December 17, 2019 Regular Meeting Item # 7a

Behavioral Health

Additional Documents:
PowerPoint Presentation
Updated MHSA Annual Plan

MONO COUNTY BEHAVIORAL HEALTH MENTAL HEALTH SERVICES ACT FY 2019-2020 ANNUAL UPDATE

Presentation to Mono County Board of Supervisors

December 17, 2019

Director: Robin K. Roberts

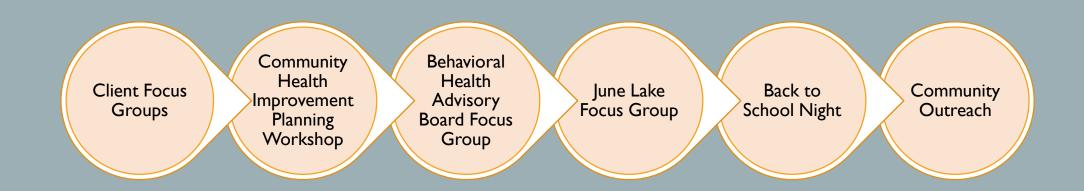
MHSA Coordinator: Amanda Greenberg

WHAT IS THE MHSA?

- Voter-approved measure passed in 2004
- Goal of transforming the mental health system
 - Consumer- and family-driven
 - Recovery oriented
 - Accessible
 - Culturally competent
- Report Components
 - Community Planning Process
 - Funding categories
 - PEl Three-Year Evaluation Report
 - Annual Innovative Project Report
 - Updated AB 114 Reversion Expenditure Plan



COMMUNITY PROGRAM PLANNING PROCESS



Top Community Needs:

Alcohol & Drugs

Isolation & Lack of Social Involvement

Lack of Providers, Access, & Resources

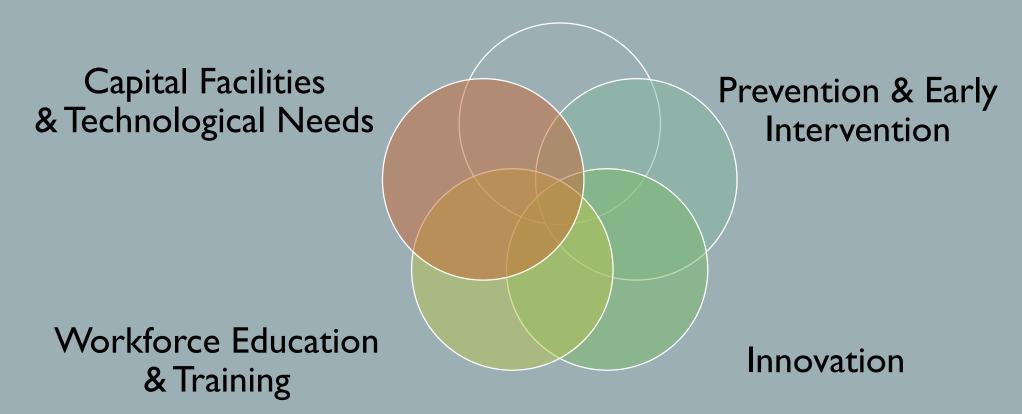
Lack of Housing & Sober Living

Lack of Stable Employment

Mental Health Stigma

MHSA FUNDING COMPONENTS





COMMUNITY SERVICES & SUPPORTS

- Full Service Partnership Program
- MHSA Housing Program
- Expansion of Case Management/Supportive Services
- Wellness Center
- Crisis Intervention/Stabilization
- Community Outreach & Engagement
 - Socials & Foro Latino



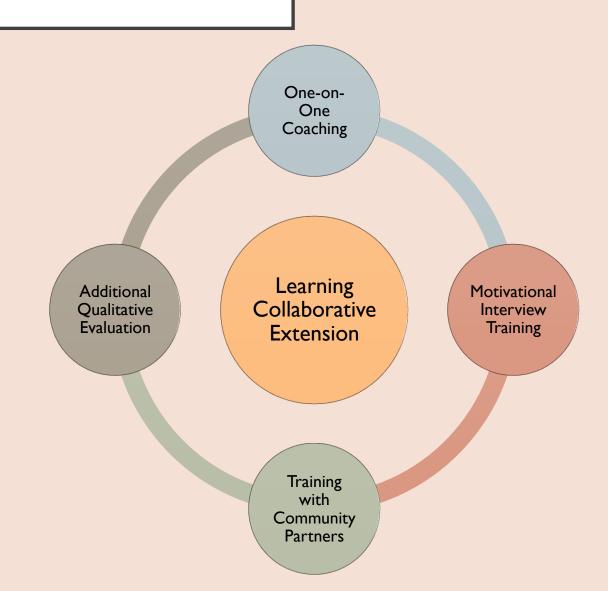
PREVENTION & EARLY INTERVENTION

- Peapod Playgroup Program
- Parenting Classes
- Walker Senior Center
- North Star Counseling Center
- Community Trainings
- Outreach in Walker Community to Increase Access and Linkage to Treatment
- Community Engagement to Reduce Stigma and Discrimination



INNOVATION

- Innovation projects must be novel, creative, and/or ingenious mental health practices/approaches
- Two on-going project approved by Mono County BOS & MHSOAC:
 - Eastern Sierra Strengths Based Learning Collaborative
 - Technology Suite (Help@Hand)



WORKFORCE EDUCATION & TRAINING

- Trainings & Conferences
- Staff Supervision
- Loan Assumption Program



CAPITAL FACILITIES & TECHNOLOGICAL NEEDS

CAPITAL FACILITIES

- MHSA Housing Project in Mammoth Lakes
- No Place Like Home Funding



TECHNOLOGICAL NEEDS

Electronic Health Record
 Maintenance and Development



PERMANENT SUPPORTIVE HOUSING IN MAMMOTH LAKES

- 30-45 unit permanent supportive housing project with a set-aside of units mental health clients
- Supportive services on-site
- Selected Integrity Housing as our developer over a year ago
- Currently seeking a one- or two-acre site close to transport, grocery, hospital, etc.
- MCBH committing up to \$2,000,000







KEY ACHIEVEMENTS & OUTCOMES

- Up to 95 people at each Foro Latino
- Approximately 25 Full Service Partnership clients served in FY 2018-2019
- 138 families participated in Peapod Playgroups in FY 2018-2019
- The Walker Wellness Center is seeing approximately 75 visits per month
- The Sierra Wellness Center in Mammoth is seeing approximately 115 visits per month
- Approximately 30 students served weekly in new ESUSD in-class yoga program
- Up to 120 people per month attending monthly socials throughout the County
- MCBH sponsored 12 Community Trainings and is planning multiple Mental Health First Aid trainings

QUESTIONS & DISCUSSION







Mono County Behavioral Health

Mental Health Services Act (MHSA)

FY 2019-2020 Annual Update

Including the following Supplemental Reports:

Prevention and Early Intervention Three-Year Evaluation Report (Aggregated Data)

FY 2018-2019 Annual Innovative Project Report

Updated AB 114 Reversion Expenditure Plan



WELLNESS . RECOVERY . RESILIENCE

TABLE OF CONTENTS

Executive Summary	3
MHSA County Fiscal Accountability Certification	4
MHSA County Reversion Certification.	5
Board of Supervisor Approval	6
Mono County Snapshot & Capacity Overview	7
Community Program Planning	14
Local Review Process.	26
Community Services and Supports	28
Prevention and Early Intervention	33
Three Year Prevention & Early Intervention Evaluation Report: Aggregated Data	38
Innovation	47
Innovation Annual Project Reports	50
Workforce Education and Training	52
Capital Facilities/Technological Needs	55
Updated AB 114 Reversion Expenditure Plan.	56
MHSA Expenditure Plan By Component 2019-2020.	60
Appendix A: Penetration Rate Data	65
Appendix B: MHSA Issue Resolution Process	68
Appendix C: Data Tables from California Healthy Kids Survey	70
Appendix D: Prudent Reserve Assessment Certification & Submission	81
Appendix E: Community Program Planning MCBH Staff Training	84
Appendix F: Technology Suite Extension Request Letter	86
Appendix G: MHSA-Related Submissions to Department of Health Care Services	87
Appendix H: MHSA Coordinator Job Description for Mono County Behavioral Health	88
Appendix I: Advertisements for Community Program Planning Process	91

EXECUTIVE SUMMARY

The intent of the Mental Health Services Act (MHSA) Annual Update is to provide community members with information about the programming funded by each of component of the MHSA: Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovation (INN), Workforce Education and Training (WET), and Capital Facilities and Technological Needs (CF/TN). The MHSA also requires that all County Mental Health Departments submit an updated program and expenditure plan every year. In order to create all MHSA plans, departments must engage stakeholders in the Community Program Planning (CPP) process.

The Mono County Behavioral Health Department (MCBH) is proud to present its 2019-2020 Annual Update, which provides a progress report of MHSA activities for the 2018-2019 fiscal year, as well as an overview of current or proposed MHSA programs planned and/or underway for the 2019-2020 fiscal year. Additionally, this document includes several supplemental reports, including the Prevention and Early Intervention (PEI) Three-Year Evaluation Report (FY 2016-2017 - FY 2017-2018), the FY 2018-2019 Innovative Project Reports, and the Updated AB 114 Reversion Expenditure Plan.

MHSA COUNTY FISCAL ACCOUNTABILITY CERTIFICATION

MHSA COUNTY FISCAL ACCOUNTABILITY CERTIFICATION¹

☐ Three-Year Program a	nd Expenditure Plan
X Annual Update	
□ Annual Revenue and	Expenditure Report
County Auditor	-Controller
Name: Janet Dutcher	
Email: idutcher@mono.ca.	ROV
oor	
de (WIC) sections 5813.5, 5830 0 and 3410. I further certify that I only be used for programs sp e with an approved plan, any f e period specified in WIC section in future years.	, 5840, 5847, 5891, and 5892; and Title 9 at all expenditures are consistent with an ecified in the Mental Health Services Actunds allocated to a county which are not on 5892(h), shall revert to the state to be and the attached update/revenue and
1.//	12-10-19
ignatúre	Date
ne 30, 2019, the County/City	has maintained an interest-hearing loca
	Name: Janet Dutcher Telephone Number: 760-93 Email: jdutcher@mono.ca. Expenditure Plan, Annual Upd complied with all fiscal accountable Complied with all fiscal accountable Complied with the region (WIC) sections 5813.5, 5830 D and 3410. I further certify that I only be used for programs spee with an approved plan, any fee period specified in WIC section in future years. of this state that the foregoin of my knowledge.

Three-Year Program and Expenditure Plan, Annual Update, and RER Certification (07/22/2013)

 $^{^{1}}$ Welfare and Institutions Code Sections 5847(b)(9) and 5899(a) $\,$

MHSA COUNTY REVERSION CERTIFICATION

MHSA COUNTY FISCAL ACCOUNTABILITY CERTIFICATION¹

County/City: Mono	_ Reversion Expenditure P	lan
Local Mental Health Director	County Auditor	-Controller
Name: Robin K. Roberts	Name: Janet Dutcher	
Telephone Number: 760-924-1740	Telephone Number: 760-93	32-5494
Email: rroberts@mono.ca.gov	Email: idutcher@mono.ca.s	gov
Local Mental Health Mailing Address:		
Mono County Behavioral Health		
PO Box 2619 / 452 Old Mammoth Road	, Third Floor	
Mammoth Lakes, CA 93546		
I hereby certify that the Reversion Expen accountability requirements as required Mental Health Services Oversight and a requirements of the Mental Health Servi	by law or as directed by the State Depa Accountability Commission, and that a ices Act (MHSA), including Welfare and	artment of Health Care Services and the Il expenditures are consistent with the Institutions Code (WIC) sections 5813.
accountability requirements as required Mental Health Services Oversight and requirements of the Mental Health Servis 5830, 5840, 5847, 5891, and 5892; and certify that all expenditures are consisted programs specified in the Mental Health I declare under penalty of perjury under	by law or as directed by the State Department of the S	artment of Health Care Services and the ll expenditures are consistent with the Institutions Code (WIC) sections 5813. The sections 3400 and 3410. I further that MHSA funds will only be used for the sections at the least section of the leas
accountability requirements as required Mental Health Services Oversight and requirements of the Mental Health Servi 5830, 5840, 5847, 5891, and 5892; and certify that all expenditures are consisted programs specified in the Mental Health I declare under penalty of perjury under expenditure report is true and correct to	by law or as directed by the State Department of the S	artment of Health Care Services and the III expenditures are consistent with the Institutions Code (WIC) sections 5813. In actions sections 3400 and 3410. I further that MHSA funds will only be used for any the attached update/revenue are
accountability requirements as required Mental Health Services Oversight and requirements of the Mental Health Servis 5830, 5840, 5847, 5891, and 5892; and certify that all expenditures are consisted programs specified in the Mental Health I declare under penalty of perjury under	by law or as directed by the State Department of the S	artment of Health Care Services and the ll expenditures are consistent with the Institutions Code (WIC) sections 5813. The sections 3400 and 3410. I further that MHSA funds will only be used for the sections at the least section of the leas
accountability requirements as required Mental Health Services Oversight and A requirements of the Mental Health Services 3830, 5840, 5847, 5891, and 5892; and certify that all expenditures are consiste programs specified in the Mental Health I declare under penalty of perjury under expenditure report is true and correct to Robin K. Roberts Local Mental Health Director (PRINT) I hereby certify that for the fiscal year Mental Health Services (MHS) Fund (WK by an independent auditor and the moscertify that for the fiscal year ended Jun MHS Fund; that County/City MHSA exprecorded in compliance with such approplical MHS funds may not be loaned to a under the laws of this state that the focorrect to the best of my knowledge.	by law or as directed by the State Department of the Countability Commission, and that a sices Act (MHSA), including Welfare and Title 9 of the California Code of Regular that with an approved plan or update an Services Act. The laws of this state that the foregoin the best of my knowledge. Signature Ended June 30, 2019, the County/City is a trecent audit report is dated for the fit is trecent audit report is dated for the fit is an audit report is dated for the fit is an auditures and transfers out were appropriations; and that the County/City has occurring general fund or any other count regoing, and if there is a revenue and the countable of the countable	artment of Health Care Services and the II expenditures are consistent with the Institutions Code (WIC) sections 5813. Actions sections 3400 and 3410. I furthed that MHSA funds will only be used for a gand the attached update/revenue are the Institution of the II of
accountability requirements as required Mental Health Services Oversight and requirements of the Mental Health Servisas, 5840, 5847, 5891, and 5892; and certify that all expenditures are consiste programs specified in the Mental Health I declare under penalty of perjury under expenditure report is true and correct to Robin K. Roberts Local Mental Health Director (PRINT) I hereby certify that for the fiscal year Mental Health Services (MHS) Fund (WK by an independent auditor and the moscertify that for the fiscal year ended Jun MHS Fund; that County/City MHSA experecorded in compliance with such approplical MHS funds may not be loaned to a under the laws of this state that the for	by law or as directed by the State Department of the California Code of Regularity of the California Code of Regularity with an approved plan or update and Services Act. The laws of this state that the foregoin the best of my knowledge. Signature Ended June 30, 2019, the County/City is the County of the Co	artment of Health Care Services and the II expenditures are consistent with the Institutions Code (WIC) sections 5813. Actions sections 3400 and 3410. I furthed that MHSA funds will only be used for any of the II for the II furthed that MHSA funds will only be used for any of the II furthed that MHSA funds will only be used for any of the II furthed that MHSA funds will only be used for any of the II furthed that MHSA funds will only be used for any of the II furthed that MHSA funds will only be used for any of the II furthed that MHSA funds are audited annual iscal year ended June 30, 2018. I furthed that MHSA funds are recorded as revenues in the local privated by the Board of Supervisors and omplied with WIC section 5891(a), in the yound II declare under penalty of perjulations.

Three-Year Program and Expenditure Plan, Annual Update, and RER Certification (07/22/2013)

¹ Welfare and Institutions Code Sections 5847(b)(9) and 5899(a)

BOARD OF SUPERVISOR APPROVAL

To be completed follov	ving presentation	before Mono (County Board	d of Supervisors on
December 17, 2019.				

MONO COUNTY SNAPSHOT & CAPACITY OVERVIEW

Mono County is a frontier county, bordering the state of Nevada to the north and east and the Sierra Nevada Mountains to the west. Other than Mammoth Lakes, which boasts a year-round population of 8,000, the remainder of the county consists of small communities ranging in population from less than 300 to about 1,200 people. The northern part of the county includes the small towns of Topaz, Walker, and Coleville. Bridgeport, the county seat, is 35 miles south of these three small communities. The central part of the county includes the communities of Lee Vining, June Lake, Crowley Lake, the Wheeler Crest communities, and Mammoth Lakes. In the southeast sector lie Benton and Chalfant.

According to the 2010 Census, the total population of Mono County is approximately 14,000. The ethnic distribution of Mono County is 27.7 percent Latino/Hispanic, 2.1 percent Native American, and 65.6 percent white (this does not include undocumented Latino/Hispanic residents). About one quarter of the population speaks a language other than English at home. The county is comprised of 47 percent female residents and 53 percent male residents. Approximately 19 percent of the population is under the age of 18 (5 percent are under 5) and 13 percent of the population is 65 and over.

Mono County's inhabited areas range in altitude from 5,000 to 8,500 feet; winters can be long and harsh with occasional road closures. Residents primarily earn their livelihoods through government service and retail trades related to tourism and agriculture. The median income is \$61,814 and 11.3 percent of Mono County residents live in poverty; the median value of owner-occupied housing units is \$324,600. Schools are located in Coleville, Bridgeport, Lee Vining, Benton, and Mammoth Lakes, each school is approximately 25-45 miles from the next. Mono County has three school districts: Mammoth Unified School District (MUSD), Eastern Sierra Unified School District (ESUSD), and Mono County Office of Education (MCOE).

Several of Mono County's communities are year-round resorts and include multi-million-dollar homes belonging to second homeowners. However, many year-round residents struggle to make ends meet, often holding more than one job. Additionally, the Mammoth Lakes tourist-related businesses, such as the ski area, promulgate a resort atmosphere that normalizes excessive alcohol consumption.

Assessment of Current Capacity

Part of Mono County Behavioral Health's (MCBH's) mission is to bring together representatives from Mono County communities and ask these representatives to take a leadership role in identifying and resolving community health needs. In this assessment of current capacity, MCBH will examine current capacity within its department, as well as capacity of key community partners that also promote health and wellness. As will be outlined in this report, MCBH has a number of successful programs ranging from its Full Service Partnership program and Crisis Intervention/Stabilization Program to Community Engagement programs that target underserved populations. Programs from previous years that are being continued or expanded

in this Annual Update take into account the department's current and future capacity. Where necessary, the report outlines where additional capacity will need to be developed to meet programmatic goals and community needs.

Please see Capacity Table 1 below for an overview of current staffing. As of the writing of this report (December 2019), MCBH has several open positions and is currently seeking additional staff in order to be able to fully implement the MHSA programs that are outlined in this plan, as well as the administrative duties that are outlined in the regulations.

Approximately 40% of the Department's staff are bilingual (English/Spanish) and 43% are of Latino/Hispanic origin. MCBH believes that its ability to provide services in all of our programs is greatly enhanced if we have bilingual/bicultural staff. This is especially true for licensed staff and interns. The Department's current staffing, as well as its dedication to hiring bilingual staff are both major strengths in terms of meeting the needs of racially and ethnically diverse populations.

In addition to offering a preference to Spanish speaking employees, MCBH is dedicated to supporting the growth and professional development of existing staff, especially bilingual staff interested in pursuing degrees and/or licensure. MCBH currently helps promote this effort through financial incentive programs in an effort to "grow our own." MCBH was not able to pull current data for the publication of this report due to internal staff transition/vacancies; however, in FY 2016-2017, MCBH served approximately 521 clients; of these clients, 23 percent were of Latino/Hispanic heritage and 77 percent were non-Latino/Hispanic. In a sample of FY 2017-2018 38 percent of clients served were of Latino/Hispanic heritage and 62 percent were non-Latino/Hispanic. Of Mono County's total population, almost 30 percent are Latino/Hispanic. For penetration rate data, including Mono County's Hispanic penetration rate, please see Appendix A.

MCBH considers all its positions hard-to-fill and faces a continuous challenge around retaining staff, especially licensed, intern, and medical staff. Mono County is a small, rural county that is isolated in the Sierra Nevada Mountains; additionally, the county is often not able to offer wages for these positions that are competitive with larger counties or private organizations. Finally, due to stressors typical to a rural environment (isolation, lack of resources, limited transportation), the need for services in hard-to-serve outlying areas continues to be a challenge. MCBH counters this challenge by offering such programs as its Financial Incentive Program.

Approximately half of MCBH's staff report that they are a current or former consumer of mental health or substance use services and/or a family member of a current or former consumer of mental health or substance use services. When hiring, priority is given to consumers and family members of consumers for all positions. "Lived experience" is essential to informing all of MCBH's work.

To examine capacity within the community, MCBH also listed partner agencies, organizations, and coalitions (see Capacity Tables 2-3 below). In some cases, the relationships between MCBH and the partner are strong and in other cases the relationships could be strengthened. The agencies in each of these tables strive to meet the needs of racially and ethnically diverse populations in Mono County by hiring native Spanish speakers, offering interpretation services,

reaching out to geographically isolated areas, hiring individuals with lived experience, and developing programs and trainings that specifically target the inclusion of diverse populations.

One of the coalitions with the most capacity is the Behavioral Health Advisory Board, which is comprised of representatives from Mammoth Lakes Police Department, the Mono County Sheriff's Office, and local non-profit organizations. It also includes two clients/family members of clients and one County Supervisor (though she is not representing the Board). This committee is involved in MCBH's program planning and includes a wide range of community partners.

Please see MCBH's FY 2018-2019 Annual Update for its complete Workforce Needs Assessment.

• https://www.monocounty.ca.gov/sites/default/files/fileattachments/behavioral_health/pa_ge/10057/mono_mhsa_fy_18-19_annual_update_final_approved.pdf

Current Staffing as of November 7, 2019*

Position	Category	FTE	Language(s)	Latino/Hispanic Origin?
Director	Managerial/Supervisory Licensed Mental Health Staff	1	English	N
Business Administrator	Managerial/Supervisory	1	English Spanish	Υ
Clinical Program Manager	Managerial/Supervisory	1	This position is va	acant
Clinical Supervisor	Managerial/Supervisory Licensed Mental Health Staff	1	English	N
Therapist (Spanish-speaking)	Licensed Mental Health Staff	1	English Spanish	Y
Therapist	Licensed Mental Health Staff	1	This position is va	acant
Therapist	Licensed Mental Health Staff	1	English	N
Therapist	Licensed Mental Health Staff	1	English	N
Behavioral Health Services Coordinator	Mental Health Staff	1	English	Υ
Case Manager Telepsychiatry Coordinator	Mental Health Staff SUD Personnel	1	English Spanish	Y
Case Manager	Mental Health Staff	1	English Spanish	Y
Case Manager	Mental Health Staff	1	English Spanish	Υ

SUD Counselor	SUD Personnel	1	English	N
SUD Counselor	SUD Personnel	1	English	N
Walker-Based PEI Case Manager	Mental Health Staff	.6	English	N
Wellness Center Associate	Mental Health Staff	.25	English	N
Wellness Center Associate	Mental Health Staff	.1	English	N
Fiscal Technical Specialist I	Other Personnel	1	English Spanish	Υ
Fiscal Technical Specialist I	Other Personnel	1	English Spanish	Υ
MHSA Coordinator	Other Personnel	.8	English	N
QA/QI Coordinator	Other Personnel	1	English	N
Psychiatry via Telemedicine (contract with North American Medical Services)	Licensed Mental Health Staff	10 hrs/ week	English	N
Psychology in Spanish via Telemedicine (contract with North American Medical Services)	Licensed Mental Health Staff	16 hrs/ week	English Spanish	Υ
Psychiatric Nurse	Licensed Mental Health Staff	1	This position is v	acant

^{*}Please also see MCBH's Cultural Competence Plan for further information on current staffing and diversity.

Capacity Table 2. Mono County Agencies

Agency	Purpose/Mission	Who is served?
Mono County Public Health	"The Public Health Department provides services that support the health and safety of Mono County residents including immunizations, HIV and other sexually transmitted diseases programs, communicable disease prevention and surveillance, tuberculosis program, health promotion, emergency preparedness, California Children's Services (CCS), Child Health and Disability Prevention Program (CHDP), Women Infant and Children (WIC), services for women and children, safety programs and much more."	Mono County residents
Social Services	"Our mission is to serve, aid, and protect needy and vulnerable children and adults residing in Mono County in ways that strengthen and preserve families, encourage personal responsibility, and foster independence."	Needy and vulnerable children and adults
Mono County Office of Education	"Mono County Office of Education is committed to serving students, schools and communities by providing and supporting exemplary educational programs in a professional and fiscally-sound manner in order to foster healthy and productive individuals."	Mono County students, schools, and communities
Mono County District Attorney	"The Mono County Office of the District Attorney promotes and protects the public peace and safety of Mono County, California."	Mono County community
Mono County Sheriff	"The Mono County Sheriff's Office is committed to providing the highest level of professional law enforcement services to enhance the quality of life for the citizens and visitors of Mono County."	Mono County residents and guests
Mammoth Lakes Police Department	"The Mammoth Lakes Police Department's mission is to provide quality law enforcement services, while building partnerships to prevent crime, maintain public trust and enhance the quality of life throughout town."	Mono County residents and guests
Mono County Probation	The mission of the Mono County Probation Department is to ensure the safety of the residents of Mono County by providing community-based supervision and rehabilitation through a multi-disciplinary approach to persons being convicted or adjudicated of a crime.	Mono County probationers and community
Eastern Sierra Unified School District (ESUSD)	"We as students, parents, community members and educators together will inspire and challenge each of our students to pursue personal excellence, to contribute positively to society, and to sustain a passion for learning."	Mono County students and parents/guardians
Mammoth Unified School District (MUSD)	"Mammoth Unified School District is committed to supporting students' individual needs and preparing them for the future by instilling them with confidence. Our school district encourages all students to push themselves to achieve and develop socially, emotionally, physically and academically. The parents and staff are very involved in our students' learning, recognizing their challenges and successes, while nurturing their individual talents and celebrating their diversity."	Mono County students and parents/guardians

Capacity Table 3. Mono County Community Partner Organizations and Coalitions

Organization/Coalition	Purpose/Mission	Who is served?
Behavioral Health Advisory Committee	"Supporting individuals by promoting recovery, self-determination, and wellness in all aspects of life."	Mono County community, MCBH clients
Mammoth Hospital	"To promote the well-being and improve the health of our residents and guests."	Mono County residents and guests
Toiyabe Indian Health Project		
Wild Iris Family Counseling and Crisis Center	"Wild Iris is dedicated to promoting a safer community by empowering and restoring the independence of those affected by domestic violence, sexual assault and child abuse. Our vision is for non-violent relationships based on dignity, respect, compassion, and equality."	Individuals affected by domestic violence, sexual assault, and child abuse
Student Attendance Review Board (SARB)	"The Board helps truant or recalcitrant students and their parents/guardians solve school attendance and behavior problems through the use of available school and community resources."	Truant or recalcitrant students and their parents/guardians
Mammoth Mountain Ski Area	Mammoth Mountain provides recreational opportunities for residents and guests. It also serves as a major employer of permanent and temporary (sometimes transient) employees in Mono County.	Mono County guests and residents (permanent and temporary)
First Five Commission	"First 5 Mono County will be a leader in a community-oriented and family-centered support network for children prenatal to age five and their families, and is charged with improving outcomes in children's health, safety, and learning."	Children pre-natal to age five and their families

COMMUNITY PROGRAM PLANNING

A critical step in the MHSA Three-Year plan is engaging community stakeholders so that they can provide input on the allocation of the county's MHSA funds. For this Annual Update, MCBH participated in and facilitated several focus groups with key stakeholders over the course of the year. These engagement methods and a summary of the results are outlined below. Please note that MCBH provides training on the Community Program Planning Process (CPPP) to staff members and its Behavioral Health Advisory Board. Additionally, when MCBH conducts focus groups, staff provide a short overview training of the MHSA and how the input that participants provide will be used to design and plan programs. The MHSA Coordinator, Amanda Greenberg, MPH, is charged with the planning and data collection for the CPPP. For a description of her duties, including the requirement of an annual mental health needs assessment (the CPPP), please see Appendix H.

MCBH Client Focus Group #1: Focus on Access to Care

- April 18, 2019; 3 participants; Conducted at MCBH offices
- Facilitated by EQRO
- Key Takeaways
 - Participants stated that the frequency at which they received services was sufficient to help them make progress
 - Participants stated that appointments are easily available; however, a person might wait longer than a week if it's tourist season
 - o Participants recommended the following for improving care:
 - Teach mental health more in schools so children learn how to identify the signs of depression, or any other mental health issues
 - Provide a shelter for the homeless community as there are not many resources available for homeless persons
 - Provide additional psychiatrist/therapist during high tourist season

Community Health Improvement Planning Workshop

- September 18, 2019; 45 participants; Conducted at Mammoth Hospital
- Facilitated by HealthTechS3 consultants
- This workshop contained a wide array of community stakeholders, who shared their
 existing programming and planned future programming based on identified needs. The
 group also brainstormed gaps in existing programs and services and ideas for filling those
 gaps. Finally, MCBH staff used this workshop as an opportunity to brainstorm ideas for
 programming using its intimate knowledge of those it serves. Below is a summary of these
 discussions.
- Planned future programming based on current identified needs:

- Wild Iris: focus on prevention among children by expanding youth education programs, add a therapist on staff, facilitate a domestic violence group in the jail
- Mammoth Hospital: Add providers and physical space once existing ones are maxed out, integrate with pediatric clinic, increase screenings and interdepartmental communication, increase referrals to spiritual care team, offer additional trainings to providers, market behavioral health services, offer MAT, work on destignatizing behavioral health
- Anthem: Expanding their provider network through Beacon, contracted with schools in Inyo County to provide on-campus services, Live Health Online telemedicine services, offer housing voucher program
- Community Services Solutions: Would like to offer Mental Health First Aid, close gap between re-entry program and Probation
- Toiyabe: Expand psychiatry especially for adolescents and children
- Cerro Coso: Expanding Health and Human Services Certificate and Substance Use
 Disorder Counseling Certificate program
- Gaps in programming/services and ideas to alleviate those gaps:
 - Create a network to advertise programs/services and share available resources
 - Via school system
 - Via Mammoth Hospital
 - Share Wellness Center calendars
 - Utilize 211 system
 - Create a coalition
 - Consider an innovative alternative to in-person coalition meetings
 - Develop pipeline programs like a scholarship program
 - Offer Mental Health First Aid Training
 - Develop an infrastructure for screening for ACEs and serving children with high ACE scores
 - Washington state has a protocol program
 - Offer more services in outlying areas
 - Consider Latino community in Bridgeport as a target population
 - Decrease domestic violence
 - Create a mobile crisis response team
 - Ensure that Victims' Advocates are checking on families
 - Offer services during extended hours
 - Connect with community organizations like churches
- Gaps in programming/services and ideas to alleviate those gaps related to substance use disorders and co-occurring disorders:
 - o Provide more information on resources like AA that other agencies can access
 - Stay open until 8 pm one night per week
 - Coordinate with Toiyabe in Coleville to offer an SUD group
 - Participate in SUD Taskforce
 - Enforce laws re: parents providing alcohol to minors
 - o Increase the entire continuum of housing stock
 - Offer or highlight alcohol-free, family-friendly events
 - After school programming

- Game Nights
- Utilize the library
- Hire bilingual employees
- Offer programming around vaping
- Increase home-visiting services for families with children under 5
- Opportunities for Collaboration with:
 - Mammoth Mountain (consider substance-free employee housing)
 - MLR, MLT, and MLTPA
 - Offer inter-agency mobile services
 - Offer inter-agency services via permanent supportive housing project
- MCBH Staff: What's Your Vision
 - Flexible services that make it easier to come in, including evening hours
 - Adequate staffing for presence in North County
 - Satellite offices in Bridgeport and Benton
 - More SUD/co-occurring groups for youth
 - Wellness center in Bridgeport with showers
 - ACEs in pediatric clinic
 - Infrastructure to respond to high ACE scores
 - More shoulder season activities
 - More outdoor activities to promote well-being
 - Advocate for person-centered, non-stigmatizing language
 - Community mental health wraparound
 - Housing for those with SUD
 - o Collaborate with Mammoth Mountain how to better help/info about their EAP
 - o Family therapy using the FOCUS model
 - Improved self-care for MCBH staff
 - Collaborate with libraries
 - Collaborate with Town Recreation Department for programming
 - Increased family events
 - Increased participation in annual Latino Conference
 - Socials in Mammoth for target populations
 - Transportation from Benton to Bishop for youth (collaborate with ESTA and Community Services Solutions)
 - More wellness activities led by consumers

Behavioral Health Advisory Board Prioritization Exercise and Focus Group

- August 12, 2019; 13 participants; Conducted at MCBH Offices
- Facilitated by Amanda Greenberg
- The Behavioral Health Advisory Board (BHAB) was a key group to include in our CPPP because they also serve as our MHSA Steering Committee and represent a wide variety of community stakeholders, including clients and family members.
 - At its October, 2019 meeting the BHAB also discussed offering incentives in the form of gift cards for stakeholders to participate in BHAB and other community

meetings that cover MHSA activities. MCBH plans to implement this practice beginning in 2020.

- Training: Amanda provided an overview of the MHSA more generally and then described the CPPP, including information on what the CPPP is, who the stakeholders are, the information that is asked during the CPPP, how we've done our CPPP in past years, and how we are planning to do our CPPP this year. Information covered is included in the attached infographic entitled: "Mental Health Services Act (MHSA) & the Community Program Planning Process (CPPP)." BHAB members weighed in suggesting collaboration with other agencies (like Public Health) who do needs assessments and supported the current CPPP plan to participate in back to school nights and other community events. They also suggested minor changes to the infographic for future use. See final copy below.
- Exercise: Amanda introduced a dot exercise, which included the six questions listed below. Each participant received a set of dots and was invited to put three dots on the top three issues on each page. See the table below to view the options provided for each question and the number of dots received for each question.
 - When you think about yourself, what do you think are the top 3 issues related to your mental health?
 - When you think about your community, what do you think are the top 3 issues related to mental health?
 - When you think about youth ages 0-15, what do you think are the top 3 issues related to mental health? Finding access to mental health providers
 - When you think about transition age youth ages 16-25, what do you think are the top 3 issues related to mental health?
 - When you think about adults ages 26-59, what do you think are the top 3 issues related to mental health?
 - When you think about older adults ages 60+, what do you think are the top 3 issues related to mental health?

	v 16		V 0.45	Transition Age	Adults Ages	Older Adults Ages
	Yourself	Community	Youth Ages 0-15	Youth Ages 16-25	26-59	60+
Cost of services	7	5	0	1	6	6
Finding access to mental						
health providers	3	7	0	0	6	5
Drugs or alcohol	0	5	0	7	7	2
Feeling a lack of social						
support or isolation	5	1	4	0	1	8
Finding housing	1	7	0	2	4	1
Experiencing bullying	1	0	6	5	0	0
Family relationships	1	1	7	2	0	1
Feeling a lack of						
purpose/meaning	3	0	0	1	2	6
Experiencing						
stigma/prejudice	1	1	2	5	3	0
Social media problems	3	0	4	5	0	0
Knowledge of mental						
health issues	0	0	3	2	3	1
Lack of culturally						
appropriate programs and						
services	4	1	1	0	0	3
Experiencing racism	1	2	1	2	0	0
Securing stable						
employment	0	2	0	0	1	0
Feeling Suicidal	0	0	1	1	0	0
Getting into		_				_
fights/experiencing anger						
management issues	0	0	0	1	1	0
Experiencing homophobia	1	0	0	0	0	0
Experiencing nomophobia	_	U	O	J	U	O

- Program ideas/Discussion based on dot exercise
 - It seems as though there are people falling through the cracks because of the cost of services, whether that's Medi-Cal share of cost or that people with Medi-Cal don't know they can access mental health services
 - o Family relationships are a big challenge in our communities
 - Occasionally find that parents don't want the kids to get services, especially those with domestic violence in the family
 - It's just generally very stressful to be a parent especially living in a resort community with having multiple jobs and the pressures of mountain life
 - Would be nice to do more family wellness events that are alcohol-free and provide food – i.e. even at the bowling alley
 - Discussion of parenting classes, which are useful for certain audiences but likely not as wide-reaching as family events
 - Could re-brand parenting classes as parent support and education classes or "raising successful children"
 - Are there some evidence-based interventions related to ACEs? Would be nice to learn more about potential activities
 - How can we use the 40 Developmental Assets in connection with ACEs?
 - Best to start young with ACE education helps provide language for when adverse events happen and creates relationships with caring adults
 - Would like to have an ACE training for the BHAB
 - Would like to see a community infrastructure that really puts resources together
 - Discussion around behavioral issues/mental health issues that relate to stressful home environments
 - Important to guide parents to understand trauma and how it impacts their child(ren)
 - Important to start as young as possible in terms of working with parents and creating a positive home environment – Mono County recently increased its funding allocation to First Five for home visiting programs
 - It will take a generation of prevention education to make a difference with the cycles of stressful home environments
 - Starting with new parents is huge they can be totally overwhelmed and it's important to have support in such a critical time period
 - Great concern around kids from immigrant families
 - There is a lot of generalized stress around climate change how can Behavioral Health be part of the County's crisis response plans – and within that, how do we make sure that we take care of our own staff as we are taking care of those impacted by a crisis (focus out, then focus in)
 - Still a lot of stigma around mental health and substance use in our community
 need to be using more strengths-based language across agencies and focusing on resilience
- Feedback on exercise

- More space on the sheets, space to write other things, private space for feedback
- Collaborating agencies take on other needs
- Change FSP verbiage to be more layman's terms

June Lake Focus Group

- February 19, 2019; 11 participants; Conducted at June Lake Community Center
- Facilitated by Robin Roberts
- Key Takeaways Include:
 - Strengths that participants identified:
 - Purpose to live in the area: (strengths residents found); Fishing in the summer; Involvement in church; Neighbors helping neighbors; Skiing; Backpacking; Women's retreats; Volunteering at Mono Lake; Mountain biking; Snowshoeing; Businesses starting to take off
 - Discussion on lack of services and resource for residents on the loop (wellness activities)
 - o Quality of life for residents- how to improve wellness and health
 - How to retain residents (more resources and activities)
 - Lack of jobs and housing (seasonal work)
 - There is business growth without housing for employees, can't sustain the changes
 - Starting to see more young kids in the area, how do we bring activities to them, there's not a lot to do
 - How can we help the community and direct individuals to services (when individuals come to my bar and they clearly can benefit from services, how to link them to those services)
 - Chronic illness and no way to provide help or some type of management
 - We have a lot of young families and we want them interested to stay
 - Economic development- hope for new business, more business and people, how do we sustain changes
 - MCBH needs more presence in the community-information on services, Medi-CAL
 - Spread news with KMMT, post office, market, bulletin boards (one for resources, one for events, and clean it up!)
 - Have a sense of community and more activities
 - Events without beer
 - Events to reach out and have a speaker
 - Under representation of community members (Latinos, young families, seasonal workers 20-25 year olds)
 - Availability for services ? wellness groups? What does it look like to receive services and what kind of services are there?
 - Barriers with the latino community
 - Addressing issues and breaking down barriers (training for employers to recognize symptoms of mental health disorders and substance abuse in their staff, training

for community to be able to recognize symptoms and create awareness) first aid in mental health? Program available?

Back to School Night Dot Exercise

- September 12, 2019; approximately 7 participants; Conducted at Mammoth Middle School
- MCBH also attempted this exercise at a Back to School night in Walker, CA, one of Mono County's outlying areas but no one chose to participate in the exercise
- Facilitated by Sofia Flores
- Each participant received a set of dots and was invited to put three dots on the top three
 issues on each page. Individuals were asked their ethnicity; those who identified as Latino
 were given one color of dots and those who identified as non-Latino were given another
 color of dots. See the table below to view the options provided for each question and the
 number of dots received for each question.
 - When you think about youth, what do you think are the top 3 issues related to mental health?
 - When you think about your community, what do you think are the top 3 issues related to mental health?

	Youth	Youth	Community	Community
	(Non-Latino	(Latino	(Non-Latino	(Latino
Duves an alaskal	Respondents)	Respondents)	Respondents)	Respondents)
Drugs or alcohol	6	3	4	0
Social media problems	4	2	1	1
Family relationships	4	1	1	0
Finding access to mental health providers	1	0	4	0
Finding housing	1	0	1	2
Knowledge of mental health issues	1	0	3	0
Experiencing racism	0	2	0	0
Securing stable employment	0	0	2	0
Cost of services	0	0	0	1
Feeling a lack of social support or isolation	1	0	0	0
Feeling a lack of purpose/meaning	1	0	0	0
Other	1	0	0	0
Experiencing bullying	0	0	0	0
Experiencing stigma/prejudice	0	0	0	0
Lack of culturally appropriate programs and services	0	0	0	0
Feeling Suicidal	0	0	0	0
Getting into fights/experiencing anger management issues	0	0	0	0

California Healthy Kids Survey (2017-2018)

- Although these data are several years delayed, MCBH still considers them to be critical part
 of the CPPP since the data from a valid and reliable tool in an age group that MCBH is not
 easily able to include in its own stakeholder engagement processes. The comparisons below
 are made between MUSD/ESUSD and the most recent statewide data available, which is
 from 2015-2017.
- Mammoth Unified School District: Elementary
 - 51 students in grade 5 took the survey
 - Key Takeaways:
 - School connectedness was lower than the State
 - Academic motivations was much higher than the State
 - Caring adult relationships were lower
 - Both the High expectations scale and meaningful participation scales were a little lower than the state
 - Although 90% of students report feeling safe at school, there is a higher percentage of students who report being bullied in comparison to the State
 - 12% of students report being hit or pushed "all of the time"
 - 12% of students report having mean rumors spread about them "all of the time"
 - 14% of students report being called bad names or having mean jokes told about them "all of the time"
 - Finally, 22% of students reported seeing a weapon at school in the last year vs. 17% at the State.
- Mammoth Unified School District: Middle and High
 - 94 students in grade 7 responded to the survey
 - Key Takeaways:
 - Grade 7 scored higher than the State across the key indicators for school climate and student well-being
 - 28% of students reported chronic sadness/hopelessness in the last 12 months (vs. 24% at the state for 2015-2017)
 - 84 students in grade 9 responded to the survey
 - Key Takeaways:
 - Grade 9 scored higher than the State across the key indicators for school climate and student well-being
 - 35% of students reported chronic sadness/hopelessness in the last 12 months (vs. 30% at the state for 2015-2017)
 - 20% of 9th graders report seriously considering suicide in the last 12 months (vs. 16% at the state for 2015-2017)
 - 81 students in grade 11 responded to the survey

- Key Takeaways
 - Grade 11 scored on par with the State in high expectations and caring adult relationships, but lower than the state in motivation, and meaningful participation, the last of which being notably lower than the State.
 - 42% of students reported chronic sadness/hopelessness in the last 12 months (vs. 32% at the state for 2015-2017)
 - The percentage of 11th graders who perceived the school to be safe or very safe was slightly lower than the state. This perception was shared by members of all racial/ethnic groups polled.
 - 17% of 11th graders report seriously considering suicide in the last 12 months (vs. 16% at the state for 2015-2017)
- Eastern Sierra Unified School District: Elementary
 - 23 students in grade 5 completed the survey
 - Key Takeaways:
 - Both academic motivation and meaningful participation were higher than the state but school connectedness was lower than the state
 - 68% of students report feeling safe at school vs. 81% at the state (2015-2017)
 - Like MUSD, there is a higher percentage of students who report being bullied in comparison to the State
 - 19% of students report having mean rumors spread about them "all of the time"
 - 14% of students report being called bad names or having mean jokes told about them "all of the time"
 - Finally, 52% of students reported seeing a weapon at school in the last year vs. 17% at the State.
- Eastern Sierra Unified School District: Middle
 - 43 students in grade 7 completed the survey
 - Key Takeaways:
 - Grade 7 scored higher than the State across the key indicators for school climate and student well-being
 - 17% of students reported chronic sadness/hopelessness in the last 12 months (vs. 24% at the state for 2015-2017)
 - A high percentage of students across racial/ethnic groups reported feeling safe/very safe at school
- Eastern Sierra Unified School District: High
 - 29 students in grade 9 responded to the survey
 - Key Takeaways:
 - Grade 9 scored higher than the State across the key indicators for school climate and student well-being

- 24% of students reported chronic sadness/hopelessness in the last 12 months (vs. 30% at the state for 2015-2017)
- Only 3% of 9th graders report seriously considering suicide in the last 12 months (vs. 16% at the state for 2015-2017)
- 24 students in grade 11 responded to the survey
 - Key Takeaways
 - Grade 11 scored higher than the State across the key indicators for school climate and student well-being
 - 57% of students reported chronic sadness/hopelessness in the last 12 months (vs. 32% at the state for 2015-2017)
 - 42% of 11th graders report seriously considering suicide in the last 12 months (vs. 16% at the state for 2015-2017)
 - 40% of Hispanic or Latino 11th graders reported perceiving the school as safe or very safe vs. 56% at the state.
 - 36% of Hispanic or Latino 11th graders reported harassment due to race, ethnicity, religion, gender, sexual orientation, disability, or immigrant status vs. 24% at the state.

In addition to these more formal Community Program Planning opportunities, MCBH's Director frequently educates community groups and key community partners/stakeholders about the department's MHSA programs, a process that leads to informal needs assessment/information gathering. For example, she has presented on MHSA programs before Mammoth Voices, the Mono County Prevention Coalition, and Mammoth Unified School District staff and parents. These presentations include significant discussion and feedback sessions surrounding community needs and services. Following these meetings, she has reported that she also always engages with people on an individual level who have questions about treatment for a friend, family member, or themselves. Finally, she assesses MHSA needs and services through smaller scale meetings with partners like Mammoth Hospital, the Mono County Sheriff, etc.

Additional outreach includes meetings with Mono County Office of Education regarding its "Arts Now" campaign, the Mono County librarian regarding potential collaborative programming, and the Mammoth Lakes Foundation, including annual presentations before students on the foundation's scholarship at Cerro Coso Community College in Mammoth Lakes.

Together, these engagement activities have provided valuable and meaningful input about the unique needs of the Mono County community and allowed MCBH to develop an MHSA program that is specifically designed for the county. Through these activities, the department was able to reach a range of populations within the county, including clients, allied agencies (social services, law enforcement, etc.), and community leaders. Mono County believes that it has reached a wide range of voices and perspectives and took great care to inform these stakeholders how valuable their input was throughout the process.

This Annual Update integrates stakeholder input, as well as service utilization data, to analyze community needs and determine the most effective way to utilize MHSA funding to expand services, improve access, and meet the needs of unserved/underserved populations. The MHSA Annual Update planning, development, and evaluation activities were also discussed with the Mono County Behavioral Health Advisory Board members.

MCBH staff also received a training on the CPPP so that they are more aware of how stakeholders' input impacts the department's decision-making and MHSA planning. This training took place on September 5, 2019 and included 9 participants. Please see Appendix E for sign-in sheet and handout used.

LOCAL REVIEW PROCESS

30-day Public Comment period dates: November 8, 2019 - December 8, 2019

Date of Public Hearing: December 9, 2019, 3:00-4:30 pm, Department of Social Services Conference Room, Sierra Center Mall, Third Floor; 452 Old Mammoth Road in Mammoth Lakes

Describe methods used to circulate, for the purpose of public comment, the Annual Update

The plan was posted at monocounty.ca.gov/MHSA on November 8, 2019. A news article was posted on MCBH's website and the Mono County website on November 8, 2019. Please see images in Appendix I for examples of advertisement.

- Advertisements for the public comment period were placed in three local newspapers: The Sheet, the Mammoth Times, and El Sol de la Sierra (a Spanish language newspaper). Flyers advertising the public comment period and public hearing were also posted throughout the County in well-trafficked public places such as post offices and community centers. Advertisements appeared:
 - Mammoth Times: November 29, 2019
 - The Sheet: November 16, 2019 and December 7, 2019
 - El Sol de la Sierra: November 21, 2019

Provide information on the public hearing held by the local mental health board after the close of the 30-day review

The public comment hearing was held on December 9, 2019 from 3:00-4:30 pm in Mammoth Lakes. The public hearing was facilitated by Amanda Greenberg, the MHSA Coordinator and took place during the regular meeting of the Behavioral Health Advisory Board. There were 10 individuals in attendance. Amanda first gave a presentation about the plan that included information on the public hearing process and invited feedback and discussion. This presentation is located at the address below; once approved, the minutes for this meeting will also be available at this link:

• https://www.monocounty.ca.gov/behavioral-health/page/mhsa-fy-2019-2020-annual-update-public-hearing-behavioral-health-advisory

Include summary of substantive recommendations received during the stakeholder review and public hearing, and responses to those comments

Generally, the response to the presentation was positive, with questions asking for further information on programs such as Help@Hand, the planned housing project, and the planned crisis stabilization/intervention programs. When discussing the planned mobile crisis response team, one public hearing attendee recommended exploring the option of LiveHealth through Anthem Blue Cross. Both the MHSA Coordinator and the Mono County Sheriff, who is a partner on the project and attended the public hearing, noted this potential option.

Another attendee asked if MCBH had done any motivational interviewing trainings. This was a component of the department's Innovation Plan Extension for the Strengths-Based Learning Collaborative. He suggested offering this training to other community partners and the MHSA Coordinator stated that she had a good relationship with the individual who provided the training. Finally, one individual asked if MCBH has any programming specifically for individuals experiencing post-partum depression (PPD). The MHSA Coordinator responded by saying that it's challenging to form and sustain a group for such a specific population given Mono County's small size, but that we do fund the Peapod Playgroup Program through First Five and that facilitators refer individuals who show signs of PPD to the Department.

Include a description of any substantive changes made to the annual update that was circulated

Minor changes in planned programming were made due to staff transitions. Updates were made to the Assessment of Current Capacity to reflect new hires that occurred in early December during the public comment period. Additionally, the Fiscal Certifications were added, the Local Review Process Section was completed, and Appendix I (which includes advertisements) was added.

MHSA Issue Resolution Process

To resolve an issue related to appropriate use of MHSA funds, inconsistency between approved MHSA Plan and implementation, and/or the Mono County Community Program Planning process, please see <u>Appendix B</u> for further instruction.

COMMUNITY SERVICES AND SUPPORTS

The MCBH MHSA Community Supports and Services (CSS) program provides services to people of all ages, including children (ages 0-17); transition age youth (ages 16-25); adults (ages 18-59); older adults (ages 60+); all genders; and all races/ethnicities.

The CSS Program includes four service categories: Full Service Partnerships (FSP), General System Development, and Outreach and Engagement. Please see CSS Table 1 below for an overview of the programs and services offered within each of these service categories.

Services within the CSS category are for all populations and help reduce ethnic disparities, offer support, and promote evidence-based practices to address each individual's mental health needs. These services emphasize wellness, recovery, and resiliency and offer integrated services for clients of all ages and their families. Services are delivered in a timely manner and are sensitive to the cultural needs of each individual. MCBH strives to not only meet the "clinical needs" of its clients but to also consider needs that relate to the social determinants of health such as housing and poverty. Department staff also strive to meet people where they are, both emotionally/mentally and from a physical perspective, including traveling to the County's outlying areas to provide services and promote community.

In order to meet the mental health needs outlined above, MCBH has worked with stakeholders to develop and implement the programs in the CSS and other categories. As discussed in the Capacity Assessment section of this report, MCBH is currently seeking staff to ensure that it is fully able to implement these programs.

CSS Table 1. CSS Service Categories & Programs/Services

Service Category	FSP	General System Development	Outreach/Engagement
Programs and Services	 Full Service Partnership Program serving children, transition age youth, adults, and older adults; including housing, food, clothing, etc. as needed MHSA Housing Program 	 Expansion of case management/supportive services Wellness Centers Crisis intervention/ stabilization 	Community Outreach & Engagement

Full Service Partnerships (FSP)

MCBH has adopted a community clinic model, specifically when it comes to Full Service Partnership (FSP) clients. FSP services include, but are not limited to, one-on-one intensive case management, housing support, transportation, advocacy, assistance navigating other health care and social service systems, child care, and socialization opportunities. These programs embrace a "whatever it takes" service approach to helping individuals achieve their goals. MCBH's FSP program serves all age groups, including children/youth, transition age youth, adults, and older adults.

Each client in the FSP program is assigned a Case Manager as the single point of responsibility for that client/family. Additionally, Full Service Partners are introduced to other Case Managers, including the individuals who staff MCBH's 24/7 Access Line. This ensures that a known and qualified individual is available to respond to the client/family 24 hours per day, 7 days per week. These Case Managers, along with the assigned therapist are responsible for developing a Treatment Plan, which also serves as the Individual Services and Supports Plan. Additionally, the treatment team completes a Strengths Assessment and where appropriate a Personal Recovery Plan on all FSPs. Finally, all MCBH staff, including Case Managers receive extensive cultural competence training. It is also ensured that all Spanish-speaking FSPs are placed with a native Spanish-speaking Case Manager (Spanish is Mono's only threshold language).

A key component of MCBH's FSP program is providing housing support and services. Affordable housing, specifically for those with mental illness, is a critical concern in Mono County. In response, MCBH has an interdisciplinary team that works together to find and secure housing for FSP clients who are homeless or at risk of homelessness. This also includes assisting with first and last month rent deposits and occasionally securing emergency housing for individuals in crisis who do not meet 5150 criteria. The total number of unduplicated FSP clients for FY 2018-2019 was approximately 25. Due to the small number of clients served, this report will not disaggregate the data by race/ethnicity, gender, or age. In FY 2019-2020, MCBH has set the following target numbers by age group for the FSP program: Children: 10%, Transition Age Youth: 25%, Adults: 50%, Older Adults: 15%. These percentages align with MCBH's current identified need, as well as the Mono County average age distribution.

MCBH has also allocated a significant amount of CSS funds for its MHSA Housing Program. This project will be a 30-45 unit affordable housing unit with a set-aside of units for individuals with mental illness. Preparation for this project has included meeting with County leaders to build political will around the project and presenting before the Mono County Board of Supervisors. In FY 2018-2019, MCBH released a Request for Qualifications for qualified development partners to work on this project and selected Integrity Housing of Irvine, California as its partner. Mono County has since entered into an Exclusive Negotiating Agreement with Integrity Housing and is actively seeking a site in Mammoth Lakes for the project.

The funding for this project is drawn from the Department's Prudent Reserve. In fall 2018, the California State Legislature passed Senate Bill 192, which specified a maximum amount of funds

that counties could hold in their MHSA prudent reserves. As a result, MCBH is transferring approximately \$1,200,000 from its prudent reserve into CSS during FY 19-20. Based upon continued feedback from a wide range of stakeholders that housing is one of the primary problems facing Mono County residents, especially those with mental illness, stakeholders have decided to allocate this amount to a housing project in Mammoth Lakes.

General System Development

Within the General System Development CSS service category, MCBH funds such services as expanded case management and supportive services, the Sierra Wellness Center, the Walker Wellness Center, and crisis intervention and stabilization services. In FY 2018-2019, MCBH also partially funded its after-school youth program, Clubhouse Live (CHL) with CSS funds. This program had a successful summer season in 2019, including such programming as horseback riding and rock climbing, all of which seek to promote leadership and self-esteem.

Other programs offered at the Sierra Wellness Center range from yoga to support groups. In FY 2019-2020, MCBH will re-locate the Sierra Wellness Center to 181 Sierra Manor Road in Mammoth Lakes. This new location has more space and is closer to the Mammoth schools, as well as Mono County Behavioral Health's new offices on Sierra Park Road. Thanks in part to the additional space in the new Sierra Wellness Center location, MCBH is hoping to expand its programming in FY 2019-2020 to serve older adults and offer additional programming for the Latino community. The Sierra Wellness Center as a whole has approximately 115 visits per month (not unduplicated data).

The Walker Wellness Center in Walker, CA, also offers a range of activities that vary with the season. In spring and summer 2019, community members helped grow a thriving community garden, complete with a new pergola. Other activities include: seasonal hiking/walking group, mindfulness group, family arts and crafts, family yoga, lunch, unstructured drop-in time, and a monthly community social. Furthermore, the Wellness Center serves as an office for MCBH clinical services, an office for the Northern Mono Hospice non-profit, and as a programming space for the Peapod Playgroups (discussed in PEI). The Walker Wellness Center has an average of 75 visits per month (data not unduplicated) through these various programs.

MCBH staff are available 24/7 including responding to crisis calls from the Mammoth Hospital Emergency Department for 5150 assessments. MCBH also operates a transitional housing program to stabilize a person's living situation and provides services on-site, but this program is grant-funded and does not utilize MHSA funding. In FY 2019-2020, the Department is developing an MOU with Kern County for utilization of a crisis stabilization unit in Ridgecrest. Transport to this facility will be provided by Mono County Paramedics. It is expected that both FSP and non-FSP clients will use this service. This is an identified need for MCBH and was enthusiastically supported by the Behavioral Health Advisory Board. Additionally, MCBH is planning to work with the Mono County Sheriff and the Mono County Paramedics to create a remote crisis response team. In this plan, Sheriff Deputies and/or Paramedics will respond to crisis calls in the field and

have an iPad on hand that will connect with staff from Mono County Behavioral Health. Training for this program will be provided through WET.

Outreach and Engagement

MCBH offers several CSS programs, services, and activities that are encompassed in its Community Outreach & Engagement program, including the Foro Latino and community socials in outlying areas. These programs are designed to engage Mono County's un- and under-served individuals and communities, from both an ethnic/racial perspective and a geographic perspective. Through these programs, MCBH is also able to build trust in its communities and ensure that individuals who need more intensive services from the Department feel comfortable seeking them.

Approximately every quarter, the MCBH Cultural Outreach Committee the Foro Latino, which is an event designed to engage the Hispanic/Latino community, reduce mental health stigma, and serve as a space to talk about mental health-related issues. Through its CPPP, MCBH has identified that providing Spanish-language services and programs is an important way to target the underserved Latino community. In FY 2018-2019, these events attracted up to 125 people at each event.

MCBH has received awards for its community engagement in outlying areas (small, remote communities located throughout Mono County). Every month, MCBH hosts community socials in Benton (population: 280), Walker (population: 721), and Bridgeport (population: 575). These events are popular and well-attended by residents of all ages, drawing up to 40 people per event.

Lastly, a need to increase collaboration with Mono County's tribal entities has been identified. MCBH works with staff at the Toiyabe Indian Health Project on substance use disorders. While these efforts were not funded with MHSA dollars, they have helped to build relationships with local tribal entities. MCBH also participated in Toiyabe's 2018 Walk for Life and received a Historical Trauma Training from Toiyabe trainers in January 2019. Additionally, MCBH has been working with the Toiyabe Indian Health Project and Toiyabe Elder Services around the Benton Social. Indeed, the department has utilized this event to build collaborative relationships with Toiyabe Indian Health Project and the Benton Tribe to increase social opportunities and access to ancillary services for members of the Benton community, especially those members of the Benton tribal community. Finally, MCBH hired a Walker-based PEI Case Manager in September 2018 who has a background working with tribal entities. This will be discussed more in the PEI section.

CSS Achievements

MCBH is very proud of its community programs, including those at the Walker Wellness Center and the Foro Latino, which had up to 95 participants per event in FY 2018-2019. The department also saw increased opportunities for collaboration with tribal leaders and elders in Benton, CA,

and department staff spent significant time outreaching to other local entities around housing programs, policies, and opportunities.

MCBH is also very proud of its forthcoming MOU with Kern County for the use of its crisis stabilization unit and the development of a remote mobile crisis response team. Lastly, MCBH has spent more time reaching out to political figures in the community to build support for mental health activities and reduce stigma at a governance level. This political support and interagency collaboration is a valuable achievement.

Challenges or barriers, and strategies to mitigate

As a remote, rural county with a ski resort in its largest town, Mono County experiences a number of unique challenges regarding transportation, high cost of living, and lack of affordable housing. The high cost of living and lack of affordable housing place stress on individuals and families without high-paying jobs and sometimes forces them to work two jobs, which allows them less time to take care of their health needs. Likewise, lack of transportation can keep individuals from accessing services. MCBH has mitigated this barrier by offering more services and activities in outlying areas.

We have been unable to hire an on-site psychiatrist due to economy of scale issues, but we have been able to maintain stable telepsychiatry services, albeit at a high cost. Additionally, as of October, 2019, the department has several open positions, including full-time licensed therapist, case manager, fiscal technical specialist, and management positions. The department hopes to hire for each of these position in FY 2019-2020.

List any significant changes in Three-Year Plan, if applicable

Significant changes to the three-year plan include the addition of an MOU for use of a crisis stabilization unit in Kern County, the development of a remote mobile crisis response team, and a change of location for the Sierra Wellness Center. MCBH also decided to cut its supportive services pilot and is instead focusing its funding on a 30-45 unit affordable housing project with a set-aside for mental health units. Finally, Mono County is constructing a new office building for all County employees in Mammoth Lakes and MCBH has budgeted additional funds within its CSS administration to purchase any new furniture required.

PREVENTION AND FARIY INTERVENTION

The Prevention and Early Intervention (PEI) component of the MHSA includes five different funding categories: Prevention, Early Intervention, Outreach for Increasing Recognition of Early Signs of Mental Illness, Access and Linkage to Treatment, and Stigma and Discrimination Reduction. Please see PEI Table 1 below for an overview of the programs and services offered within each of these service categories. Please note that MCBH will submit its Three-Year PEI Evaluation Report by June 30, 2019.

PEI Table 1. PEI Service Categories & Programs/Services

Service Category	Prevention & Early Intervention	Outreach to Increase Recognition	Access/ Linkage to Treatment	Stigma/ Discrimination Reduction
Programs and Services	 Peapod Playgroup Program Parenting classes Walker Senior Center North Star Counseling Center 	Community Trainings	 Outreach in Walker Community 	Community Engagement

Prevention & Early Intervention

The Peapod Playgroup Program targets children from birth to five years old and their parents in six communities throughout Mono County. Every year, there are three to four Peapod sessions in each location; each session consists of 10 weekly playgroups in which parents and children gather together. The program is peer-run (peer-leaders go through a training program) and consists of structured activities for parents and children to participate in together. This provides time for children and their parents to socialize in rural, geographically remote communities where it is easy for families to feel alone. It also provides parents with a forum to ask developmental questions about their children, discuss problems they are having at home, and seek out services with licensed professionals. In Mammoth Lakes, there is also a Peapod Group for Spanish-speaking parents.

The expected outcomes/objectives of this program include: decreasing isolation by providing parents and children an opportunity to socialize, de-stigmatizing seeking behavioral health services, linking families to community services, encouraging school readiness skills, and

encouraging early literacy. This program is a community-led and -driven activity that was created in response to a specific community-identified need. It is a unique form of outreach that provides services within the community that help increase access to services, while providing prevention and early intervention services. Moreover, it helps improve families' engagement in their own communities and with their peers.

In response to the Community Planning Process, which identified family relationships and parenting as key mental health challenges in Mono County, MCBH decided to increase funding the Peapod Program and to add funding for parenting classes to the 2017-2020 Three-Year Plan. Although MCBH has allocated funding for the last two fiscal years (17-18 and 18-19), the department has not been able to partner effectively to fund the parenting classes. MCBH will continue seeking a partner to teach parenting classes in FY 2019-2020.

The third activity funded through the Prevention category is a portion of a position at the Walker Senior Center. Located in remote Walker, CA, the Senior Center is the fixture of a community that is 34 percent 60 years and older (2010 Census). This program is operated by Mono County Social Services and includes daily lunches for seniors, a welcoming area to spend time during the day, and structured activities ranging from games to informative learning sessions. The position funded through PEI has received training on Healthy IDEAS, a depression screening tool for seniors and is trained on how to refer individuals to MCBH for services. Through this partnership with the Walker Senior Center, MCBH has the goal of reducing isolation and building community supports, both of which have been identified as needs in the Community Program Planning Process. It recently came to the attention of the MHSA Coordinator that MCBH is not collecting the required PEI data from this program. This data collection will begin as soon as possible.

The largest program funded in the PEI category is the Mammoth North Star Counseling Center, which is a school-based counseling service that targets K-12 youth. Although families as served collaterally, North Star's target population is 100% youth. The purpose of the North Star counseling center is to provide quality, culturally relevant, low-cost counseling services to Mono County students and their families. This school-based counseling center focuses on prevention and early intervention strategies and treatments.

North Star's mission is to improve the lives of the clients we serve by providing tools and insights so clients can better recognize, confront and understand their challenges. All counseling services are confidential. North Star is focused on prevention and early identification of mental health issues for students in grades K-12. This program utilizes a framework of prevention and early intervention strategies that encourages the school and the community to implement programs and services that meet local needs.

Students are referred to the North Star program by teachers; students are then assessed by a therapist on the school campus. Some of the most critical issues that the therapist seeks to identify are early onset anxiety disorders, depression, and psychotic disorders. Youth who don't meet medical necessity for individual therapy are offered the opportunity to join peer support

groups. These groups, which are considered a prevention activity, use the evidence-based Strong Kids curriculum and are designed to build resilience and promote social emotional learning.

Thanks to this referral and screening process, MCBH believes that fewer students "fall through the cracks." Additionally, North Star has helped reduce mental health stigma in the community and provided a safe place where students and their families can seek needed services. North Star has also developed a strong and trusting relationship with Mammoth Unified School District and the Mono County Office of Education – therapists, teachers, and administrators often work collaboratively to refer students to the program and respond to crises.

In FY 2018-2019, this program served students ranging in age from five to eighteen. Presently, individual progress is tracked with the GAD-7 anxiety scale and the PHQ-9 depression scale. In FY 2018-2019, MCBH began using the Strong Kids curriculum for all its school groups; this program includes a validated pre- and post-test.

Outreach for Increasing Recognition of Early Signs of Mental Illness

In FY 2018-2019, MCBH sponsored 12 trainings as part of its Community Trainings program.

In FY 2019-2020, MCBH is focusing its efforts in this category around trainings for teachers and school staff on identifying early signs of mental illness, understanding Adverse Childhood Events scores, and preventing suicide. Trainings will take place at Eastern Sierra Unified School District middle and high schools (Lee Vining and Walker/Coleville). Additionally, MCBH is planning to contract with a local professional to become trained in Mental Health First Aid and then to sponsor several community trainings; however, this effort will be funded under Workforce Education and Training.

Finally, staff at MCBH have been working closely with the Toiyabe Indian Health Project, including participating in the 2018 suicide prevention Walk for Life.

Access and Linkage to Treatment

In FY 2018-2019, MCBH hired a Walker-based case manager to focus on PEI activities in the northern part of Mono County. This staff member is a key part of MCBH's access and linkage program. Within the Walker/Coleville schools, she started a once-weekly after school cooking class program for high school students, participated in conflict resolution at recess, and offered in-class yoga. Within the community more broadly, she conducts regular outreach to the isolated Mountain Warfare Training Center Marine Corps Base, attending social events and building relationships with service members and their families.

In FY 2019-2020, this staff member expanded her in-class yoga offerings and is now serving approximately 30 students per week. She is continuing her after school cooking program and hosts weekly Mommy and Me Yoga and Family Arts and Crafts groups at the Walker Wellness Center. She is offering the Strong Kids curriculum to students who need extra support and she is

working one-on-one in a play-based setting with youth who have been identified as needing extra support and a relationship with a caring adult.

In both FY 2018-2019 and FY 2019-2020, the Strong Kids curriculum was also offered to Lee Vining schools. Additionally, a therapist offers individual services in both Walker and Bridgeport once per week, as needed.

Stigma and Discrimination Reduction

To reduce stigma and discrimination, MCBH engages in several activities through its Community Engagement Program, including English and Spanish Facebook pages, tabling at health fairs and other community events, and participating in other community events as requested. Social media outreach and tabling at events have both been on-going activities for several years.

In FY 2018-2019, MCBH also hosted a Spanish-speaking women's support group called Circulo de Mujeres (Circle of Women). This program focused directly on reducing stigma and the effects of discrimination among Spanish-speaking Latina women. In FY 2019-2020, this program is on hold due to lack of facilitator; however, MCBH hopes to revive it as soon as a new facilitator is identified.

MCBH had originally planned to conduct a community outreach campaign in FY 2018-2019; however, based on capacity challenges, this campaign has been delayed indefinitely.

In FY 2018-2019, MCBH also increased its collaboration with Cerro Coso Community College in Mammoth Lakes, including tabling between classes on Tuesday evenings several times per month and several class presentations. In FY 2019-2020, MCBH is partnering with a student ambassador passionate about behavioral health to plan and execute at least one event each semester to raise awareness on campus.

PEI Achievements

In FY 2018-2019, the department created a PEI position based in Walker, CA, that provided a range of programming in ESUSD schools and effectively built relationships with service members and families at the local Marine Base. MCBH also offered the evidence-based Strong Kids Curriculum for school groups across all schools. Finally, as of FY 2019-2020, MCBH has planned trainings with school faculty and staff in its outlying areas on how to recognize the signs of suicide and onset of mental illness.

Challenges or barriers and strategies to mitigate

MCBH's PEI programs still lack some evaluation components, which is evident in the confidential version of the PEI Evaluation Report submitted to the Mental Health Services Oversight and Accountability Commission in June 2019. MCBH has also identified a need for bilingual service providers to offer parenting classes, a women's support group, and serves at North Star

Counseling Center. MCBH also partnered with the Northern Mono Hospice to provide a Grief Support Group in FY 2018-2019, but attendance was inconsistent.

List any significant changes in Annual Update, if applicable

The most significant change is related to MCBH's updated reversion plan. Based upon further fiscal analysis, MCBH has determined that it has expended funds that were reverted and reallocated to the County on existing programming and will therefore not be funding a "housing stability program." Instead, the department will be funding housing initiatives through CSS. MCBH also made the decision not to move forward with the previously mentioned community outreach campaign due to lack of existing capacity. Finally, MCBH was also not able to fund parenting classes in FY 2018-2019.

THREE YEAR PREVENTION & EARLY INTERVENTION EVALUATION REPORT (FY 2016/2017 - FY 2017/2018): AGGREGATED DATA

Background & Purpose

This Prevention and Early Intervention (PEI) report contains aggregated data from all Mono County Behavioral Health's (MCBH) PEI programs. A separate supplementary confidential report, which contains protected health information, was submitted to the Mental Health Services Oversight and Accountability Commission (MHSOAC) through its secure file transfer system on June 29, 2019. The California Code of Regulations (CCR), Title 9, Sections 3560.010, requires specific data to be collected by counties and reported annually. Examples of demographic information that must be collected and reported by the county annually includes: race, ethnicity, age, sexual orientation, and gender. These data allow the MHSOAC to ensure that all counties are meeting PEI requirements within their programs.

MCBH funds a variety of programs with its PEI funds, including the Peapod Playgroup Program, North Star Counseling Center (group and individual services), community trainings, school groups in outlying communities, a Spanish-language Facebook page, and a support group for Spanish-speaking women. MCBH has collected demographic and outcome data for some, but not all of these programs. In some cases, it is not possible to collect these data due to the nature of the program and in some cases the data collection was not completed due to lack of capacity.

Program Descriptions

Peapod Playgroup Program

The Peapod Program targets children from birth to five years old and their parents in six communities throughout Mono County. Every year, there are 3-4 Peapod sessions in each location; each session consists of 10 weekly playgroups in which parents and children gather together. The program is peer-run (peer-leaders go through a training program) and consists of structured activities for parents and children to participate in together. This provides time for children and their parents to socialize in rural, geographically remote communities where it is easy for families to feel alone. It also provides parents with a forum to ask developmental questions about their children, discuss problems they are having at home, and seek out services with licensed professionals. Target population: Families isolated due to geographic remoteness and the responsibilities of raising small children.

North Star Counseling Center Group Services

Mammoth North Star Counseling Center is a school-based counseling service that targets K-12 youth. The purpose of the North Star counseling center is to provide quality, culturally relevant, low cost counseling services in both individual and group settings to Mono County students and

their families. This school-based counseling center focuses on prevention and early intervention strategies and treatments. In FY 2017-2018, North Star Counseling Center offered six groups on the following topics: Resilience, Social Skills, Healthy Belonging, and Communication. Target population: Students served by the Mammoth Unified School District and the Mono County Office of Education.

North Star Counseling Center Individual Services

Mammoth North Star Counseling Center is a school-based counseling service that targets K-12 youth. The purpose of the North Star counseling center is to provide quality, culturally relevant, low cost counseling services in both individual and group settings to Mono County students and their families. This school-based counseling center focuses on prevention and early intervention strategies and treatments. Target population: Students served by the Mammoth Unified School District and the Mono County Office of Education.

Community Outreach & Trainings

MCBH did not conduct a formal Outreach for Increasing Recognition of Early Signs of Mental Illness program in FY 16-17 or FY 17-18; however, MCBH constantly does mental health outreach and engages in community partnership building. Settings for this outreach include: Mammoth Unified School District, Eastern Sierra Unified School District, Mono County Office of Education, Mammoth Hospital, Sierra Park Clinic, Mono County First Responders, Mono County agencies, Mono County Sheriff, Mammoth Lakes Police Department, Rotary, and other community organizations. The types of potential responders include: teachers, school administrators, other school staff, doctors, nurses, other medical professionals, first responders (fire, EMT, law enforcement), County staff, and general community members and leaders. The estimated number of potential responders is 200. Due to the informal nature of this outreach, MCBH does not have demographic information to report.

One of the key trainings that MCBH helped facilitate in FY 17-18 was a Crisis Intervention Training (CIT). 54 people from 8 different agencies attended this training. Additionally, MCBH's director did a presentation on crisis and referrals for five emergency department staff at Mammoth Hospital. Target population: Providers and staff from partner agencies in Mono County.

Eastern Sierra Unified School District Groups in Outlying Communities

MCBH offers school groups in ESUSD (Eastern Sierra Unified School District) Schools. In FY 2016-17, the MCBH Director noticed that among ESUSD schools, high rates of students were reporting sad or hopeless days (as measured by the California Healthy Kids Survey). To address this issue, case managers started reaching out to the schools and establishing mental health-related groups based on the schools' identified needs. Students in need of individual or more intensive services are linked to treatment through these groups.

In FY 2017-2018, MCBH staff offered a "menu" of school groups to ESUSD schools. This menu included such options as conflict resolution, self-esteem, and resilience. During the course of the school year, MCBH staff facilitated one group at Lee Vining Elementary School that consisted of four sessions on conflict resolution and appropriate expression of emotions. Five fifth graders

participated in this group. Although groups were offered to Bridgeport and Walker/Coleville schools, these campuses did not identify students in need of group services. Unfortunately, demographic data were not collected for these groups; however, it is important to note that the groups offered in FY 2018-2019 do collect both demographic and outcomes data. Additionally, beginning in FY 18-19, MCBH hired a PEI employee to work in the Coleville/Walker communities and schools, so MCBH now has a more robust program in this area of the county. Target population: Students served by Eastern Sierra Unified School District.

Salud Mental Facebook Page

Created on February 2, 2016, the Salud Mental Mono County Facebook page is designed to reduce stigma and discrimination among the local Latino/Hispanic community. All posts are in Spanish first. Additionally, it helps advertise events at MCBH, especially those for Spanish speakers, and it helps improve access to services. Target population: Spanish-speaking individuals in Mono County.

Circulo de Mujeres

The women's support group, Circulo de Mujeres (Women's Circle), focuses directly on reducing stigma and the effects of discrimination. The goal of Circulo is to provide a safe space where Spanish-speaking Hispanic women can build friendships, support one another, and have fun. The group focuses on mindfulness and healing, creating a connection with Latina heritage, celebrating and discovering oneself, and learning tools and tips for everyday life. It was started at the very end of FY 16-17 and continued through FY 17-18. Target population: Spanish-speaking Hispanic women in Mammoth Lakes, CA.

Suicide Prevention Trainings for Teachers & Staff

In FY 16-17, MCBH did not participate in a formal suicide prevention program. In FY 17-18, MCBH staff participated in Mammoth Unified School District's suicide prevention planning. Additionally, Director Robin Roberts did two presentation on suicide prevention: one to 32 Mammoth High School staff and one to 20 Mammoth Middle School staff. The demographic data available on these staff is reported below, along with outcomes data from each presentation. Target population: Teachers and staff at Mono County schools.

Aggregated Demographic Information: FY 2016-2017

Per the PEI regulations, MCBH has combined the metrics and demographics for all of its PEI programs for 2016-2017 in the table below. MCBH has reported the demographics disaggregated by program in a confidential report submitted to the state. Please note that there are many pieces of missing data, so **these data should not be considered valid or complete.** During FY 16-17, systems were not in place to capture this data from all our programs. Since then, MCBH has been working diligently year over year to improve its data collection capabilities.

Metrics/Demographics	Totals	
Overall		
Unduplicated individuals served		
Families Served	199	
Children served	281	
Number of individuals referred to MCBH	0	
Number of individuals who followed through	0	
Average time between referral and participation in treatment	0	
Average duration of untreated mental illness	0	
Age		
Children/Youth (0-15)	33	
Transition Age Youth (16-25)	28	
Adult (26-40)	6	
Adult (41-59)	2	
Older Adult (60+)	2	
Prefer not to answer	0	
Race		
American Indian or Alaska Native	0	
Asian	0	
Black or African American	0	
Native Hawaiian or other Pacific Islander	2	
White	24	
Other	45	
More than one race	0	
Prefer not to answer	0	
Ethnicity		
Hispanic/Latino	14	
Caribbean	0	
Central American	0	
Mexican/MexicanAmerican/Chicano	31	
Puerto Rican	0	
South American	0	
African	0	
Asian Indian/South Asian	2	
Cambodian	0	
Chinese	0	
Eastern European	0	
European	14	
Filipino	0	
Japanese	0	
Korean	0	
Middle Eastern	0	
Vietnamese	0	

	Other	0
	More than one ethnicity	0
	Prefer not to answer	0
Primary Language		
	English	38
	Spanish	33
	Other	0
	Prefer not to answer	0
Sexual Orientation		
	Gay or Lesbian	4
	Heterosexual or Straight	67
	Bisexual	0
	Questioning or unsure of sexual orientation	0
	Queer	0
	Another sexual orientation	0
	Prefer not to answer	0
Disability		
	No	60
	Difficulty Seeing	0
	Difficulty hearing, or having speech understood	0
	Other communication disability	0
	Learning disability	7
	Developmental disability	4
	Dementia	0
	Other mental disability not related to mental health	0
	Physical/Mobility disability	0
	Chronic Health Condition/chronic pain	0
	Other	0
	Prefer not to answer	0
Veteran Status		
	Never served in the military	71
	Currently active duty	0
	Currently reserve duty or National Guard	0
	Previously served in the US military and received an honorable	
	or general discharge	0
	Previously served in the US military and received entry-level	
	separation or other than honorable discharge	0
	Served in another country's military	0
	Other	0
	Prefer not to answer	0
Gender Identity		
	Male	37
	Female	34

	Transgender male	0
	Transgender female	0
	Genderqueer/gender non-conforming	0
	Questioning/unsure of gender identity	0
	Another gender identity	0
	Prefer not to answer	0
Sex assigned at birth		
	Male	37
	Female	34
	Other	0
	Prefer not to answer	0

Aggregated Demographic Information: FY 2017-2018

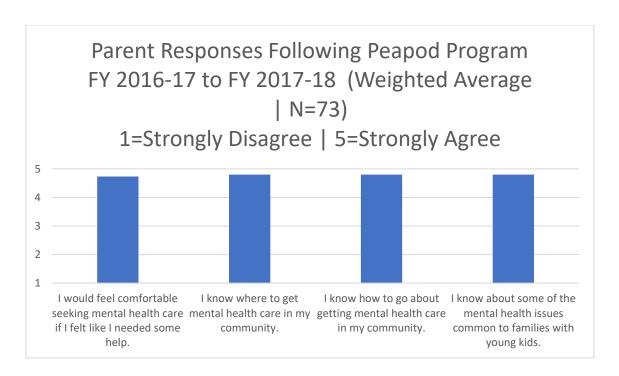
	Metrics/Demographics	Totals	
Overall	Overall		
	Unduplicated individuals served	444	
	Families Served	206	
	Children served		
	Number of individuals referred to MCBH	4	
	Number of individuals who followed through	4	
	Average time between referral and participation in treatment	0	
	Average duration of untreated mental illness	0	
Age			
	Children/Youth (0-15)	107	
	Transition Age Youth (16-25)	52	
	Adult (26-59)	62	
	Older Adult (60+)	7	
	Prefer not to answer	3	
Race			
	American Indian or Alaska Native	0	
	Asian	8	
	Black or African American	2	
	Native Hawaiian or other Pacific Islander	2	
	White	87	
	Other	96	
	More than one race	7	
	Prefer not to answer	5	
Ethnicity			
	Hispanic/Latino	40	
	Caribbean	0	
	Central American	0	

	Mexican/MexicanAmerican/Chicano	58
	Puerto Rican	0
	South American	0
	African	0
	Asian Indian/South Asian	3
	Cambodian	0
	Chinese	2
	Eastern European	2
	European	85
	Filipino	1
	Japanese	0
	Korean	0
	Middle Eastern	0
	Vietnamese	1
	Other	5
	More than one ethnicity	4
	Prefer not to answer	7
Primary Language		
, ,	English	123
	Spanish	69
	Other	18
	Prefer not to answer	2
Sexual Orientation		
	Gay or Lesbian	8
	Heterosexual or Straight	182
	Bisexual	0
	Questioning or unsure of sexual orientation	0
	Queer	0
	Another sexual orientation	2
	Prefer not to answer	4
Disability		
	No	146
	Difficulty Seeing	0
	Difficulty hearing, or having speech understood	0
	Other communication disability	0
	Learning disability	10
	Developmental disability	2
	Dementia	0
	Other mental disability not related to mental health	4
	Physical/Mobility disability	0
	Chronic Health Condition/chronic pain	0
	Other	0
	Prefer not to answer	7

Veteran Status		
	Never served in the military	168
	Currently active duty	0
	Currently reserve duty or National Guard	0
	Previously served in the US military and received an honorable	
	or general discharge	0
	Previously served in the US military and received entry-level	
	separation or other than honorable discharge	0
	Served in another country's military	0
	Other	2
	Prefer not to answer	1
Gender Identity		
	Male	93
	Female	112
	Transgender male	0
	Transgender female	0
	Genderqueer/gender non-conforming	0
	Questioning/unsure of gender identity	0
	Another gender identity	0
	Prefer not to answer	4
Sex assigned at		
birth		
	Male	73
	Female	95
	Other	0
	Prefer not to answer	3

Program Outcomes

Program Outcomes are publicly available for the Peapod program and listed below, while other programs are so small that we are not able to report on their outcomes. It is MCBH's intention to move toward a model in which all PEI programs always measure at the following two items as a point-in-time measure at the end of a program: "I would feel comfortable seeking mental health care if I felt like I needed some help" and "I know how to go about getting mental health care in my community." Measuring these two items across all PEI programs will give the Department a universal set of PEI outcomes to report in its public evaluations.



MCBH can also report on the following process outcomes for its PEI programs:

Number of groups, classes, events in FY 2016-2017: 158 Number of groups, classes, events in FY 2017-2018: 179

Salud Mental Facebook Page

FY 2016-2017: 37 followers

Posts	25	
Likes	30	
Shares	9	
Comments	8	

FY 2017-2018: 51 followers

Posts	31	
Likes	27	
Shares	34	
Comments	0	

MCBH recognizes that it still has significant room for improvement in the development and collection of meaningful outcomes and demographic data across its PEI programs. MCBH plans to eventually use the data collection tools developed through a partnership between the County Behavioral Health Directors Association MHSA Committee and Center for Integrated Behavioral Health Solutions for the Measurements, Outcomes, and Quality Assurance (MOQA 3) project.

INNOVATION

Eastern Sierra Strengths Based Learning Collaborative

In September 2017, the Mental Health Service Oversight and Accountability Commission (MHSOAC) approved MCBH's Innovation project, entitled Eastern Sierra Strengths-Based Learning Collaborative. Through stakeholder focus groups and staff discussions, MCBH identified a need for project extension both in terms of time and funding. This extension request was approved by both the Mono County Board of Supervisors and the Mental Health Services Oversight and Accountability Commission (3/28/19). For the full extension, please see the MHSA 2018-2019 Annual Update. The new project end date is January 30, 2020.

For this Innovation plan, Mono County has developed a regional collaborative called the Eastern Sierra Strengths Based Learning Collaborative with the neighboring Counties of Inyo and Alpine. The Collaborative focuses on training County staff and partners on the Strengths Model, developed by the University of Kansas School of Social Welfare. Nine sessions are being facilitated by an expert trainer/coach from the California Institute for Behavioral Health Solutions (CIBHS) over a period of 18 months to assist in skill development for staff in order to provide improved services to clients, prevent staff burn out, and integrate this best practice in the three counties.

The project has been successful thus far and has contributed to increased collaboration between the three county departments, including sharing of information about processes, programs, and practices. Staff have found traveling to the other counties for trainings to be interesting and enjoyable, and most importantly, staff report that the Strengths Model is having a positive impact on their work with clients. Staff in Mono County have implemented the weekly Strengths Model Group Supervision, in which staff members brainstorm ideas to help clients gain movement around their goals. Additionally, many staff are using Strengths Assessments and Personal Recovery Plans (two of the key tools in the Strengths Model) on a weekly basis.

Despite these early successes, MCBH staff (the project stakeholders) and the project consultants have identified areas where implementation could be bolstered by additional support. Diving into the project has also challenged MCBH staff and project consultants to consider several additional learning questions. Within several months of launching this Innovation project, MCBH realized that supervising the local implementation of this project was an unrealistic workload for one supervisor. A solution for this problem — ultimately identifying several "Strengths Model Champions" among other staff — took time to develop and refine, placing MCBH a bit behind the implementation curve. As it relates to capacity, our staff members "wear many hats": all staff participate in almost all of what is offered by our mental health side of the department. This can mean that trainings can be disruptive to other aspects of our daily works schedules; making our learning process a little slower than you might see in a larger, more specialized department.

MCBH also encountered a second critical hurdle related to involving its community partners. Although MCBH worked with community partners in preparing for this Innovation Project, the department overestimated the ability and time for community partners to travel to and attend these trainings. Additionally, because the content builds from session to session, if partners miss one session, it can be challenging to be "up to speed" and feel like part of the "learning collaborative cohort." These challenges are also discussed in MCBH's Annual Innovation Plan Update.

In order to implement this Innovation Project as originally planned, MCBH would like to request a time extension of four months (originally the project ended in October 2019, now would end January 2020) and approval to spend an additional \$84,935. This extension of time and funds would allow more one-on-one coaching with staff, additional training in Motivational Interviewing (MI) techniques, more in-person time in Mono County for facilitators to engage with and train community partners, and additional funds for more qualitative evaluation. The one-on-one coaching and additional MI training would help provide additional support to staff who are serving as the "project champions" and ensure that other staff have an opportunity to really hone their Strengths Model skills with the help of experts.

Adding more in-person time in Mono County for facilitators to engage with and train community partners will help alleviate the challenges around time and travel that have come up since implementation. It will also allow the facilitators to tailor the content specifically to the partners attending and break the Strengths Model down appropriately.

This extension to the project will help MCBH address such new learning questions as "How will community partners benefit from in-person, tailored training?" and "Will additional MI training and one-on-one coaching help build staff capacity in Mono County?"

Technology Suite

This project, implemented in multiple counties across California, is bringing interactive technology tools into the public mental health system through a highly innovative set or "suite" of applications designed to educate users on the signs and symptoms of mental illness, improve early identification of emotional/behavioral destabilization, connect individuals seeking help in real time, and increase user access to mental health services when needed. Counties will pool their resources through the Joint Powers Authority, CalMHSA, to jointly manage and direct the use of selected technology products.

Innovation serves as the vehicle and technology serves as the driver, promoting cross-county collaboration, innovative and creative solutions to increasing access and promoting early detection of mental illness and signs of decompensation, stopping the progression of mental illness and preventing mental illness all together.

The MHSOAC first approved Mono County Behavioral Health to participate in the Technology Suite on February 22, 2018. Due to unforeseen circumstances, however, Mono County did not begin expending funds on this project until October 18, 2019. Mono County has been informed by MHSOAC staff members that October 18, 2019 will now serve as the new start date for this project. The original approved project timeline was 15 months. MCBH has requested an extension of seven months to create a total project timeline of 24 months. The new anticipated end date will be October 18, 2021. MCBH sent a letter to the MHSOAC informing them of this extension request on 10/24/19. See Appendix F for a copy of this letter and a screenshot of the email sent.

INNOVATION ANNUAL PROJECT REPORTS

Eastern Sierra Learning Collaborative Annual Project Report:

At the end of FY 2018-2019, MCBH staff had participated in several of the activities outlined in the project plan extension including a two-day Motivational Interviewing Training, implementation of Motivational Interviewing Supervision, and one-on-one coaching. MCBH also focused on gathering data, both qualitative and quantitative, to address its primary learning questions:

- 1. MCBH's <u>first goal</u> to learn or better understand how to facilitate cross-county and inter-agency collaboration. We want to learn exactly what steps need to take place for counties to come together and identify needs, identify solutions, and implement those solutions using shared resources. What additional steps need to be taken to include other county partners in such collaboratives?
- 2. MCBH's <u>second goal</u> is to learn or better understand what factors serve as facilitators or barriers to cross-county collaboration, specifically from a bureaucratic standpoint. This will allow MCBH to understand what systems or resources need to be in place for such a Collaborative to be successful.
- 3. MCBH's <u>third goal</u> is to learn or better understand the benefits of such a collaboration in remote, rural environments. What is the value of "cross-pollinating" staff within these three small departments and the community partners? Will staff be better equipped to leverage resources and make referrals to services across county lines (especially related to local agencies that already have a cross-county presence like IMACA and Wild Iris)? What other unforeseen benefits might this collaboration have?
- 4. MCBH's <u>fourth goal</u> is to learn how community partners will benefit from in-person tailored training.
- 5. MCBH's <u>fifth goal</u> is to learn how Motivational Interviewing training and one-on-one coaching will help build staff capacity in Mono County.

MCBH will primarily use a process evaluation to track the implementation of the Eastern Sierra Strengths Based Learning Collaborative. The progress made thus far is outlined below:

Progress in FY 2017-2018 through 2018-2019:

- Identify Individual County Needs
- Directors Meet & Discuss Common Needs & Goals
- Research Potential Solutions
- Directors Agree on Solution & Create Timeline

- Directors Discuss Funding
- Directors Discuss Solution with Leadership & Staff (build buy-in/political will) Ongoing
- Develop Strategies to Overcome Barriers Ongoing
- Refine/Adjust Timeline Ongoing
- Write Any Necessary Plans/Applications
- Public Comment/BOS/MHSOAC Approval (if needed)
- Contract Signed
- Schedule Sessions
- Plan Travel
- Account for Client Scheduling Ongoing
- Pay All Expenses *Ongoing*
- Conduct Learning Sessions
- Conduct Additional Training/Support In-Person as Needed *Goal: January 31, 2019-December 30, 2019*
- Conduct Evaluation Goal: December 1, 2019-January 30, 2020
- Disseminate Results Goal: Complete by January 30, 2020

MCBH looks forward to producing the deliverables outlined in the full Innovation plan upon the plan's completion on January 30, 2020.

Technology Suite Annual Project Report:

Although MCBH began participating in the planning components of the Technology Suite in spring 2018, MCBH did not begin expending funds until October 2019. This marked the new start date for the project. For activities completed in FY 2017-2018, please see MCBH's MHSA 2018-2019 Annual Update. MCBH participated in very few Technology Suite activities during FY 2018-2019 due to lack of staff capacity and a reorganization of the project management. In FY 2019-2020, MCBH is awaiting further development on the part of the large counties involved in the project before putting its full staff power into the project.

WORKFORCE EDUCATION AND TRAINING

The Workforce Education and Training (WET) program includes five different funding categories, including Training and Technical Assistance (TA), Mental Health Career Pathway Programs, Residency and Internship Programs, Financial Incentive Programs, Workforce Staffing Support. MCBH does not presently have a full time WET Coordinator. Instead this position is filled by the MHSA Coordinator, Amanda Greenberg, MPH. See WET Table 1 below for a summary of these programs, which promote community collaboration, cultural competence, and wellness and recovery.

WET Table 1. WET Service Categories & Programs/Services

Service Category	Training & TA	Residencies & Internships	Financial Incentives
Programs and Services	Trainings & Conferences	Staff Supervision	 Loan Assumption Program

Training and Technical Assistance (TA):

MCBH continues to coordinate and fund training, TA, and other related activities for staff members under its Trainings and Conferences Program within the Training and TA funding category. Staff are encouraged to identify their individual and collective training needs and seek out ongoing education both locally and regionally. Department leadership also identifies training needs and opportunities that align with MCBH's vision and mission. In FY 2018-2019, staff completed a historical trauma training facilitated by the Toiyabe Indian Health Project, along with trainings on the Circles of Multi-Cultural Self and other similar topics. Several staff members attended the annual Central Valley Latino Conference and the Gathering of Native Americans Facilitator Training.

In FY 2018-2019, MCBH staff also attended several local trainings, such as a trauma-informed care training, a compassion fatigue training, and a protective factors training. Most importantly, MCBH and its Cultural Outreach Committee have identified the need for a series of in-depth cultural competence trainings that encourage staff from both MCBH and from other partnering agencies to confront their implicit biases and explore topics such as community wellness, white fragility, and cultural competence. The first people in the Cultural Competence Speaker Series were Amanda Machado and Jose Gonzalez. Jose is the founder of Latino Outdoors and is known for his projects around DEI (diversity, equity, and inclusion). Jose has been doing presentations and workshops for different communities across the US. We were honored that Jose Gonzalez

came to Mono County to do a mini workshop to get the conversation started on how we all can be part of the DEI movement in our departments and in our community.

In FY 2019-2020, MCBH plans to bring at least two more subject matter experts to Mono County to offer additional cultural competence trainings and engage staff in true learning. Additionally, in FY 2019-2020, MCBH is contracting a local professional to attend a January train the trainer event for Mental Health First Aid. This individual will then offer up to four Mental Health First Aid Trainings in Mono County over the next 12 months. In early FY 2019-2020, several staff joined Inyo County in participating in a FOCUS training for family therapy. MCBH is funding the ongoing consultation calls for this training. MCBH will also fund training for the mobile crisis response team, as well as internal team building trainings. In order to organize these trainings, MCBH may contract with a local professional.

Mental Health Career Pathway Programs:

MCBH employs several staff members who grew up in Mammoth Lakes, received training in the health and human services field, and then returned to seek employment with MCBH. Although the department does not currently have any formal career pathway programs in place, MCBH participates in the Senior Symposium every year, which helps prepare students for life after high school, including job selection. The department also believes that through its outreach and stigma reduction work, it is making it more possible for individuals to pursue careers in mental health. Although unlikely to launch in FY 2019-2020, MCBH is beginning talks with Cerro Coso Community College to provide local scholarships for students pursuing mental health- or health and human services-related degrees.

Residency and Internship Programs:

In FY 2018-2019, MCBH had one MFT intern; funds from this category were used to pay for time required of the Clinical Supervision and Director to supervise post-graduate interns.

Financial Incentives Programs:

In this program, MCBH pays back up to \$10,000 per year on the principle of student loans related to behavioral health education. MCBH believes that this program has helped retain clinical staff, which is a significant concern in remote Mono County. The department will be continuing this program from 2017-2020 as funds allow. In FY 2018-2019, it came to the attention of department leadership that one individual who was eligible for loan repayment had not registered for the program. As a result, MCBH paid for three years of loan repayment on June 30, 2019. In total, three staff members took advantage of this program in FY 2018-2019. It is anticipated that these three staff members will continue to participate in this program in FY 2019-2020.

Challenges or barriers, and strategies to mitigate | Identify shortages in personnel

Trying to develop a behavioral health specialty within a small, rural county is very difficult due to the small scale of specialist concerns. As a result, most providers at MCBH are more "generalists." Furthermore, to attend off-site trainings in larger cities such as Sacramento, Los Angeles, or San

Francisco often requires at least a half day of travel and a stay overnight. MCBH does not currently have a Workforce Staffing Support program; however, it is the department's hope that the proposed Innovation Plan (Eastern Sierra Learning Collaborative) will help Mono, Inyo, and Alpine Counties develop a Regional Partnership.

Finally, as noted previously in this plan, MCBH has several open positions. When MCBH is able to fill these positions, it will have greater capacity to serve the mental health needs of Mono County residents.

List any significant changes in Three-Year Plan, if applicable

In FY 2019-2020, MCBH will be investing most heavily in its Training and Technical Assistance Program and its Financial Incentive Programs for employee education. The budget included below and in the Updated Reversion Expenditure Plan included as a supplement to this Annual Update reflect these changes. Additional added expense is for the Mental Health First Aid Trainings, trainings for the remote mobile crisis response team, and team building trainings. Additionally, in FY 2018-2019, MCBH discovered that it was not including a key member of its team in the Financial Incentive Program. To alleviate this inequity, the Department contributed \$30,000 toward this loan to account for the three missed years during which the staff member was eligible for the program.

CAPITAL FACILITIES/TECHNOLOGICAL NEEDS

As part of the MHSA Housing Program outlined in the CSS portion of this report, MCBH is planning to a permanent supportive housing project which will provide on-site services through Capital Facilities. For this project, MCBH is planning to partner with Integrity Housing, an affordable housing developer based in Irvine, CA. Additionally, MCBH is preparing to apply for a noncompetitive allocation of \$500,000 from the No Place Like Home (NPLH) program to help fund this housing facility. MCBH has also received technical assistance funds in the amount of \$75,000, with which it is paying for a permanent supportive housing consultant and outside counsel specializing in affordable housing.

MCBH used Technological Needs (TN) funds to purchase and implement a visual electronic health record called ECHO beginning in FY 14-15. Some key benefits and achievements related to ECHO include unified progress notes and treatment planning, the ability to upload pictures of clients into the system, unified scheduling, and ability to upload and stay on track with State reporting required for Mental Health. MCBH is considering an upgrade to ECHO's newest product, ECHOVantage.

Challenges or barriers, and strategies to mitigate

The current challenge to developing housing for individuals with mental illness is a lack of one-to two-acre vacant parcels that fall within the project's budget. A secondary challenge is that when sites are identified, some are not appropriately zoned to allow for the necessary project density. Integrity Housing is presently working with a local realtor to identify sites both on and off the market. The affordable housing developer is also building relationships with the Town of Mammoth Lakes to identify areas of collaboration around both vacant land and any zoning changes or variances that might be needed.

List any significant changes in Three-Year Plan, if applicable

Based on the vast identified community need for workforce and affordable housing, MCBH has allocated resources from Capital Facilities for administrative space in a Permanent Supportive Housing project in FY 2019-2020. At a minimum, MCBH plans to expend the funds up for reversion under AB 114, as reported in its reversion plan.

UPDATED AB 114 REVERSION EXPENDITURE PLAN (UPDATED NOVEMBER 2019)

County Mental Health Plans (Counties) receive state-based funding for mental health services as a result of California Proposition 63 (now known as the Mental Health Services Act or MHSA), which was passed in November of 2004. MHSA provides increased funding to support California's county mental health programs. The MHSA imposes a one percent income tax on personal income in excess of \$1 million to address a broad continuum of community services, supports, prevention, early intervention and services needs and the necessary infrastructure, technology and training elements that will effectively support this system, with the purpose of promoting recovery for individuals with serious mental illness. Counties develop or enhance mental health programs in accordance with State requirements, by engaging in an annual Community Program Planning Process that includes significant stakeholder input and involvement.

This Plan Update focuses on AB 114, which became effective July 10, 2017. This assembly bill stated that unspent MHSA funds up for reversion are now reallocated back to the county of origin for the purpose which they were originally allocated. For example, Prevention and Early Intervention (PEI) funds up for reversion were reallocated to the county for PEI purposes only.

Every county must develop a plan to spend its reallocated funds and post it to the county's website. The county must submit a link to the plan to DHCS (Department of Health Care Services) by July 1, 2018. Each county's Board of Supervisors (BOS) must adopt a final plan within 90 days of the county posting the plan to the county's website. Each county must submit its final plan to DHCS and the MHSOAC (Mental health Services Oversight and Accountability Commission) within 30 days of adoption by the county's BOS. All reverted funds must be expended no later than June 30, 2020. These funds are unlike regular MHSA revenue. They will not renew every year and once they have been spent, the state is not providing additional funding to replace it. The reverted funds are, in a sense, one-time allocations.

Mono County Behavioral Health (MCBH) received two official notices from DHCS regarding funds up for reversion. First, MCBH was notified that \$74,710 in the Prevention and Early Intervention component and \$85,088 in the Innovations component were reverted back to the State and immediately reallocated to MCBH for use before June 30, 2020. MCBH submitted a plan entitled "Mono County Behavioral Health Mental Health Services Act FY 2017-2018 Update: Reversion Expenditure Plan" that met all the requirements outlined above. On June 22, 2018, MCBH received a second official notice of reversion from DHCS.

Upon further conversation with DHCS, officials provided further guidance on the requirements to create a reversion plan for the funds identified by the second notice. They confirmed that MCBH needed to create a "Reversion Expenditure Plan Update" (this plan) and go through the same public process as outlined above. MCBH opted to include the "Reversion Expenditure Plan Update" with its MHSA Annual Update. In the second official notice of reversion, MCBH was notified that \$320,652 in the Prevention and Early Intervention component, \$84,935 in the

Innovation component, \$66,709 in the Workforce Education and Training component, and \$306,021 in the Capital Facilities/Technological Needs component were reverted back to the State and immediately reallocated to MCBH for use before June 30, 2020. That updated reversion expenditure plan discusses how MCBH plans to use these funds before June 30, 2020.

In summer 2019, MCBH found an error on its FY 2016-2017 Annual Revenue and Expenditure Report and submitted an amendment to DHCS. This prompted a re-calculation of funds up for reversion. On July 30, 2019, DHCS informed MCBH that the amount of PEI funds up for reversion had dropped to \$91,310. Additionally, in preparation for this FY 2019-2020 Annual Update and Updated AB 114 Reversion Expenditure Plan, MCBH sought out additional fiscal consulting. The narrative below outlines MCBH's plans to expend its AB 114 funding, as posted in its previous expenditure plans (see links below) and outlines where MCBH has made changes to these plans based on the stakeholder process and expert fiscal consulting. Each of the proposed programs below has been developed through the Community Program Planning Process outlined in MCBH's MHSA FY 2019-2020 Annual Update.

Previous AB 114 Reversion Expenditure Plans:

- https://www.monocounty.ca.gov/sites/default/files/fileattachments/behavioral_health/page/10057/mono_mhsa_fy_17-18_reversion_plan.pdf
- https://monocounty.ca.gov/sites/default/files/fileattachments/behavioral health/page/10
 057/mono mhsa fy 17-18 updated reversion plan final.pdf

Spending Plan by Component

Prevention and Early Intervention (PEI)

Based upon findings in the Spring 2017 Community Program Planning (CPP) Process and in-depth conversations with staff around their current capacity, MCBH created a 0.6 FTE benefitted position in Walker/Coleville, CA, focused on Prevention and Early Intervention. As described in the Access and Linkage to Treatment section of the FY 2019-2020 Annual Update above, this individual has designed and implemented PEI activities in Eastern Sierra Unified School District schools with all ages of children and youth and has conducted outreach and engagement activities with the Antelope Valley Indian Community and the Marine Corps Mountain Warfare Training Center.

Walker and Coleville sit 1.5 hours north of MCBH's main office in Mammoth Lakes. Presently, MCBH employs a part-time Walker Wellness Center Associate who works approximately 10 hours per week. One day per week, an MCBH therapist drives the three-hour round-trip to provide individual services and assist with telepsychiatry. Based on the needs identified in this community, including engagement with the schools, this is simply not enough staffing. MCBH has been thrilled to be able to utilize these PEI funds to provide much-needed services and outreach in one of our underserved, outlying areas.

MCBH had previously identified a Housing Stability Program for the remaining AB 114 PEI expenditures; in this Updated Reversion Expenditure plan, MCBH wishes to report that it will be

devoting funds for housing from CSS and Capital Facilities, and that the Department will be spending its AB 114 PEI funds on existing stakeholder-approved programs.

Innovation

In February 2018, the Mental Health Services Oversight and Accountability Commission approved one Innovation project (the "Technology Suite") that will utilize \$85,000 of the Department's AB 114 INN funds. As described in the Innovation section above, this project has been extended until October 2021. Please see the link below to view this Innovation plan, which includes a description of the stakeholder involvement for this project:

https://www.monocounty.ca.gov/sites/default/files/fileattachments/behavioral_health/page/10057/mono_tech_suite_inn_plan_final.pdf

MCBH has encumbered the remaining AB 114 Innovation funds to fund an extension to its existing Innovation Plan, entitled "Eastern Sierra Learning Collaborative: A County-Driven Regional Partnership." Please see the Innovation Plan Extension Request located in MCBH's MHSA FY 2018-20019 Annual Update for further detail about MCBH's plan and its budget.

• https://www.monocounty.ca.gov/sites/default/files/fileattachments/behavioral health/page/10057/monomhsa fy 18-19 annual update final approved.pdf

Workforce Education and Training

Through work with staff, the MCBH Cultural Outreach Committee, and the Behavioral Health Advisory Board, MCBH has identified a number of trainings and activities in which it would like staff to participate. These include a community wellness training, a white fragility training, and a cultural competence training. MCBH anticipates offering these trainings to other departments as well. MCBH plans to bring subject matter experts to Mono County to offer these trainings and engage staff in true learning. Additionally, trainings will include staff-identified conferences and leadership/professional development opportunities, as well as team building trainings.

As outlined in its Three-Year Plan, MCBH offers a financial incentive program for staff members in which the department will pay up to \$10,000 per year toward the principal of loans for relevant higher education. This is offered as a retention strategy and is extremely valuable in this small county. MCBH offered/is offering this incentive to three staff members for FY 2018-2019 and FY 2019-2020. Finally, the AB 114 WET funds will be used to pay for other existing stakeholder-approved programming.

Capital Facilities/Technological Needs

MCBH previously stated in the MHSA Three-Year Plan for 2017-2020 that it would be dedicating CF/TN funds for a housing project in Mammoth Lakes. The funds up for reversion in this category will be expended for a permanent supportive housing project where MCBH will provide on-site supportive services, as well as existing programming such as on-going maintenance, support, and

licenses for ECHO, MCBH's electronic health record. Please see the CF/TN section above for more information about this project.

MHSA EXPENDITURE PLAN BY COMPONENT 2019-2020

Mono County MHSA Component Expenditure Worksheet 2019-2020

	Component									
	css		PEI		INN		WET	CFTN		PR
FY19/20 Estimated Revenue	\$ 1,371,606	\$	342,902	\$	90,237					
FY19/20 Estimated Expenses	\$ 2,360,000	\$	474,000	\$	144,500	\$	168,000	\$ 672,000		
FY19/20 PR Transfer	\$ 1,266,731								\$	(1,266,731)
FY19/20 CFTN and WET Transfers										
Total in Prudent Reserve (PR)									\$	405,000

Community Services and Supports (CSS) Component Worksheet 2019-20

	FSP	GSD	O&E	Total CSS
CSS Programs				
1 FSP	\$455,000			\$455,000
2 Expansion of case management/supportive services		\$105,000		\$105,000
3 Wellness Centers		\$100,000		\$100,000
4 Crisis intervention/stabilization	\$100,000	\$105,000		\$205,000
5 Supportive Housing Services	\$25,000			\$25,000
6 Community Outreach & Engagement			\$20,000	\$20,000
CSS Administration				\$245,000
CSS Community Program Planning				\$5,000
CSS MHSA Housing Program	\$600,000	\$600,000		\$1,200,000
Total CSS Expenditures	\$1,180,000	\$910,000	\$20,000	\$2,360,000

Prevention and Early Intervention (PEI) Component Worksheet 2019-20

	PEI	OIR	ALT	SDR	Total PEI
PEI Programs					
1 Peapod Playgroups	\$40,000				\$40,000
2 Parenting Classes	\$12,000				\$12,000
3 Walker Senior Center	\$50,000				\$50,000
4 North Star Counseling Center	\$145,000				\$145,000
5 Community Trainings		\$20,000			\$20,000
6 Outreach in Walker Community			\$55,000		\$55,000
7 Community Engagement				\$35,000	\$35,000
PEI Administration					\$112,000
PEI Community Program Planning					\$5,000
Total PEI Expenditures	\$247,000	\$20,000	\$55,000	\$35,000	\$474,000

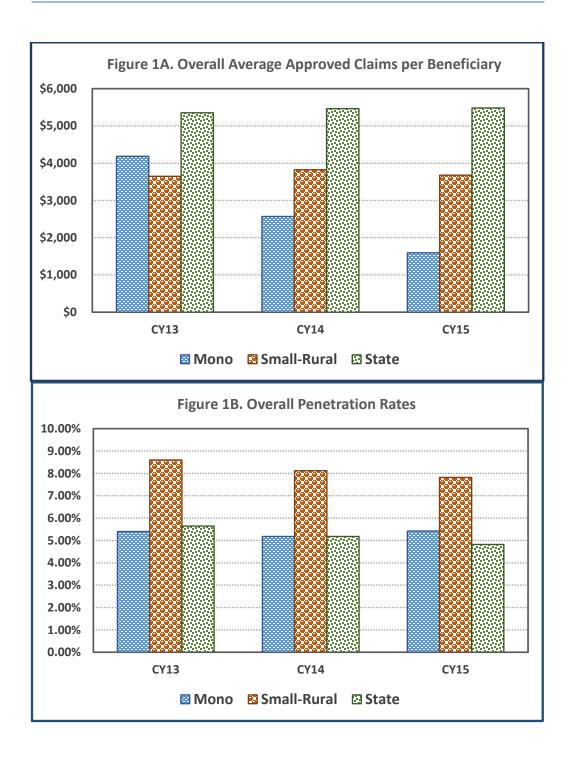
Innovation (INN) Component Worksheet 2019-20

	Total INN
INN Programs	
1 Technology Suite	\$74,500
2 Eastern Sierra Strengths Based Learning Collaborative	\$70,000
3	
4	
5	
6	
7	
INN Administration	
INN Community Program Planning	
Total INN Expenditures	\$144,500

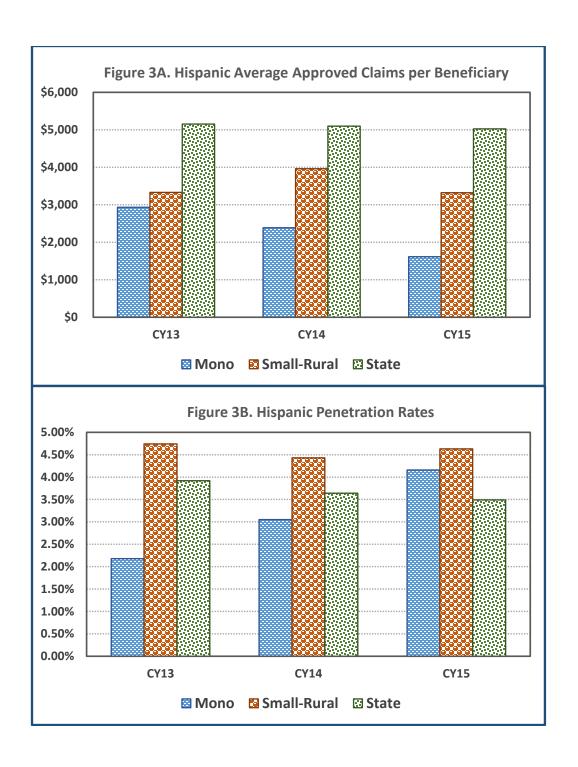
Captial Facilities/Technological Needs (CFTN) Component Worksheet 2019-20

	Total CF/TN
Capital Facility Projects	
1 Permanent Supportive Housing	\$600,000
Capital Facility Administration	\$6,000
Total Capital Facility Expenditures	\$606,000
Technological Needs Projects	
2 Echo Electronic Health Record	\$60,000
Technological Needs Administration	\$6,000
Total Technological Needs Expenditures	\$66,000
Total CFTN Expenditures	\$672,000

APPENDIX A: PENETRATION RATE DATA







APPENDIX B: MHSA ISSUE RESOLUTION PROCESS

Mono County is committed to:

- a. Addressing issues regarding MHSA in an expedient and appropriate manner;
- b. Providing several avenues to file an issue;
- c. Ensuring assistance is available, if needed, for the client/family member/provider/community member to file their issue; and
- d. Honoring the Issue Filer's desire for anonymity.

Types of Issues to be resolved using this process:

- a. Appropriate use of MHSA funds; and/or
- b. Inconsistency between approved MHSA Plan and implementation; and/or
- c. Mono County Community Program Planning Process.

Process:

An individual, or group of individuals, that is dissatisfied with any applicable MHSA activity or process may file an issue at any point within the system. These avenues may include, but are not limited to, the Mono County Behavioral Health Director, MHSA Coordinator, QA/QI Coordinator, Mental Health Providers, Mental Health Committees/Councils.

Issues will be forwarded to the QA/QI Coordinator, or specific designee of the Behavioral Health Director, either orally or in writing.

Upon receipt of the issue, the QA/QI Coordinator, or specific designee of the Behavioral Health Director, will determine if the issue is to be addressed through the MHSA Issue Resolution Process or if it is an issue of service to be addressed by the Mental Health Plan (MHP) Problem Resolution Process. If the issue is regarding service delivery to a client, the issue will be resolved through the MHP Problem Resolution Process.

If the issue is MHSA-related regarding the appropriate use of MHSA funding, inconsistency between the approved MHSA Plan and implementation, or Mono County Community Program Planning process, the issue will be addressed as follows:

- a. Issue Filer's concern(s) will be logged into an MHSA Issue Log to include the date of the report and description of the issue.
- b. The Issue Filer will receive an acknowledgement of receipt of the issue, by phone or in writing, within the MHP Problem Resolution timeframes.
- c. The QA/QI Coordinator, or specific designee of the Behavioral Health Director, shall notify the County's Mental Health Director and MHSA Program Manager of the issue received. The QA/QI Coordinator will investigate the issue while maintaining anonymity of the Issue Filer.
- d. The QA/QI Coordinator, or specific designee of the Behavioral Health Director, may convene an ad-hoc committee to review all aspects of the issue. This review process will follow the existing Problem Resolution timeframes.

- e. The QA/QI Coordinator, or specific designee of the Behavioral Health Director, will communicate with the Issue Filer while the issue is being investigated and resolved.
- f. Upon completion of the investigation, the QA/QI Coordinator, or specific designee of the Behavioral Health Director, shall issue a report to the Behavioral Health Director. The report shall include a description of the issue, brief explanation of the investigation, staff/ad-hoc committee recommendation(s) and the County resolution to the issue.
- g. The QA/QI Coordinator, or specific designee of the Behavioral Health Director, shall notify the Issue Filer of the resolution, by phone or in writing and enter the issue resolution and date of the resolution into the MHSA Issue Log.
- h. MHSA Issues and resolutions will be reported annually in the Quality Improvement Report.

If the Issue Filer does not agree with the local resolution, the Issue Filer may file an appeal with the following agencies: Mental Health Services Oversight and Accountability Commission (MHSOAC); California Mental Health Planning Council (CMHPC); or California Department of Health Care Services (DHCS).

APPENDIX C: DATA TABLES FROM CALIFORNIA HEALTHY KIDS SURVEY

Mammoth Unified School District: Elementary

Grade 5
91
51

	Grade 5 %
School Engagement and Supports	
School connectedness [†]	51
Academic motivation [†]	68
Caring adult relationships [†]	49
High expectations†	57
Meaningful participation [†]	16
School Safety	
Feel safe at school [‡]	90
Been hit or pushed	63
Mean rumors spread about you	59
Been called bad names or mean jokes made about you	60
Saw a weapon at school§	22

Frequency of Being Harassed on School Property

	Grade 5
Been hit or pushed	
No, never	37
Yes, some of the time	41
Yes, most of the time	10
Yes, all of the time	12
Mean rumors spread about you	
No, never	41
Yes, some of the time	37
Yes, most of the time	10
Yes, all of the time	12
Been called bad names or mean jokes made about you	
No, never	40
Yes, some of the time	42
Yes, most of the time	4
Yes, all of the time	14

Question ES A.50, 51, 53: Do other kids hit or push you at school when they are not just playing around?... Do other kids at school spread mean rumors or lies about you?... Do other kids at school call you bad names or make mean jokes about you?

Notes: Cells are empty if there are less than 10 respondents.

Mammoth Unified School District: <u>Middle and High</u>

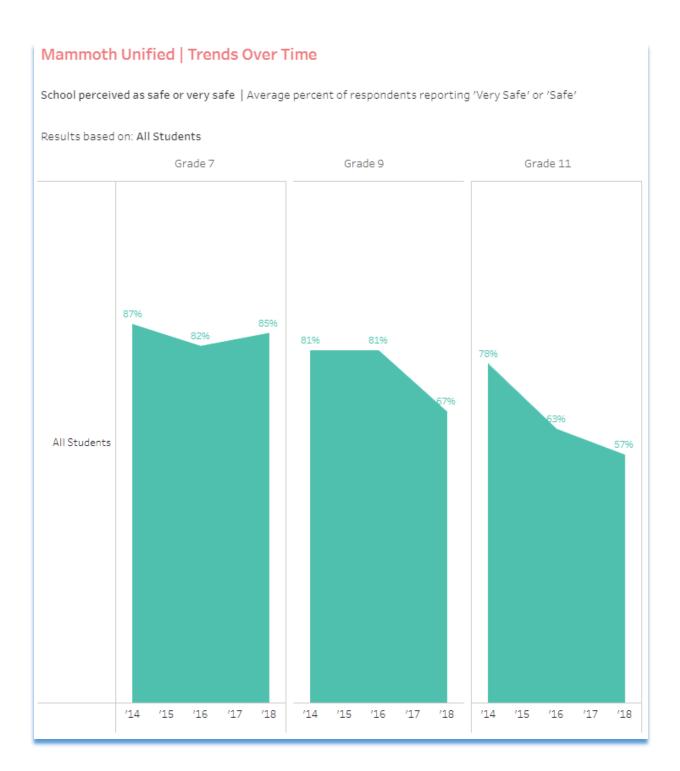
Student Sample for Core Module			
	Grade 7	Grade 9	Grade 11
Student Sample Size			
Target sample	95	91	104
Final number	94	84	81

Seriously Considered Attempting Suicide, Past 12 Months			
	Grade 7	Grade 9	Grade 11
	%	%	%
No	na	80	83
Yes	na	20	17

Question HS A.125: During the past 12 months, did you ever seriously consider attempting suicide? Notes: Cells are empty if there are less than 10 respondents. na—Not asked of middle school students.

Key Indicators of School Climate and Student Well-Being					
	Grade 7 %	Grade 9 %	Grade 11 %		
School Engagement and Supports					
School connectedness [†]	42	21	10		
Academic motivation [†]	54	49	20		
Chronic truancy (twice a month or more often)§	2	4	5		
Caring adult relationships [‡]	46	27	27		
High expectations [‡]	64	38	35		
Meaningful participation [‡]	19	19	7		





	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	86	65	51	_
American Indian or Alaska Native				_
Asian				_
Black or African American				_
Native Hawaiian or Pacific Islander				_
White	79	61	60	_
Mixed (two or more) races	89	69	45	_

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	25	19	24	-
American Indian or Alaska Native				-
Asian				-
Black or African American				_
Native Hawaiian or Pacific Islander				_
White	36	26	17	_
Mixed (two or more) races	23	19	26	_

Notes: Cells are empty if there are less than 10 respondents.

The six reasons include race, ethnicity or national origin; religion; gender (being male or female); sexual orientation; a physical or mental disability; and immigrant status.

• Eastern Sierra Unified School District: Elementary

Student Sample Characteristics Grade 3 Grade 4 Grade 5 Grade 6 Student Sample Size — — 32 37 Final number — — 23 30

75

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
School Engagement and Supports				
School connectedness [†]	-	_	50	50
Academic motivation [†]	-	-	70	59
Caring adult relationships†	_	_	59	53
High expectations [†]	_	_	59	52
Meaningful participation†	_	_	25	20
School Safety				
Feel safe at school [‡]	_	_	68	87
Been hit or pushed	-	_	59	33
Mean rumors spread about you	_	_	62	47
Been called bad names or mean jokes made about you	_	_	55	53
Saw a weapon at school§	_	_	52	45

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6
Been hit or pushed				
No, never	_	_	41	67
Yes, some of the time	_	_	45	27
Yes, most of the time	_	-	9	7
Yes, all of the time	_	-	5	0
Mean rumors spread about you				
No, never	_	_	38	53
Yes, some of the time	_	_	33	33
Yes, most of the time	_	_	10	13
Yes, all of the time	_	_	19	0
Been called bad names or mean jokes made about you	ı			
No, never	_	_	45	47
Yes, some of the time	_	_	36	47
Yes, most of the time	_	_	5	7
Yes, all of the time	_	_	14	0

Question ES A.50, 51, 53: Do other kids hit or push you at school when they are not just playing around?... Do other kids at school spread mean rumors or lies about you?... Do other kids at school call you bad names or make mean jokes about you?

Notes: Cells are empty if there are less than 10 respondents.

• Eastern Sierra Unified School District: Middle

Student Sample for Core Module			
	Grade 6	Grade 7	Grade 8
Student Sample Size			
Target sample	37	43	35
Final number	1	43	22

Key Indicators of School Climate and Student Well-Being						
	Grade 6 %	Grade 7 %	Grade 8 %			
School Engagement and Supports						
School connectedness [†]		41	29			
Academic motivation [†]		47	42			
Chronic truancy (twice a month or more often)§		0	0			
Caring adult relationships [‡]		46	32			
High expectations [‡]		55	55			
Meaningful participation [‡]		26	13			

Chronic Sad or Hopeless Feelings, Past 12 Months				
	Grade 6	Grade 7	Grade 8	
	%	%	%	
No		83	82	
Yes		17	18	

Question HS A.124/MS A.114: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

	Grade 6 %	Grade 7 %	Grade 8
Hispanic or Latino		84	85
American Indian or Alaska Native			
Asian			
Black or African American			
Native Hawaiian or Pacific Islander			
White		85	82
Mixed (two or more) races		89	

	Grade 6 %	Grade 7 %	Grade 8 %
Hispanic or Latino		32	15
American Indian or Alaska Native			
Asian			
Black or African American			
Native Hawaiian or Pacific Islander			
White		14	18
Mixed (two or more) races		37	

Notes: Cells are empty if there are less than 10 respondents.

The six reasons include race, ethnicity or national origin; religion; gender (being male or female); sexual orientation; a physical or mental disability; and immigrant status.

Eastern Sierra Unified School District: <u>High</u>

Student Sa	mple for	Core N	<i>1odule</i>
------------	----------	--------	---------------

	Grade 9	Grade 10	Grade 11	Grade 12
Student Sample Size				
Target sample	29	22	29	20
Final number	29	20	24	16

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No	97	85	58	69
Yes	3	15	42	31

Question HS A.125: During the past 12 months, did you ever seriously consider attempting suicide? Notes: Cells are empty if there are less than 10 respondents.

Key Indicators of School Climate and Student Well-Being

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School Engagement and Supports				
School connectedness [†]	34	30	27	43
Academic motivation [†]	49	40	25	38
Chronic truancy (twice a month or more often)§	3	5	4	13
Caring adult relationships [‡]	33	45	36	54
High expectations [‡]	40	55	36	63
Meaningful participation [‡]	13	15	17	33

Chronic Sad or Hopeless Feelings, Past 12 Months Grade 9 Grade 10 Grade 11 Grade 12 % % % % 76 70 43 38 No Yes 24 30 57 63

Question HS A.124/MS A.114: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Hispanic or Latino	79	70	40	70
American Indian or Alaska Native				
Asian				
Black or African American				
Native Hawaiian or Pacific Islander				
White	88	100	73	90
Mixed (two or more) races				

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Hispanic or Latino	16		36	
American Indian or Alaska Native				
Asian				
Black or African American				
Native Hawaiian or Pacific Islander				
White	6	25	18	40
Mixed (two or more) races				

Notes: Cells are empty if there are less than 10 respondents.

The six reasons include race, ethnicity or national origin; religion; gender (being male or female); sexual orientation; a physical or mental disability; and immigrant status.

APPENDIX D: PRUDENT RESERVE ASSESSMENT CERTIFICATION & SUBMISSION

State of California Health and Human Services Agency Department of Health Care Services

MENTAL HEALTH SERVICES ACT PRUDENT RESERVE ASSESSMENT/REASSESSMENT

County/City:	Mono			
Fiscal Year:	2018-19			
Local Menta	l Health Director			
Name:	Robin K. Roberts, LMFT			
Telephone:	760-924-1740			
Email:	rroberts@mono.ca.gov			

I hereby certify¹ under penalty of perjury, under the laws of the State of California, that the Prudent Reserve assessment/reassessment is accurate to the best of my knowledge and was completed in accordance with California Code of Regulations, Title 9, section 3420.20 (b).

Robin K. Roberts

Local Mental Health Director (PRINT NAME) Signature

Date

¹ Welfare and Institutions Code section 5892 (b)(2) DHCS 1819 (02/19)

Mono County MHSA Prudent Reserve Assessment

2013-14	\$ 1,260,369.61	
2014-15	\$ 1,755,991.51	
2015-16	\$ 1,576,514.98	
2016-17	\$ 1,744,410.99	
2017-18	\$ 1,795,078.70	Through June 2018
TOTAL	\$8,132,365.79	
@ 76%	\$6,180,598:00	
% 5	\$ 1,236,119.60	Calculated Maximum PR Level
@ 33%	\$ 407,919.47	

FW: Mono County MHSA Prudent Reservice Assessment



From: Shirley Martin

Sent: Thursday, June 20, 2019 1:43 PM

To: Hoang, Minh (MHSD-FMOR)@DHCS < Minh. Hoang@dhcs.ca.gov >

Cc: Christensen, Theresa (MHSD-FMOR)@DHCS < Theresa.Christensen@dhcs.ca.gov; Kim, Joseph (MHSD-FMOR)@DHCS

<Joseph.Kim@dhcs.ca.gov>

Subject: RE: Mono County MHSA Prudent Reservice Assessment

Hello,

Attached is Mono County's PR Assessment.

If you have any questions, please let me know.

Thanks, Shirley

APPENDIX E: COMMUNITY PROGRAM PLANNING MCBH STAFF TRAINING



Date

MONO COUNTY BEHAVIORAL HEALTH, ALCOHOL AND DRUG PROGRAMS

COUNTY OF MONO

P.O. BOX 2619 • MAMMOTH LAKES CA 93546 • (760) 924-1740 FAX • (760) 924-1741

9/5/19 Start Time 10:00 End Time 10:30

Meeting Sign In

Print Name	Signature	Position
1. Arranda Gree		mtlsA
2. Louise Gonzala	1 1 11	Popul Spent
3. Annie Linswear	u anny to	Sup
4. RICHARD BONNER	Right Bomean	500
5. Laura Cruz	- Long ly	FTS
6. Luisana Da	va de la	office Assistant
7. John Houset	400 Stu	SVD
8. Reather Ed	Wall Hallly	Psych I
9. January 15	at Musuat	PSych
10.	200.5.000.00	0
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		

MENTAL HEALTH SERVICES ACT (MHSA) & THE COMMUNITY PROGRAM PLANNING PROCESS (CPPP)

WHAT IS THE MHSA?

California voters passed the MHSA (Proposition 63) in 2004. MHSA places a 1% tax on personal incomes over \$1,000,000.

The goal of the MHSA is to transform the public mental health system into one that is consumer & family driven, recovery oriented, accessible, & culturally competent.

Every year MCBH receives an MHSA allocation, which covers some client services, Prevention and Early Intervention programs like North Star, housing projects, innovative projects, trainings, and much more.



Locally, we have some flexibility with our MHSA funds, and to determine how we use them we are required to go through a CPP Process.

WHAT IS THE CPPP?

The CPPP is a stakeholder process in which we seek input on community mental health needs, innovative ideas, and perceptions of existing programs.

Every year as part of our MHSA Plan, we do a CPPP, which includes surveying or talking to clients, family members, members of underserved groups, and a wide variety of community stakeholders/partner agencies.

We also use data gathered from other sources, like the Community Health Needs Assessment, the CA Healthy Kids Survey, and the External Quality Review Focus Group.

When the plan is finished, we post it for 30 days then hold a public meeting for feedback.







THIS YEAR'S CPPP

Community Health Needs Assessment, Community Health Improvement Plan, June Lake Wellness Dinner/Focus Group, meetings with school officials, CA Healthy Kids Survey, Behavioral Health Advisory Board planning exercises, client planning exercises, community planning exercises, public comment period and public hearing

APPENDIX F: TECHNOLOGY SUITE EXTENSION REQUEST LETTER



MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT

COUNTY OF MONO

P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-1741

October 21, 2019

Toby Ewing, Executive Director

Mental Health Services Oversight and Accountability Commission
1300 17th Street, Suite 1000
Sacramento, CA 95811

Dear Mr. Ewing,

I am writing to inform you that Mono County will be extending the current MHSOAC-approved time period for its Innovation Plan entitled, "Increasing Access to Mental Health Services and Supports Utilizing a Suite of Technology-Based Mental Health Solutions" (a.k.a. "The Tech Suite"). The date that this plan was approved by the MHSOAC was February 22, 2018. Due to unforeseen circumstances, however, Mono County did not begin expending funds on this project until October 18, 2019. Mono County has been informed by MHSOAC staff members that October 18, 2019 will now serve as the new start date for this project. The anticipated end date will be October 18, 2021.

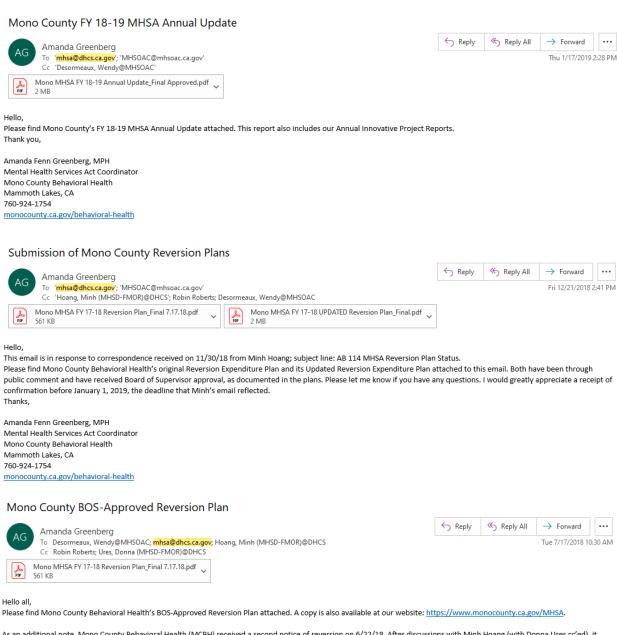
The initial time period approved by the MHSOAC was 15 months. This extension of 7 months would increase the time period to 24 months, which would allow Mono County ample time to locally implement its chosen web and mobile applications. This project will retain its original learning goals and there has been no change to the project's target populations. Additionally, the Mono County Behavioral Health Advisory Board (which also serves as the Mental Health Services Act Steering Committee) is supportive of this decision (see attached minutes from the October 21, 2019 meeting). Please don't hesitate to reach out if you have any questions or concerns.

Sincerely,

Robin K. Roberts

Director, Mono County Behavioral Health

APPENDIX G: MHSA-RELATED SUBMISSIONS TO DEPARTMENT OF HEALTH CARE SERVICES



As an additional note, Mono County Behavioral Health (MCBH) received a second notice of reversion on 6/22/18. After discussions with Minh Hoang (with Donna Ures cc'ed), it was clarified that MCBH can update this reversion plan in the coming months (after going through stakeholder engagement, etc.) to report how we will spend the newly-identified reverted funds. We will be able to do this without penalty of losing the funds identified in the second notice.

Please let me know if you have any questions or concerns.

Thank you,

Amanda Fenn Greenberg, MPH Mental Health Services Act Coordinator Mono County Behavioral Health Mammoth Lakes, CA 760-924-1754 monocounty.ca.gov/behavioral-health

APPENDIX H: MHSA COORDINATOR JOB DESCRIPTION FOR MONO COUNTY BEHAVIORAL HEALTH

MONO COUNTY
BARGAINING UNIT: MCPE

NON-EXEMPT

CLASS CODE

DATE ESTABLISHED: 11/2016

DATE REVISED: 7/2017

MENTAL HEALTH SERVICES ACT COORDINATOR

DEFINITION:

Under limited direction, the Mental Health Services Act (MHSA) Coordinator will lead the planning, development, and implementation of programs funded under the MHSA. This is a diverse and multi-faceted position that includes elements of such positions as evaluation specialist, data analyst, policy analyst, grant writer, researcher, and program coordinator. Responsibilities include, at a minimum, conducting an annual mental health community needs assessment, composing the MHSA Three-Year Plan and Annual Updates, developing program evaluations, and working with stakeholders to develop new programs based upon community needs. Additionally, this position is responsible for the development and the coordination of MHSA permanent residence programs for individuals with mental illnesses, and perform related duties as assigned.

DISTINGUISHING CHARACTERISTICS:

Behavioral Health MHSA Programs Coordinator is a single-position classification responsible for planning, coordinating, and implementing MHSA activities.

REPORTS TO: Behavioral Health Director

CLASSIFICATION DIRECTLY SUPERVISED: None

EXAMPLES OF DUTIES:

- Develops, plans, implements, and directly supervises the implementation of the MHSA program components
- Plans and implements program evaluations for new and existing programs
- Assists with internal audits and participates in external audit processes
- Plans, implements, and builds buy-in for program evaluations to measure target outcomes
- Analyzes and disseminates results from research and evaluation efforts to drive quality improvement efforts

- Works with community leaders, partners, and staff to improve awareness of Behavioral Health Department and MHSA programs
- Ensures needs assessments, quarterly reports, annual updates, and executed contracts comply with laws and regulations
- Writes reports, develops infographics, and gives presentations
- Works with departmental fiscal staff to develop the MHSA annual budget
- Works closely with the Behavioral Health Advisory Board to meet regulatory requirements
- Develops and implements trainings related to the MHSA and MHSA programming and performs other duties of the Workforce Education and Training Coordinator
- Represents the department and participates in State, regional, and local meetings that address MHSA program matters
- Continually evaluates components of the MHSA Three-Year Plan to assess impact and on-going feasibility
- Coordinates the use of technology to implement MHSA and other Behavioral Health Department programs and evaluations
- Produces marketing and outreach materials related to MHSA and Behavioral Health Department programs

TYPICAL PHYSCIAL REQUIREMENTS:

Work is usually performed in an office environment; frequent contact with staff.

DESIREABLE QUALIFICATIONS:

Knowledge of:

- MHSA programs and funding
- Pertinent local, state, and federal laws, regulations, and guidelines
- Basic principles of project management
- Development of training programs and events
- Principles of organization and leadership
- Basic record keeping and report preparation methods
- Principles of behavioral health service provision
- Principles of program planning, including behavior change outcomes, logic models, etc.
- Principles of program evaluation, including identification of target outcomes, data collection methods, survey tool development, survey administration, and data analysis and interpretation
- Educational methods and resources
- Public relations and use of media options to change attitudes
- Data collection methods
- Basic elements of budgeting and fiscal management
- English usage, spelling, grammar and punctuation and basic mathematics
- Microsoft Office suite, including intermediate knowledge of Microsoft Excel

Ability and willingness to:

- Understand, interpret and apply pertinent federal, state, and local laws, regulation, and standards
- Understand and follow complex oral and written instructions
- Plan, coordinate, and implement assigned behavioral health public relations and education programs
- Plan, coordinate, and implement work plans
- Provide staff education and training as assigned
- Conduct research on programs and other subjects as needed
- Facilitate meetings and coordinate public events
- Compile, organize, analyze, and interpret data
- Prepare and present reports in a clear and engaging manner
- Establish and maintain effective working relationships
- Effectively use a computer for word and data processing
- Operate office equipment safely

EDUCATION:

A minimum of a Bachelor's degree from an accredited college or university with major course work in social services, education, marketing, communications, organizational studies, or a closely related field related to community development.

SUBSTITUTION FOR EDUCATION:

Two additional years of administrative, budgetary, or contract experience of the type noted below may be substituted for the Bachelor's degree and two years of the education noted above.

EXPERIENCE:

Two years of increasingly responsible professional or administrative experience, preferably in the behavioral health field utilizing MHSA funding. Preferred experience in the area of educational or promotional programs or projects, finance and budget, grant funds, grant audits, compliance and contract management.

APPENDIX I: COMMUNITY PROGRAM PLANNING PROCESS FLYERS & ADVERTISEMENTS

www.thesheetnews.com

THE SHEET | Saturday, December 7, 2019

BUSINESS

BLACK DOUBT NOW IN THE DISTANT PAST

Local brewery changes both name and location

By Mite
Black Doubt is weeks away from
Black Doubt is weeks away from
moving to a new incation and rehranding the browery as "Distant

Serving:

Co-owner Drew Wallace (the other coowner is Kirk Wallace, Drew's brother),
reassured "Slack Doubt" (nos that this is
just a name change. "We are rebranding
partly because we naveded a new LLC for
the brevery. Bat we are bringing over
the old system and will have a lot of the
servery to its besieved to an braze. same recipes. It is basically two brower-ies now." He told the Sheet in a convenu ain at the new site (in the former police station building flanked by Lyene's Garden of Eat'n and the Sierra Design

The current location of Black Doubt is in the Sierra Center Mall occupying a 1,290-square foot unit next to Charros Taqueria. Wallace said it was officially a nano-brewery due to the size and the small batches they make allowing them to experiment with a variety of flavors. They currently serve some of these unique concoctions such as 'Peanut Butter Cinnamon Imperial Stout,' or the 'Buried: Coconut Purter' which uses fresh coffee from 'Black Velvet'.

Drew grow up in San Diego and moved Mammoth in 2005 right after one of

his buddles taught him how to home brew. He started out as a snowmaking supervisor for the mountain and would homebeev on his porch in his free time. Draw got pretty good at the trade and started inviting his friends over to drisk his experimental beer. In 2015, he opened the nano-hereery Elack Doubs' with the idea of a bigger brower in a bigger space as the end goal. "We were seeing if the browery would work in Mammoth, it was sort of a timof of concept to see if we could take the next

step," said Dore.
About the same time as Drew was About the same time as Deev sup-opening Black Doube, his browfare Kirk in San Diego was just learning how to home brow. Drew mentioned that Kirk was a "long-time beer south," and when Deev was looking to expand he called up his brother. But it wasn't an easy decision, "It took a lot of internal thinking, you know, to decide if I wanted to leave where I lived my whole life. I was leaving my friends and family," Kirk told the Sheet.

Ultimately, Kirk decided to make the mure to Mammoth and join his brother in creating 'Distant Brewing.' He moved herein late 2018 and spent the first couple months living in an BV before



setfling into a place with his fiance. Kirk claimed it was the right decision, "I like the town, it is a lot smaller than Sun Diego. But I like how in a small town you recognize people on the street. And it is really nice to be able to walk/ride every-where because nothing is more than five

Drew expressed similar feelings. "Tike this town even though it is small. The snow can be hard but everything outside is free and fun."

In regard to the name change, Drew told The Sheet, "We are far out. People on vacation travel a long way to get here and we have far out beer for distant people." Assistant Brewer Zach Petersen, hired

this year in preparation for transition to the new location, told the Sheet why he wanted to work for Distant. "They always seemed to have something cracy and new on tap and I wanted to know how they came up with that. The new location has 27 taps to fill. We already have our staples but that many taps lets us get real

weind with it to loop our list full. Super stoked to see what we come up with? The new space triples the occupancy of the old location, 20 people to 30 (and 3,277-separe first), and allows the Beese-ery to highlight what it thinks is impor-tant. We are going to focus on music and set Weight when the most above the and art. We will have two pool tables that we will host tournaments at and we will continue our usual Monday night kara-oke that we have been doing since 2015. The space will allow us to focus on bunds and art that people can showcase," said

Draw.
Another change is the new location
will have food available to patrom. The
menu isn' finalized but Kirk said, "We
""" Universal pizzas and grilled

chesse options."

The Wallace beothers couldn't confirm an official opening date but mentioned it should be open in the next 2-3 weeks. For updates on the grand opening, food items, and the latest small batch recipes, readers can check out their new website www.distantbeer.com







Public Input Sought

Mental Health Services Act **Annual Update**

Mono County Behavioral Health invites community members to:

Access the plan at: www.monocounty.ca.gov/MHSA

Send comments via email to: agreenberg@mono.ca.gov

Share input at a public hearing: December 9th at 3:00 p.m. Social Services Conference Room Sierra Center Mall, Third Floor 452 Old Mammoth Rd in Mammoth

DIALYSIS BLUES

By James

ome patients, former employees Sand others, are very unhappy with some of the changes that have happened at the Toiyabe Indian Health Project's highly regarded, award-winning Dialysis Unit in Bishop, the only clinic within several hundred miles serving a reported 35 dialysis patients.

The drama surrounding the clinic really matters because dialysis keeps people alive ... literally.

The principal complaint against TIHP from several of its dialysis patients is that its Chief Executive Officer, Kori Novak, is putting "profits before patients," a charge she denies. She says the complaints are coming from "former disgruntled staff."

Employees have been threatened (advised) that they could lose their jobs if they speak out on their concerns for patients or continue to voice strong support for the former unit's medical director and nephrologist, Dr. Raffi Minasian and his staff from the KDMG Kidney Disease Medical Group located in Glendale, Calif., which had operated the clinic under contract with TIHP for 9 years.

There are also allegations that Toivabe was attempting to essentially take over the prerenal patients' list belonging to the former Medical Director and try to co-opt them into the Toiyabe Clinic's client base. According to Minasian, his prerenal patients are

referred to his clinic from all over the area from other hospitals and doc tors, and most of them are not Toivabe clients.

Novak denied attempting to get Minasian's patient records, saying that 'I would never tell someone to violate HIPAA regulations."

Accusations of inappropriate relationships by administration were made, well as charges that the clinic's replacement locum doctor had upset patients and several Toiyabe employ ees by inappropriate touching and other inappropriate behavior. (The doctor has since been removed.)

In a sign of just how "nasty" the situation has become, there have been reports of shouting matches in the clinic's lobby between a patient and staff. And then there was also a wholly inappropriate posting on Toiyabe Facebook page on social media designed to humiliate a new clinic employee brought in after the Minasian group left.

Further, there is a charge of racist comments being made by a clinic employee questioning Hispanic patients "legal status." One of those interviewed for this story noted that the new doctor that replaced the Minasian group did not speak Spanish. By comparison, all of Dr. Minasian's staff did.

All-in-all, it's quite the laundry list of alleged wrongdoings and misdeal ing. Even if a mere fraction of it is true, this is one hot mess that clearly needs attention of the Toivabe administration.

Some background: Six weeks of almost daily phone interviews, emails, texts, pages of material, promises of confidentiality, and in-person meetings with over a dozen patients, former employees and concerned health care providers have passed since The Sheet was initially contacted by Caregiver Tammy Emley and Robin Weatherly of Lone Pine, both wives of patients receiving dialysis treatment.

Hope Holmes, a dialysis patient, wrote that "any medical establishment ... that would rob patients of their doctors (that) they have known and trusted, and built relationships with many patients over the course of several years WITHOUT ONE WORD OF NOTICE (???) is the most egregious act I've ever (seen) in my 60 years of experience as a kidney patient, who has been in and out of hospitals from San Francisco to San Diego, and here in the Eastern Sierra." The complaint of a lack of communication, transparency and respect is the most common criticism made by those with whom The Sheet interviewed.

Holmes and Weatherly brought their concerns about the dialysis clinic before an attentive Toiyabe Indian Health Project Board of Directors meeting held on Friday, Nov. 1.

They were advised that there was a process to follow on filing complaints at Toiyabe before they can be brought before the board.

Patients and caregivers speaking to The Sheet are concerned about the clinic's staff with whom they share a close symbiotic relationship. Dialysis patients are delicate in that even the smallest mistake in treatment can have severe consequences requiring hospitalization.

Hemodialysis treatment is one of the most regulated, monitored and documented health services provided to a patient simply because it is so critical. And the government pays for most of it through Medicare and other programs because, frankly, it is very expensive! Unfortunately, for most health care providers, particularly those in rural areas, reimbursement is relatively small.

Former Dialysis Nurse, Manager Valerie Curtis, explained that it is not the clinic or doctors that make money for TIHP, it is the treatments. Doctors can only bill for 4 visits with patients a month (35 patients X 4 = 140 visits at \$100/visit. The clinic, meanwhile, bills \$350 for each treatment.

She points out that the clinic is the one that bills for treatments, not the doctors and not the prerenal clinic run by Minasian. It is Toiyabe gets the lion's share of the money and the

see BLUES, page 9

Public Input Sought

Mental Health Services Act **Annual Update**

Mono County Behavioral Health invites community members to:

- Access the plan at: www.monocounty.ca.gov/MHSA
- Send comments via email to: agreenberg@mono.ca.gov
- Share input at a public hearing: December 9th at 3:00 p.m. Social Services Conference Room Sierra Center Mall, Third Floor 452 Old Mammoth Rd in Mammoth

The Mammoth Orthopedic Institute at Mammoth Hospital

The Only Multi-Specialty Orthopedic

Practice in the Eastern Sierra Proud to offer the shoulder specialty

services of Timothy Crall, MD

Shoulder Replacement

- Hip, Knee and Shoulder Arthroscopy
- Orthopedic Trauma Surgery



Timothy Crall, MD

Timothy Crall, MD co-founded the Mammoth Orthopedic Institute and has been in practice at Mammoth Hospital since 2011. He is board certified in Orthopedic Surgery with a subspecialty Certificate of Advanced Qualification in Sports Medicine from the American Board of Orthopedic Surgery. He specializes in arthroscopic and open reconstruction of shoulder, knee and hip pathology. He has a special clinical interest in shoulder replacement, hip impingement, shoulder instability, and rotator cuff tears.

He serves as a Clinical Assistant Professor of Orthopedic Surgery for the University Of Nevada School Of Medicine. Dr. Crall sits on the Editorial Board for Arthroscopy: The Journal of Arthroscopic and Related Surgery. In that role he frequently reviews papers submitted for publication, and also writes editorial commentaries for the Journal. Dr. Crall serves as a team physician for the US Ski Team and is the Head Team Physician for the Mammoth Mountain Ski and Snowboard Teams

Currently accepting patients in both Mammoth and Bishop locations as part of our team of comprehensive orthopedic specialists.





760.924.4084 www.MammothOrtho.com

La UE y México celebran Reunión de Alto Nivel sobre Asuntos Multilaterales

La subsecretaria para Asuntos Multifaterales y Comisión Europea Impulsará como una de sus Derechos Humanos, Martha Delgado Peralta, realizó una visita de trabalo a Bruselas, Bélgica, para encabezar la Primera Reunión de Allo Nivel sobre Asunios Multilaterales México - Unión Europea y sostener otros encuentros prioritarios Derechos Humanos, Eamon Gilmore, conquien sobre femas de interés mutuo.

En el marco de esta visita, se reunió con Frans Timmermans, primer vicepresidente ejecu-tivo designado de la Comisión Europea, para abordar las perspectivas de la asociación estratégica México – Unión Europea al más alto nivel y las oportunidades de cooperación que perilla el Pacto Verde Europeo que la nueva

más altas priorictados.

Asimismo, sostuvo un encuentro con el representante especial de la Unión Europea para conversó sobre los preparativos del Diálogo de Allo Nivel sobre Derechos Humanos México -Unión Europea que tendrá lugar próximamente. Éste es uno de los diálogos con mayor solidez Institucional en la relación México - Unión Furopea y uno de los ejercicios más avanzados que tiene la Unión Europea con un país tercero en maleria de derechos humanos. Además, propida una activa vinculación con la sociedad civil.



Peru se encuerar a compuesto 7 de innovación en América Latina Perú se encuentra en el

H Indice global de Innovación 2019 desarrollado por World Intellectual Property Organization (WIPO on inglés) ubica a nuestro país en el puesto 7 en América Latina. A nivel mundal, se posiciona en el puesto 69, sublendo dos posiciones con respecto al 2018.

Según el Informe, la economia peruana avanza más en áreas como Capital humano e investigación (puesto 66), Infraestructura (puesto 65) y Productos creativos (puesto 79).

Perù gana posiciones en cap-Ital humano e Investigación debido en parte a la cobertura disponible para indicadores en educación terciaria (puesto 21), matricula terclaria (puesto 28) y graduados en ciencias e lingenierta (puesto 36).

nuestro país sumó un mejor nivel en tecnologías de información y comunicación



(puesto 70) y, en particular, en goblemo digital (puesto 41) y en participación digital (puesto

En cuanto a Innovación, Perú Entretenimiento y medios medios (10).

Deotro lado, el Indice global de Innovación 2019 destaca que

en la Inversión en investigación y desarrollo, así como en el área de colaboración con universidades y la industria, y en el área de Altanza estratégica conjunta. alcaruró buenos resultados en La difusión del conocimiento el sector creatividad en el área presenta una "debilidad relatha", tanto en las exportaciones (puesto 41) y en el área Otros de servicios de tecnología de la Información (TIC) como en las salidas netas de inversión ex-

Solicitación de Comentario Público Acta de Servicios de Salud Ment al Actualización Anual

Salud Mental del Condado de Mono invita a la comunidad para:

- Repasar el plan: www.monocounty.ca.gov/MHSA
- Mandar comentarios por correo electrónico a: agreenberg@mono.ca.gov
- Compartir su opinión en la audiencia pública: El 9 de Diciembre a las 3:00 p.m. Sala de conferencias de Servicios Sociales Sierra Center Mall, Tercer piso 452 Old Mammoth Rd in Mammoth



What's up, up here

November 21, 2019 nippets from here re...

Times Staff

have to admit, this kind of out. Do you remember back when Caltrans used to have le out on the roads doing reys? You would see them at on from the 203 to the 395 oint then, was to get a sense eople were going, how iem were going there, and hey would stay. That helped lan for future roads and tion infrastructure, and it ıl tool for communities like and the for the county's po. They did these studw years. Well, how quaint. ext year, the entire thing will y Caltrans following your cell PS coordinates. That will data on where you go, how tay, etc. And we must admit, of creepy to us. Spying? as said Attorney General nk there was some spying." of progress? We leave that

hours have hit our local visis, so don't get caught with erbial pants down, if you are any of them for wilderness ıformation or gifts for the Here's what you need to Mammoth Welcome Center w open daily 8:30 a.m. to the Eastern Sierra Visitor Lone Pine now open daily to 4:30 p.m.; the Ancient e Pine Forest Visitor Center sed for the season; the untain Ranger Station Visiis now open Monday-Fri-4:30 p.m., closed for lunch n.: the Mono Basin Visitor open daily, 8:30 a.m. to 4:30 ow vou know. ...

County has been lucky to Greenberg, the head of its IT department, at the g the last many years but during the past few months outage events and threats he IT department has been or their innovative ways with the outages, with an on Award for Operational ess" presented to him on he California Counties

www.mammothtimes.com

Greenberg and his team of IT specialists took the inadequate maps that SCE put out to show us where the outages might occur and made them much more accurate for our area, along with the IT department putting strong, relentless, but civil pressure on SCE to up their game in terms of communicating to us about what was going on and why and when and... much, much more. So, yes, like so much of good government, these public servants work is invisible to most but trust us when we say, you are lucky to live in this county with such dedicated people working, who genuinely care about their neighbors. .

Bears, bears, bears. Lots of bears are getting hungry. It's way past their bedding down time, but the hot days and lack of snow this fall have kept the bears from being able to find good winter den sites and that means they are wandering around, using up energy they should be storing for the winter and getting hungrier at the same time. So, until it snows, and we mean really snows, it's time to get more bear-aware and keep all food, bird seed, candy wrappers, garbage and dog food far out of their reach; even a garage isn't a safe place for food items this time of year. Take the extra few minutes to bear proof your home and yard and car.

And for another note on bears; colliding with bears - or deer- or coyotes on the road, cause you aren't paying attention or you are driving too fast is really stupid and really cruel. We do mean that; cruel. Slow the blank down and watch where you are going; most bear and car collisions can be avoided. In fact, our own Wildlife Management Expert, Steve Searles, is asking the public to please slowdown as wildlife is on the move now that colder weather has returned, he said. "There have been a number of wild animals hit and killed in Mammoth Lakes and most of these were hit- and-runs," he said in a recent report. "Please take the time to report an animal car strike so that it can be assessed and relocated," he said. To do that, call Steve anytime at 760-937-BEAR (2327) or Non-Emergency Dispatch at 760-932-7549, #7. Also, if you just drive away from a dead or injured bear, you are adding to the misery out there because roadkill attracts other scavengers, like coyotes, bald eagles,

PHOTO OF THE WEEK



AmeriGas announced this week that it donated \$12,000 to schools and Inyo counties as part of its 'School Days' program. The funds can to purchase items for any school-related need including books, con sports equipment, band equipment, art materials and educational cla The School Days program allows families to bring their AmeriGas | receipts to participating schools and deposit them into a School Days box. AmeriGas then totals the gallons on the deposited receipts a \$0.02 per gallon of propane purchased. The schools that received from the School Days program include Lee Vining High School, McBlementary School, Mammoth Middle School, Mammoth High School Sierra High School. Here, AmeriGas employees Levi Mele, Alla Christina Glasgow, Robin Filiaga, Steve Jeter, Dan Norvell, and Joproudly presenting a check to the Mammoth Unified School District

Public Input Sough

Mental Health Services A Annual Update

Mono County Behavioral Health invites community members to:

- Access the plan at: www.monocounty.ca.gov/MHSA
- Send comments via email to: agreenberg@mono.ca.gov
- Share input at a public hearing:
 December 9th at 3:00 p.m.
 Social Services Conference Room
 Sierra Center Mall, Third Floor
 452 Old Mammoth Rd in Mammoth

Acta de Servicios de Salud Mental Actualización Anual : Oportunidad de Commentario Público:

La comunidad esta cordialmente invitada para aportar su opinión sobre la Acta de Servicios de Salud Mental Actualización Anual. Miembros de la comunidad pueden dar su opinión:

9 de Diciembre de 2019 a las 3:00 p.m.

Sala de conferencias de Servicios Sociales Sierra Center Mall, Tercer Piso 452 Old Mammoth Road, Mammoth Lakes

Salud Mental del Condado de Mono también aceptará su opinión por correo electrónico hasta el 8 de Diciembre. Por favor comuniquese con Amanda Greenberg: agreenberg@mono.ca.gov

Para obtener una copia actual del Acta de Servicios de Salud Mental, por favor visite a www.monocounty.ca.gov/MHSA

Los votantes de California aprobaron la Acta de Servicios de Salud Mental (MHSA, Propocisión 63) el Noviembre de 2004. MHSA coloca un 1% de impuestos a ingresos personales que sobrepasa \$1,000,000. Condados reciben los fondos por el estado con la meta de transformar el sistema de salud publico a un sistema dirigido por las familias y clientes, orientado a la recuperación, accesible, y culturalmente competente.



Mental Health Services Act Annual Update: Public Comment Opportunity

Mono County Behavioral Health invites community members to provide input on the County's Mental Health Services Act (MHSA) Annual Update. Community members can provide input at a public hearing on:

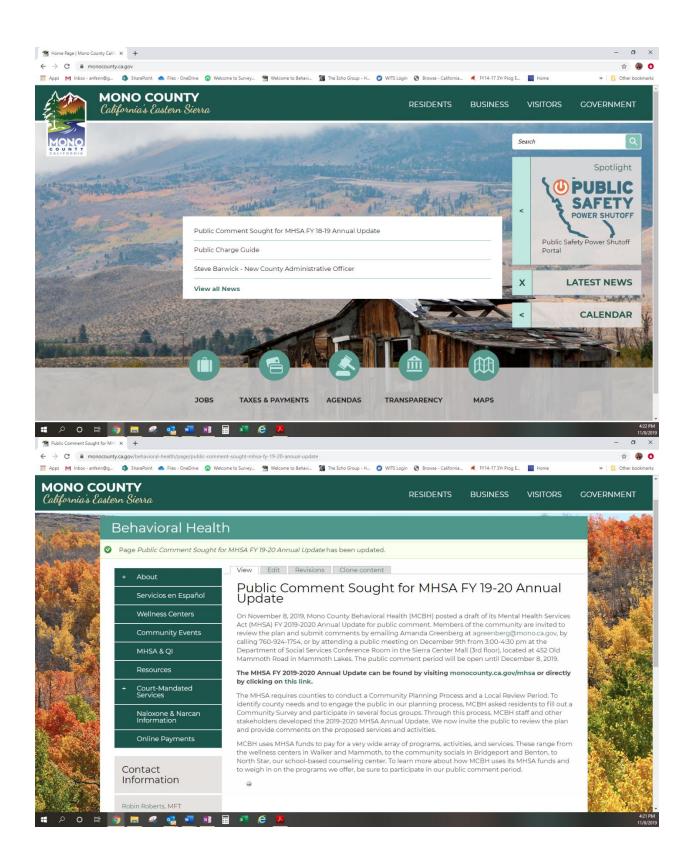
December 9th, 2019 at 3:00 p.m.

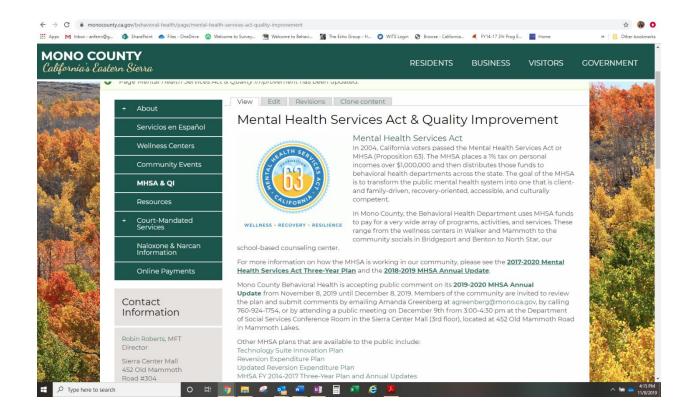
Social Services Conference Room Sierra Center Mall, Third Floor 452 Old Mammoth Road, Mammoth Lakes

Mono County Behavioral Health will also be **accepting public comment via email** until December 8th. Please contact: Amanda Greenberg at agreenberg@mono.ca.gov

For a copy of the MHSA plan, please visit www.monocounty.ca.gov/MHSA

California voters passed the MHSA (Proposition 63) in November 2004. MHSA places a 1% tax on personal incomes over \$1,000,000. Counties receive funds through the State with the goal of transforming the public mental health system into one that is consumer & family driven, recovery oriented, accessible, & culturally competent.





December 17, 2019 Regular Meeting Item # 7g

County Counsel

Additional Documents:

Updated Resolution and Employment Agreement



RESOLUTION NO. R19-

A RESOLUTION OF THE MONO COUNTY BOARD OF SUPERVISORS APPROVING AN EMPLOYMENT AGREEMENT WITH ANNE MARIE FRIEVALT AND PRESCRIBING THE COMPENSATION, APPOINTMENT, AND CONDITIONS OF SAID EMPLOYMENT

WHEREAS, the Mono County Board of Supervisors has the authority under Section 25300 of the Government Code to prescribe the compensation, appointment, and conditions of employment of County employees;

NOW, THEREFORE, BE IT RESOLVED by the Mono County Board of Supervisors, that the Agreement Regarding Employment of Anne Marie Frievalt, a copy of which is attached hereto as an exhibit and incorporated herein by this reference as though fully set forth, is hereby approved and the compensation, appointment, and other terms and conditions of employment set forth in that Agreement are hereby prescribed and shall govern the employment of Anne Marie Frievalt. The Vice-Chair of the Board of Supervisors shall execute said Agreement on behalf of the County.

Citaii	of the Board of Supervisors shall	execute said Agreement on benan of the Cot
vote:	PASSED and ADOPTED this 1	7 th day of December, 2019, by the following
	AYES:	
	NOES:	
	ABSTAIN:	
	ABSENT:	
ATTE	EST:	
	Clerk of the Board	Stacy Corless, Vice-Chair Board of Supervisors
		APPROVED AS TO FORM:
		COUNTY COUNSEL

EMPLOYMENT AGREEMENT OF ANNE MARIE FRIEVALT

This Agreement is entered into this 17th day of December, 2019, by and between Anne Marie Frievalt and the County of Mono.

I. RECITALS

The County has employed Anne Marie Frievalt (formerly Frievalt) as a Deputy County Counsel since December of 2016, and now wishes to employ Ms. Frievalt as Assistant County Counsel in accordance with the terms and conditions set forth in this Agreement. Ms. Frievalt wishes to accept continued employment with the County on said terms and conditions.

II. AGREEMENT

- 1. The term of this Agreement shall be January 1, 2020 until December 31, 2022, unless earlier terminated by either party in accordance with this Agreement. This Agreement shall automatically terminate in the event the County implements new agreements for its "at-will" employees and executes such new agreement as to Ms. Frievalt. The County shall notify Ms. Frievalt in writing no later than July 1, 2022 whether it intends to negotiate a renewal of this Agreement. In the event the County fails to provide such notice, Ms. Frievalt shall notify the County in writing of its breach of this provision of the Agreement and County shall be allowed 30 days from the receipt of that notice to cure the breach. If the County cures the breach and notifies Ms. Frievalt that it does not intend to negotiate a renewal of the Agreement, then this Agreement shall terminate six months after said notification and no additional compensation or damages shall be owing to Ms. Frievalt as a result of the cured breach. If the County does not cure the breach, then the Agreement shall automatically renew for another three years on the same terms in effect at the time of renewal.
- 2. Commencing January 1, 2020 Ms. Frievalt shall be employed by Mono County as Assistant County Counsel, serving at the will and pleasure of the County Counsel in accordance with the terms and conditions of this Agreement. Ms. Frievalt accepts such employment. The County Counsel shall be deemed the "appointing authority" for all purposes with respect to Ms. Frievalt's employment.
- 3. Commencing January 1, 2020, Ms. Frievalt's salary shall be \$10,660 per month. Ms. Frievalt understands that she is responsible for paying the employee's share of any retirement contributions owed to the Public Employees Retirement System (PERS) with respect to her employment for the County, and also any employee share of the "normal cost" of her retirement benefits that may be mandated by

the Public Employees Pension Reform Act of 2013 (PEPRA).

Should a wage increase be granted under the MOU with Local 39, applicable to Mono County Public Employees (MCPE), it is agreed that this contract will be reopened for discussion and potential re-negotiation with respect to Ms. Frievalt's salary. During such negotiations the County shall consider and discuss the issue of increased compensation with Ms. Frievalt in good faith, but the County's decision whether or not to grant such additional compensation shall be final and non-appealable.

- 4. Ms. Frievalt shall earn and accrue vacation and sick leave in accordance with the County's Management Benefits Policy and in accordance with any applicable County Code provisions not in conflict with said Policy. Also pursuant to said Policy, in recognition of the fact that her employment will be exempt from the payment of overtime or compensatory time-off under the Fair Labor Standards Act, she shall be entitled to 80 hours of merit leave (aka administrative leave) during each year of service under this Agreement. Ms. Frievalt understands that said merit leave does not accrue from one calendar year to the next; rather, it must be used by December 31st of each calendar year in which it is provided or it is lost.
- 5. To the extent deemed appropriate by the County Counsel, the County shall pay the professional dues, subscriptions, and other educational expenses necessary for Ms. Frievalt's full participation in applicable professional associations, for his continued professional growth and for the good of the County.
- 6. To the extent not inconsistent with the foregoing or any other provision of this Agreement, Ms. Frievalt shall be entitled to the same general benefits provided by the County to other management-level employees, as described more fully in the County's Management Benefits Policy. Such benefits include but are not limited to CalPERS retirement benefits, CalPERS medical insurance, County dental and vision coverage, and life insurance. Pursuant to the California Public Employees' Pension Reform Act of 2013, the CalPERS retirement formula applicable to Ms. Frievalt's County employment will be "2% at 62." Any and all references in this Agreement to the County's Management Benefits Policy shall mean the "Policy Regarding Benefits of Management-level Officers and Employees," amended most recently by Resolution R14-54 of the Mono County Board of Supervisors and as the same may be further amended from time to time and unilaterally implemented by the County.
- 7. Ms. Frievalt understands and agrees that her receipt of compensation or benefits of any kind under this Agreement or under any applicable County Code provision or policy including but not limited to salary, insurance coverage, and paid

holidays or leaves — is expressly contingent on her actual and regular rendering of full-time personal services to the County or, in the event of any absence, upon her proper use of any accrued leave. Should Ms. Frievalt cease rendering such services during this Agreement and be absent from work without any accrued leave to cover said absence, then she shall cease earning or receiving any additional compensation or benefits until such time as she returns to work and resumes rendering personal services; provided, however, that the County shall provide any compensation or benefits mandated by state or federal law. Furthermore, should Ms. Frievalt's regular schedule ever be reduced to less than full-time employment, on a temporary or permanent basis, then all compensation and benefits provided by this Agreement or any applicable County policies shall be reduced on a pro-rate basis, except for those benefits that the County does not generally pro-rate for its other part-time employees.

- 8. Consistent with the "at will" nature of Ms. Frievalt's employment, the County Counsel may terminate Ms. Frievalt's employment at any time during this Agreement, without cause. In that event, this Agreement shall automatically terminate concurrently with the effective date of the termination. Ms. Frievalt understands and acknowledges that as an "at will" employee, she will not have permanent status nor will her employment be governed by the County Personnel System (Mono County Personnel Rules) except to the extent that System is ever modified to apply expressly to at-will employees. Among other things, she will have no property interest in her employment, no right to be terminated or disciplined only for just cause, and no right to appeal, challenge, or otherwise be heard regarding any such termination or other disciplinary action the County Counsel may, in his or her discretion, take during Ms. Frievalt's employment.
- 9. In the event of a termination without cause, Ms. Frievalt shall receive as severance pay a lump sum equal to six months' salary or, to the extent that fewer than six full calendar months remain (as of that effective date) before this Agreement would have expired, Ms. Frievalt shall instead receive a lesser amount equal to any remaining salary payments she would have received before expiration of the Agreement had she not been terminated. Notwithstanding the foregoing, Ms. Frievalt shall receive severance pay equal to six months' salary in the event that termination occurs after the County has notified Ms. Frievalt that it intends to negotiate a renewal of this Agreement but before this Agreement expires. In no event shall the parties' failure or inability to arrive at mutually acceptable terms of a renewed agreement trigger the payment of severance pay. Note: for purposes of severance pay, "salary" refers only to base compensation.
- 10. Notwithstanding the foregoing, Ms. Frievalt shall not be entitled to any severance pay in the event that the County Counsel has grounds to discipline her on or about the time he or she gives her notice of termination. For purposes of this

provision, grounds for discipline include but are not limited to those specified in the Mono County Personnel Rules, as the same may be amended from time to time. Ms. Frievalt shall also not be entitled to any severance pay in the event that she becomes unable to perform the essential functions of his position (with or without reasonable accommodations) and her employment is duly terminated for such non-disciplinary reasons.

- 11. Ms. Frievalt may resign his employment with the County at any time. Her resignation shall be deemed effective when tendered, and this agreement shall automatically terminate on that same date, unless otherwise mutually agreed to in writing by the parties. Ms. Frievalt shall not be entitled to any severance pay or additional compensation of any kind after the effective date of such resignation.
- 12. This Agreement constitutes the entire agreement of the parties with respect to the employment of Ms. Frievalt.
- 13. The parties agree that the Board of Supervisors' approval of this Agreement on behalf of the County is a legislative act and that through this agreement, the Board of Supervisors is carrying out its responsibility and authority under Section 25300 of the Government Code to set the terms and conditions of County employment. It is not the parties' intent to alter in any way the fundamental statutory (non-contractual) nature of Ms. Frievalt's employment with the County nor to give rise to any future contractual remedies for breach of this Agreement or of an implied covenant of good faith and fair dealing. Rather, the parties intend that Ms. Frievalt's sole remedy in response to any failure by the County to comply with this Agreement shall be traditional mandamus.
- 14. Ms. Frievalt acknowledges that this Agreement is executed voluntarily by her, without duress or undue influence on the part or on behalf of the County. Ms. Frievalt further acknowledges that she has participated in the negotiation and preparation of this Agreement and has had the opportunity to be represented by counsel with respect to such negotiation and preparation or does hereby knowingly waive his right to do so, and that she is fully aware of the contents of this Agreement and of its legal effect. Thus, any ambiguities in this Agreement shall not be resolved in favor of or against either party.

/	/	/	/	/
/	/	/	/	/
/	/	/	/	/

•	1	,	1	,	1	1
/	1	,	1	/	1	1
,	,	,	,	,	,	,

III. EXECUTION:

This Agreement is executed by the parties this 17^{th} day of December, 2019.

EMPLOYEE	THE COUNTY OF MONO
Anne M. Frievalt	By: Stacy Corless, Vice-Chair Board of Supervisors
APPROVED AS TO FORM:	
COUNTY COUNSEL	-

December 17, 2019 Regular Meeting Item # 10

Board Reports

Additional Documents:

Corless - RCRC Highlights

Kreitz - ESTA Picture



To: RCRC Board of Directors

From: Greg Norton

President and CEO

Date: December 16, 2019

Re: RCRC Board Meeting Highlights (December 11, 2019)

Administrative Matters

Consideration of Revising the RCRC Bylaws to Reassign Mariposa County From Region 5 to Region 4 – ACTION

The RCRC Board of Directors approved the reassignment of Mariposa County from Region 5 to Region 4. The memo can be accessed <u>here</u>. The updated map can be accessed <u>here</u>.

Election of 2020 RCRC Officers and Corporate Officers – ACTION

The RCRC Board of Directors elected Supervisor Daron McDaniel (Merced) as RCRC's 2020 Chair, and Supervisor Stacy Corless (Mono) as First Vice Chair. Supervisor Dan Miller (Nevada) was elected Second Vice Chair, and Supervisor Matt Kingsley (Inyo) will become Immediate Past Chair.

The memo can be accessed here.

Election of 2020 RCRC Executive Committee – ACTION

The RCRC Board of Directors selected the following members to round-out the 2020 RCRC Executive Committee:

Chair: Daron McDaniel (Merced)
First Vice Chair: Stacy Corless (Mono)
Second Vice Chair: Dan Miller (Nevada)
Immediate Past Chair: Matt Kingsley (Inyo)

Region 1: Gerry Hemmingsen (Del Norte)

Region 2: Lee Adams (Sierra)
Region 3: Denise Carter (Colusa)

Region 4: Jack Garamendi (Calaveras)
Region 5: Kuyler Crocker (Tulare)

The memo can be accessed here.

Consideration of New Membership Criteria – ACTION

The RCRC Board of Directors discussed and approved the following new membership criteria proposed by the RCRC Executive Committee:

- Require all new county members seeking membership in RCRC to adopt a resolution seeking membership by a minimum 4-1 vote of the county board of supervisors;
- 2. New member counties include in their adoption resolution a commitment to the annually-adopted RCRC Policy Principles which focuses on rural county matters;
- 3. Limit future new members to counties with populations of less than 600,000 residents on the date of admission to RCRC. Populations growing in excess of 600,000 residents following admission to RCRC will not affect membership in RCRC; and,
- 4. Approve related revisions to the RCRC Bylaws as reflected.

The memo can be accessed here.

<u>Give Back Proposal: Human Trafficking Prevention – ACTION</u>

The RCRC Board of Directors approved a three-year commitment of \$32,358 annually beginning in the 2020 RCRC Budget to fund a dedicated position to further support the implementation and support of the PROTECT program in California's rural communities.

The memo can be accessed <u>here</u>. The 3 Strands Global Foundation grant proposal can be accessed <u>here</u>.

RCRC 2020 Proposed Budget – ACTION

The RCRC Board of Directors approved the proposed 2020 RCRC Operating Budget, contract service fees, contract performance fee, and 2020 member dues.

The memo can be accessed <u>here</u>. The approved 2020 RCRC Operating Budget can be accessed <u>here</u>.

RCRC Rural Leadership Awards

Paul A. Smith, RCRC Vice President Governmental Affairs, explained that RCRC staff, and subsequently the RCRC Executive Committee, selected Senator Hannah-Beth Jackson (D-Santa Barbara) and Assembly Member Jay Obernolte (R-Big Bear Lake) as recipients of the 2019 Rural Leadership Awards. The 2019 Rural Leadership Awards will be presented at the 2020 Installation of Officers and Rural Leadership Awards Reception in January 2020.

2020 Installation of Officers and Rural Leadership Awards Reception

Justin Caporusso, RCRC Vice President External Affairs, provided an update on the 2020 Installation of Officers and Rural Leadership Awards Reception.

Details and registration can be accessed here.

2020 Western Interstate Region Conference

Supervisor Kevin Cann (Mariposa) was joined by Justin Caporusso, RCRC Vice President External Affairs, and Graham Knaus, California State Association of Counties (CSAC) Executive Director, in providing an update on the National Association of Counties' (NACo) 2020 Western Interstate Region (WIR) Conference. The 2020 WIR Conference is being jointly sponsored by RCRC, CSAC, and Mariposa County, and will be held at Tenaya Lodge May 13-15, 2020.

Details and registration can be accessed <u>here</u>.

Governmental Affairs

<u>Proposition 13 – "Public Pre-School, K-12, and College Health and Safety Bond Act of 2020 – ACTION</u>

The RCRC Board of Directors adopted a position of "No Position" on Proposition 13, the "Public Pre-School, K-12, and College Health and Safety Bond Act of 2020.

The memo can be accessed here.

Proposed 2020 Policy Principles

Mr. Smith presented the proposed 2020 Policy Principles for review and input. Proposed edits are to be sent to Maggie Chui at mchui@rcrcnet.org in writing no later than January 3, 2020 so these revisions can be included in the January 2020 Board Packet and considered at the January RCRC Board of Directors Meeting.

The memo can be accessed <u>here</u>. The 2020 proposed Policy Principles can be accessed <u>here</u>.

Public Safety Power Shut-Offs Update

Staci Heaton, Senior Regulatory Affairs Advocate, and John Kennedy, Legislative Affairs Advocate, provided a summary of the progress of the state's activities to mitigate impacts from investor-owned utilities' (IOUs) Public Safety Power Shut-Off (PSPS) events, both by the legislature and the California Public Utilities Commission (CPUC).

The memo can be accessed here.

Forest Management and Wildfire Update

Ms. Heaton provided an update on current efforts in the legislature and various state and federal agencies to address California's persistent catastrophic wildfire events. Topics addressed included homeowners insurance availability and affordability, the Forest Management Task Force, the CPUC Wildfire Hazard Mitigation Plans Proceeding, and the California Vegetation Treatment Program EIR.

The memo can be accessed here.

Regulatory Committee

Environmental Services Joint Powers Authority Update

Ms. Heaton provided a summary of the Rural Counties' Environmental Services Joint Powers Authority's (ESJPA) recent activities, including updates on Senate Bill 1383 Short-Lived Climate Pollutants regulation, California Department of Resources

Recycling and Recovery's (CalRecycle) new Recycling and Disposal Reporting System, Composting Waste Discharge Order and Disaster-Related Wastes General Order, the Used Oil Payment Program, and the Tire Amnesty Grant Program.

The memo can be accessed <u>here</u>.

Senate Bill 1383 Short-Lived Climate Pollutants Regulations

Ms. Heaton provided an update on the status of the Senate Bill 1383 Short-Lived Climate Pollutants Regulations currently proposed by the California Department of Resources Recycling and Recovery (CalRecycle).

The memo can be accessed <u>here</u>.

Water and Natural Resources Committee

Water Issues Update

Mary-Ann Warmerdam, RCRC Senior Legislative Advocate, provided an update on a number of issues involving California water policy. At the state level, Ms. Warmerdam provided an update on the Water Resiliency Initiative Portfolio, the Sustainable Groundwater Management Act (SGMA), and general obligation bonds to fund resource programs. At the federal level, The Water Quality Protection and Job Creation Act, The Drought Resiliency and Water Supply Infrastructure Act, the SAVE Water Resources Act, the Water Resources Research Amendments Act, and the Water Justice Act were all discussed.

The memo can be accessed <u>here</u>.

Sustainable Groundwater Management Act Update

Ms. Warmerdam provided an update on the Sustainable Groundwater Management Act (SGMA) and its implementation in various regions throughout the state.

The memo can be accessed here.

Legislative Committee

Federal Legislative Update

Mr. Smith provided an update on a number of issues being addressed at the federal level, including Secure Rural Schools (SRS) and Federal Payments in Lieu of Taxes (PILT), appropriations, cannabis and hemp banking, rural broadband and telecommunications, disaster relief, State and Local Tax cap, United States-Mexico-Canada Agreement, and infrastructure. Mr. Smith noted that very little action is expected on federal legislative matters in 2020.

The memo can be accessed <u>here</u>.

Please refer to the Board Packet and Supplemental Packet for further details related to the items above, as well as all items covered during the December 2019 RCRC Board of Directors meeting. The December 2019 Board Packet can be accessed here.

