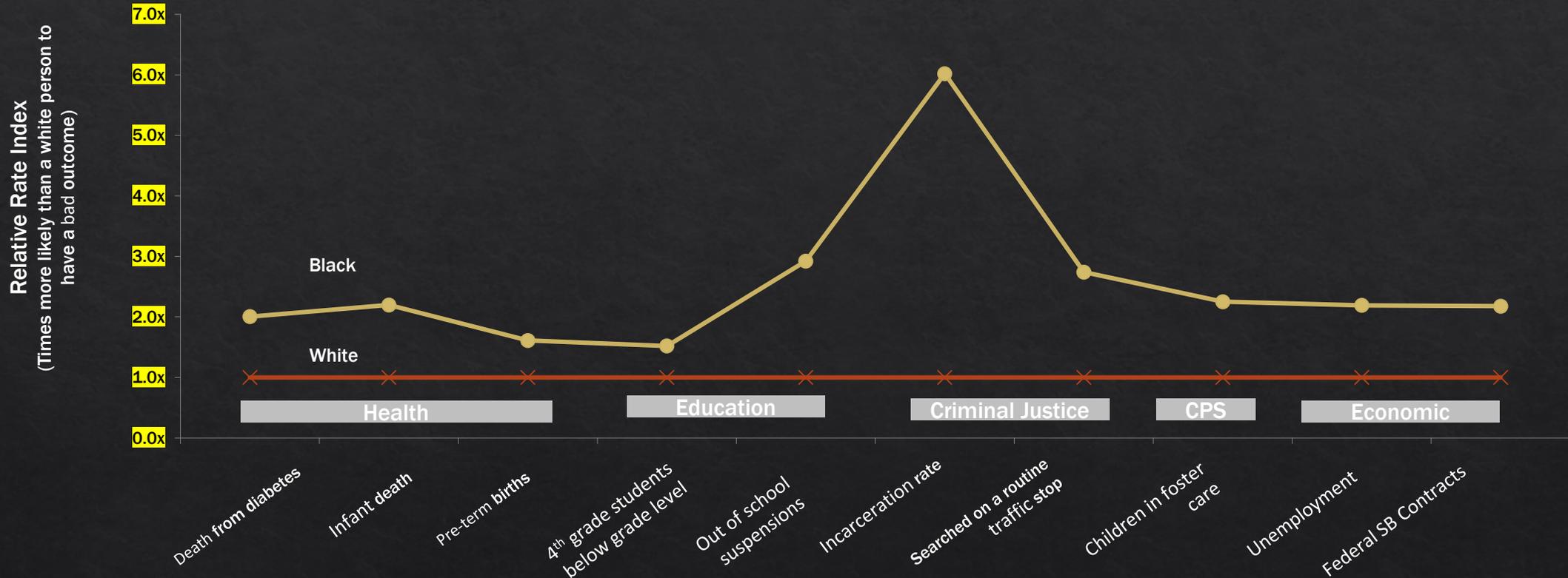
By Order of

Democratic County Central Committee.

Frederick, Bergsma & Co., Steam Printers, 124 Fourth Street.

Racial inequities across systems, nationally.

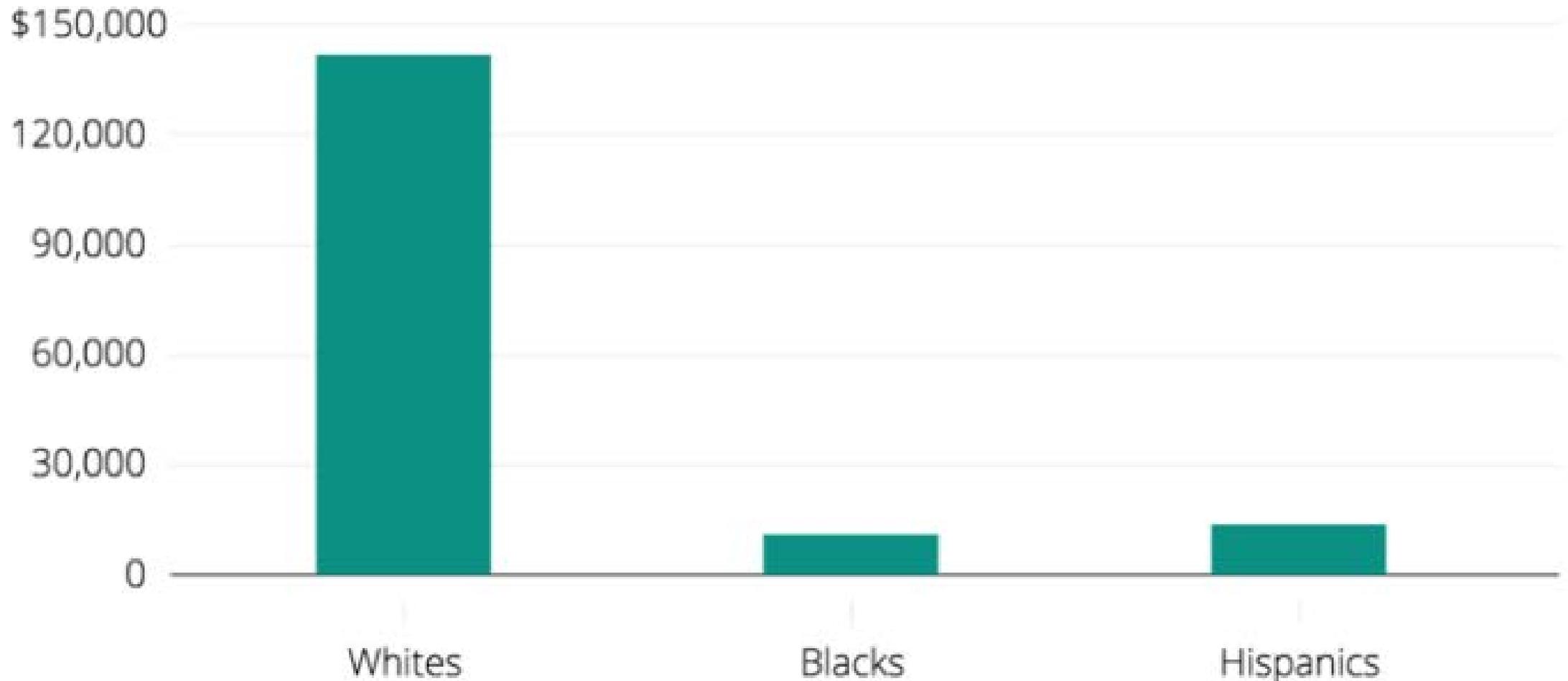
Relative rate index for measures across child welfare, health, education, criminal justice and economic well-being in the U.S.



Note: All data is national population data between 2011 – 2015, except police stop and search data, which was a nationally representative survey conducted by BJS.

Sources: 1) National Center for Health Statistics. Health, United States, 2015: With Special Feature on Racial and Ethnic Health Disparities. Hyattsville, MD. 2016 2) Nat'l Assessment of Ed. Progress 3) US DOE Office for Civil Rights 4) Bureau of Justice Statistics, "Prisoners in 2013." 5) Bureau of Justice Statistics, National Crime Victimization Survey, Police-Public Contact Survey, 2011 6) National Council of Juvenile and Family Court Judges, "Disproportionality Rates for Children of Color in Foster Care." 7) Bureau of Labor Statistics 8) Bloomberg.com

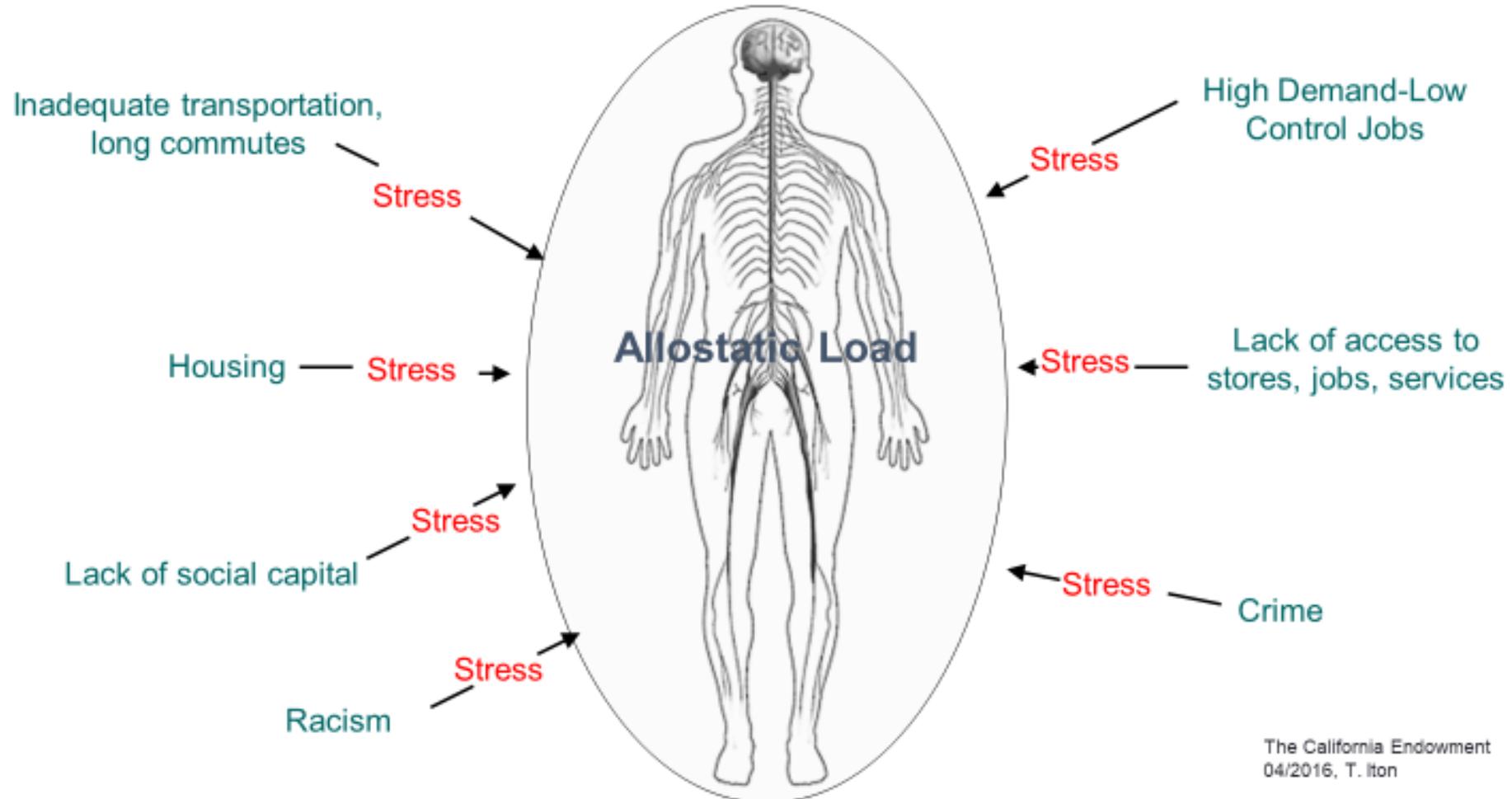
The Massive Racial Wealth Gap



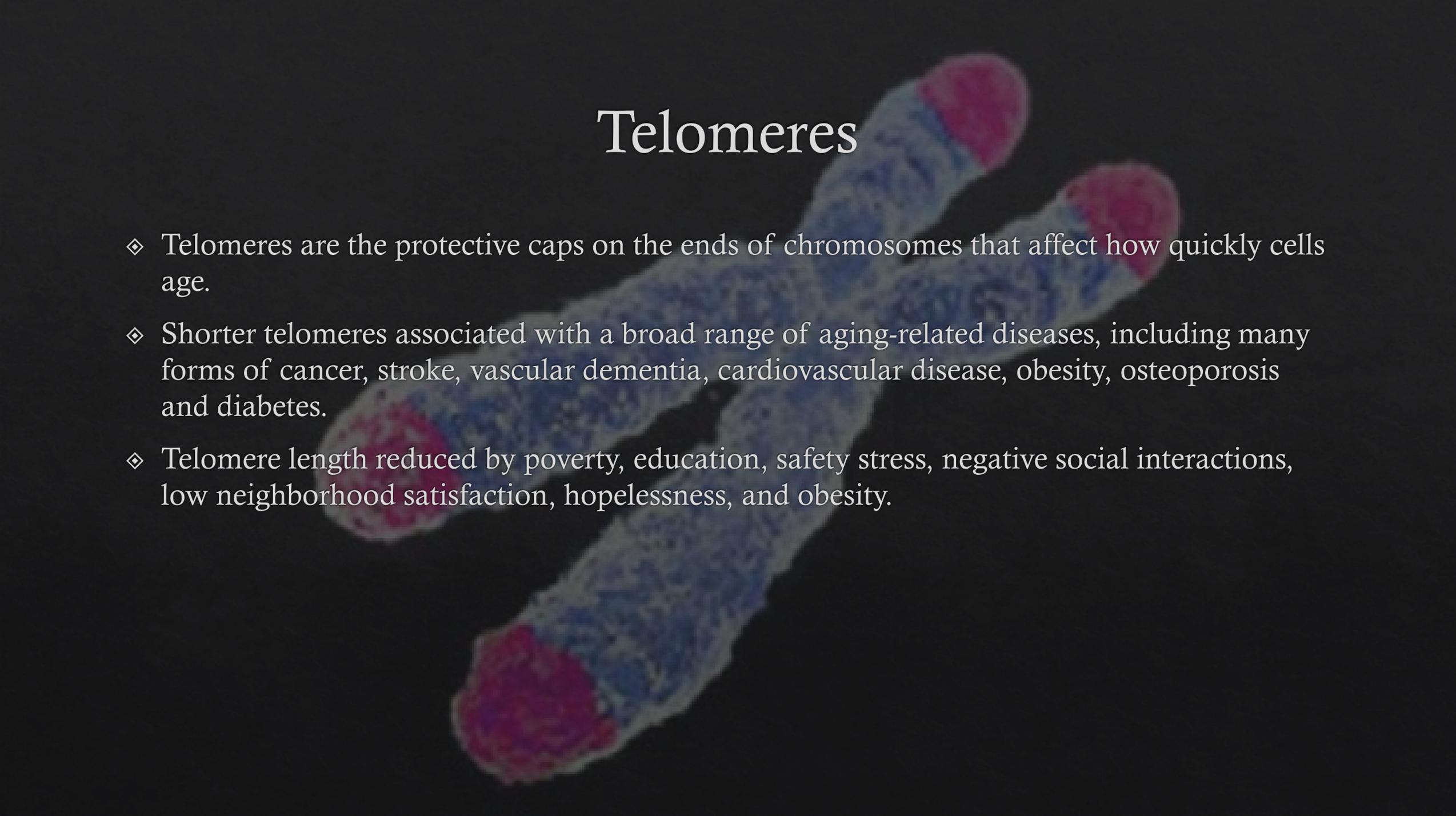
Supremacy

- ◇ White supremacy
 - ◇ One race is superior. Devaluing others.
 - ◇ Justified slavery (cheap labor for one's own economic gain).
 - ◇ Justified the (near) genocide of Native/Indigenous people and theft of their land.
- ◇ Male supremacy
- ◇ Human supremacy
 - ◇ Ecocide

When the external becomes internal: How we internalize our environment



Telomeres



- ◆ Telomeres are the protective caps on the ends of chromosomes that affect how quickly cells age.
- ◆ Shorter telomeres associated with a broad range of aging-related diseases, including many forms of cancer, stroke, vascular dementia, cardiovascular disease, obesity, osteoporosis and diabetes.
- ◆ Telomere length reduced by poverty, education, safety stress, negative social interactions, low neighborhood satisfaction, hopelessness, and obesity.

Racism
kills.

Whether through force, deprivation, or discrimination, it is a fundamental cause of disease and the strange but familiar root of racial health inequities.

- ◇ **White 65%**
- ◇ **Hispanic 28%**
- ◇ **Black .8%**
- ◇ **American Indian 3%**
- ◇ **Asian 2.2%**
- ◇ **Native Hawaiian Pacific Islander .4%**

- ◇ **Median Age 38.4**
- ◇ **7.8% White and 13.3% Latino live in poverty**

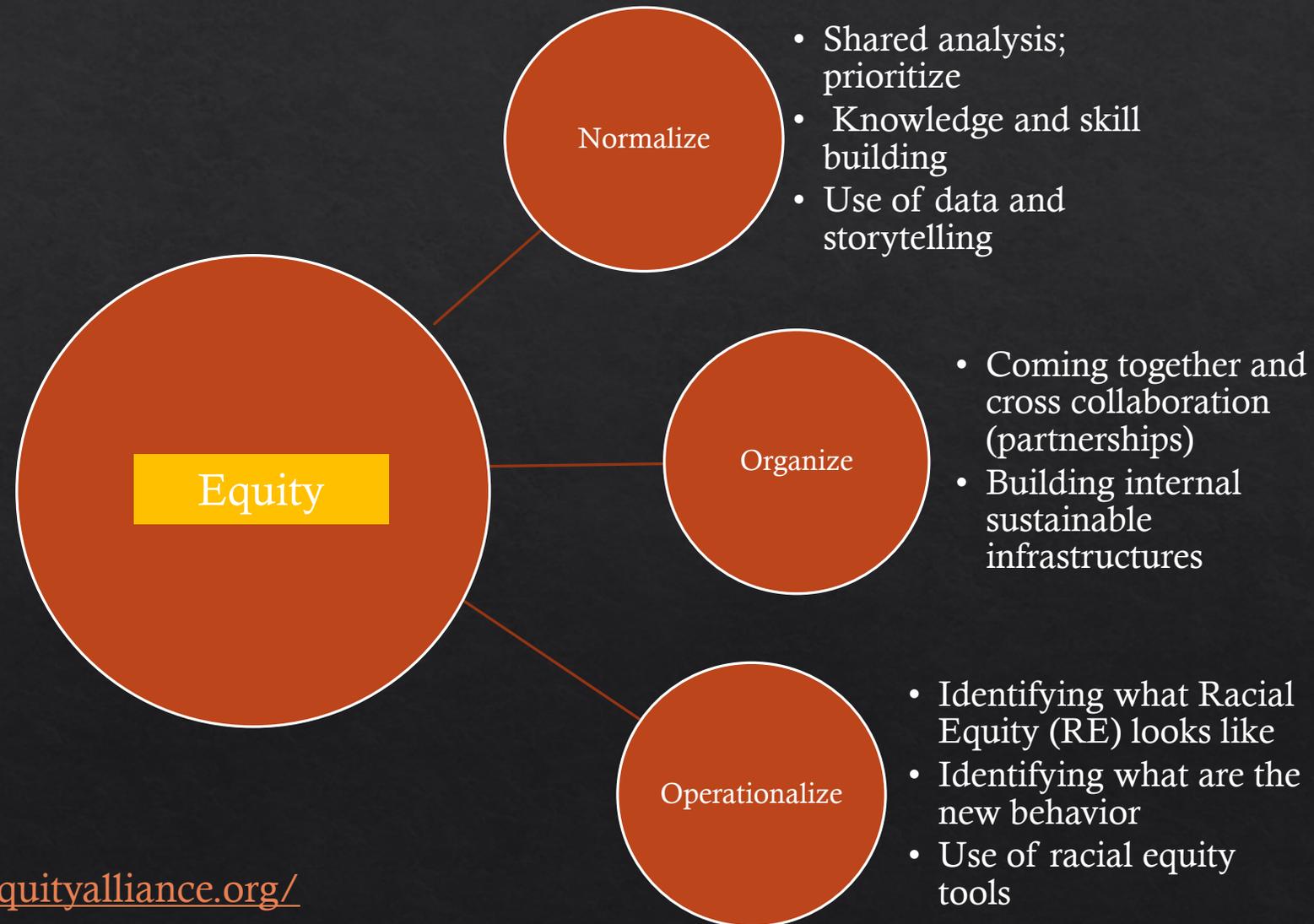
Mono County

◆ **Community Health Needs
Assessment, 2019 (CHNA)**

- ◆ **Lack of translators**
- ◆ **Lack of transportation**
- ◆ **Lack of affordable housing**

Mono County

Government Alliance on Race and Equity (GARE) Model



Transformation

- ◆ Collective effort to redress power, economics and cultural ways of being.
- ◆ Drive the creation of a new system with structures that highlight community safety, economic security, and the kind of healing that knit people into wholeness.

“Tenderness is what love
feels like in private. Justice
is what love looks like in
public.”

Cornel West

A Call to Action