Meeting Minutes:

**Mono County Behavioral Health (MCBH)**

**Behavioral Health Advisory Board (BHAB) Meeting**

**Monday February 10, 2025, from 3:00-4:30 pm**

In-person locations (required for BHAB members):

Mono County Civic Center Dana Room (2nd floor – across from restrooms)

1290 Tavern Road Mammoth Lakes, CA 93546

Bridgeport Memorial Hall

73 North School Street Bridgeport, CA 93517

Hybrid Zoom Option:

<https://monocounty.zoom.us/j/7609242222>

Call in: +1 669 900 6833

Meeting ID: 760 924 2222

1. Public Comment
   1. Carolyn: approved for Starbucks food program
2. Approval of minutes from December 9, 2024 (Action)
   1. Pushed to the next meeting – minutes were not ready in time for the meeting.
3. County Expectations of BHAB members (Chris Beck, County Counsel)
   1. Chris: regularly trains folks from county about the rules and requirements. BHAB is a Brown Act body confirmed by your by-laws, which means that BHAB must have open meetings, that BHAB is bound by statute and decorum requirements, and there are county requirements that all BHAB members are bound to. These include anti discrimination, anti-harassment, anti bullying, as well as how we treat others – that we are kind to other people. It matters how board members express themselves when we are in meeting or when representing ourselves. BHAB members are in a representative capacity all the time and your behavior can impact your seat on this board. Due to small town the optics and awareness – you don’t ever really take off that hat of representing BHAB. BHAB members do have a first amendment right to speak politically but there are things that are not protected speech – both hate speech and obscene speech is not protected speech.
4. Quality Improvement Discussion Topic: New BHAB Requirements under BHSA follow-up (Amanda)
   1. Discussion of BHAB requirements under BHSA. Member asks what the repercussions are if we aren’t able to do it and staff reply that this would likely be an audit finding, but no financial repercussions. Stacy describes what BHABs are like in larger counties. BHAB agrees to continue recruitment and dust off the old recruitment flyer. Christine Bouchard might know some veterans – they tend to be more north county. Marcella to reach out to a first responder she knows that is a veteran. Kathy Copeland may know some veterans who are interested.
   2. Amanda and Stacy will reach out to BHAB members whose terms have expired
5. Behavioral Health Department Updates
   1. Staffing Update (Robin)
      1. Kwinuah Vega
         1. WRAP Facilitator, Parent Partner and Case Manager
      2. Jesica Ramos
         1. Moved from Case Manager to Program Manager/ Staff Services Analyst
         2. Overseen community programming
      3. Lauren Wu
         1. Moved into her role with North Star
      4. Cassidy Miles
         1. Case Manager for Walker and Bridgeport Locations
      5. Cassandra Carter
         1. Moved from Wellness Associate to Case Manager 2
      6. Bridgeport Building
         1. Walk through happened last week and within the next couple of weeks the design team will be working on some plans.
            1. What will the building include:

Admin Offices

Therapy Rooms

Community Room

Food Pantry

* + 1. MCBH Main Office Low on “desk” Space
       1. Will work on space and moving around to make and offer more cubicles for staff.
  1. Community Programming (Jesica)
     1. Foro Latino
        1. January Foro Latino
           1. Partnered with Sheriff and had a great turnout. Focused on new federal changes happening and how they will affect our communities.
           2. Created vulnerability with the community and was a great way of building connections.
     2. Weekly Programming
        1. Walker, Bridgeport and Mammoth Ongoing
     3. Case Manager (Cass)
        1. Held a stakeholder meeting at Lee Vining with the Women’s League to get ideas around programming needs the community would like.
           1. Reported about 15 people showed up and they are requesting Lee Vining Social and senior’s chair yoga.
     4. May Mental Health
        1. Beginning stages have started for planning events.
           1. BHAB would like an update on plans for April’s meeting.
     5. Veteran’s Listening Session- California Association of Veterans Service Agencies (CAVSA) will be hosting a veteran listening session on February 15th at 1pm at the VFW in Bishop CA. Hoping to gain input on the services they currently receive or unmet needs in both Inyo and Mono County. They will discuss how they can advocate expanding services.
     6. Eastern Sierra Continuum of Care (ESCOC) – Hosting a community meeting focused on homelessness within the region. Will be taking place:
        1. **February 11th 4:00- 6:00pm** (OPEN TO THE PUBLIC)
        2. **February 13th 3:00- 4:30pm** (Specific FOR COMMUNITY MEMBERS THAT HAVE BEEN HOMELESS).
     7. Benton Social
        1. Robin will be presenting on grief at the end of the month.
     8. Health and Safety Fairs
        1. MCBH coordinating attendance at each ESUSD School as outreach on following dates:
           1. **4/14 M-Lee VIning 10:30-11:30--Indoor**
           2. **4/15 T-Bridgeport 1:00-2:00-Indoor**
           3. **4/16 W-Antelope 1:30-2:15--Outdoor**
           4. **4/17 TH--Edna Beaman 1:00-2:00—Outdoor**
     9. Spring/ Summer
        1. Yoga will be back up and running at Crowley Community Center in March.
  2. Point In Time (PIT) Homelessness Count (Amanda)
     1. BHAB would like update in April.
  3. Upcoming or recent MCBH items before the Mono County Board of Supervisors (BOS)
     1. February 11: Robin presenting on CARE Act
        1. Will be present during the first part of the BOS meeting.
        2. Does BHAB still want a presentation on CARE ACT? -**NO**
           1. Many changes happening around how we serve those with presenting mental health.
           2. Community Assistance, Recovery, and Empowerment

Will we have people in Mono County who meet these criteria?

CARE helps peoples with severe mental health illness get services and support aiming to prevent avoidable hospitalizations and incarcerations.

* + 1. February 11: Amanda seeking approval of Behavioral Health Bridge Housing Program grant

1. Board Members Reports
   1. Ingrid
      1. Foro Latino- Very amazing event and heartwarming.
      2. Not much has changed as far as the federal changes and how they impact us, a letter has been sent as a threat to withhold federal funding from us if we don’t assist ICE but “it’s a lot of wait and see” to see what will happen.
   2. Lynda Salcido
      1. Attend the Know Your Rights Immigration Presentation around Immigration Law.
      2. 60 people attended.
      3. A good learning presentation and community members had a chance to ask questions.
   3. Marcella
      1. New insurance changes exclude some providers at Mammoth Hospital’s Mental Health Services.
   4. Krista Cooper
      1. Hired an Adult Service Supervisor.
      2. Round table Cass organized was a great turnout.
         1. Hopefully we can work on providing additional services to our senior community.
   5. Sabrina
      1. Inyo 350 event talking about homelessness around the region.
         1. Different groups speaking about LGBTQ, Latino and maybe thought it should be something we should work on in Mammoth
2. Future Items
   1. BHAB by-laws
   2. BH Connect, Justice-Involved Initiative (JII)
3. Confirm meeting schedule for 2025 and adjourn to next meeting
   1. April 14, 2025: 3:00- 4:30pm
      1. Dirk will be on zoom.
   2. June 9, 2025; August 11,2025; October 20, 2025; (note: 3rd Monday due to Indigenous People’s Day); December 8, 2025

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In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130). MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-1740