

MONO COUNTY BEHAVIORAL HEALTH MENTAL HEALTH SERVICES ACT FY 2022-2023 ANNUAL UPDATE

Presentation to Behavioral Health Advisory Board

June 6, 2022

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WHAT IS THE MHSA?

- Voter-approved measure passed in 2004
- Goal of transforming the mental health system
 - Consumer- and family-driven
 - Recovery oriented
 - Accessible
 - Culturally competent
- Report Components
 - Community Planning Process
 - Funding categories
 - PEI Evaluation Report
 - Annual Innovation Project Report



WHAT IS THE BHAB?

- The mission of the Behavioral Health Advisory Board (BHAB) is to support individuals by promoting recovery, self-determination, and wellness in all aspects of life.
- Advises and evaluates the various functions and policies of the Behavioral Health Department
- Specific required make-up of the BHAB with three-year terms that may be renewed
- Meetings must comply with the Brown Act



WHAT IS A PUBLIC HEARING?

- A status report and open meeting about programs funded in Mono County by the MHSA
- An opportunity to give community feedback about the MHSA Plan and the programs
- An opportunity to brainstorm about future ideas for MHSA plans and programs
- Today is a short presentation followed by comments and discussion from members of the public and the BHAB



COMMUNITY PROGRAM PLANNING PROCESS

Surveys at
Community
Programming/
Events

Community
Survey

Behavioral
Health
Advisory
Board Focus
Group

Key Informant
Conversations

California
Healthy Kids
Survey

Partner
Agency
Surveys



TOP COMMUNITY NEEDS

Accessing
Mental
Health
Providers

Isolation &
Lack of
Social
Involvement

Drugs or
Alcohol

Finding
Housing

Lack of
Knowledge
of Mental
Health
Issues

Cost of
Services

Experiencing
stigma or
prejudice

Feeling a
lack of
purpose/
meaning

TOP STRATEGIES TO PROMOTE MENTAL HEALTH

Increase awareness of mental health programs

When possible meet basic needs (rent, groceries, etc.)

Increase community engagement through activities and programs

Educate the public on mental health conditions

Implement Mobile Crisis Response Team

MHSA FUNDING COMPONENTS

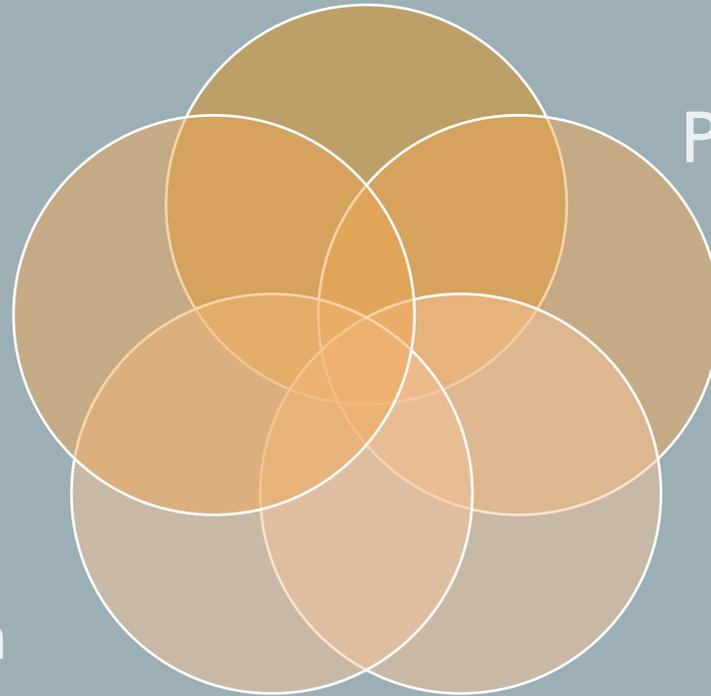
Community Services
& Supports

Capital Facilities
& Technological Needs

Prevention & Early
Intervention

Workforce Education
& Training

Innovation



COMMUNITY SERVICES & SUPPORTS

- Full Service Partnership Program
- Telehealth Services
- Wrap Program
- MHSA Housing Program
- Expansion of Case Management/Supportive Services
- Crisis Intervention/Stabilization
- Community Outreach & Engagement
 - Socials & Foro Latino
- Wellness Centers



PREVENTION & EARLY INTERVENTION

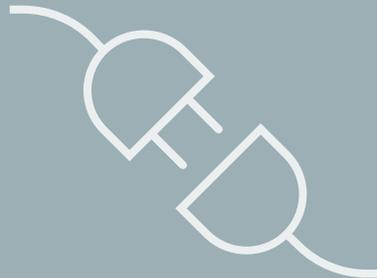
- Peapod Playgroup Program
- Walker Senior Center
- North Star School-Based Services
- Community Trainings
- Outreach in Outlying Communities to Increase Access and Linkage to Treatment
- Community Engagement to Reduce Stigma and Discrimination



INNOVATION

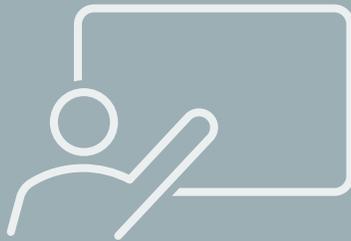
Innovation projects must be novel, creative, and/or ingenious mental health practices/approaches

- One on-going project approved by Mono County BOS & MHSOAC
 - Help@Hand (The Technology Suite)
- One planned project proposed to begin in FY 22-23
 - Multi-County Electronic Health Record Project



WORKFORCE EDUCATION & TRAINING

- Trainings & Conferences
 - Racial Equity Work
- Staff Supervision
- Loan Assumption Program



CAPITAL FACILITIES & TECHNOLOGICAL NEEDS

- MHSA Housing Project in Mammoth Lakes



KEY ACHIEVEMENTS & OUTCOMES IN FY 21-22

- More than 50 people received crisis stabilization services
- MCBH expanded Wellness Center programming across the County and restarted beloved favorites like Community Socials
- Almost 350 people accessed Wellness Center programming
- During the 21-22 school year there were approximately 170 kids' yoga classes in Walker, Mammoth, Bridgeport, and Lee Vining
- Hosted May is Mental Health Month activities, including our first-ever Suicide Awareness Walk, which drew more than 200 participants
- Held two Mental Health First Aid classes and in FY 20-21 31 people were trained in MHFA
- Formalized our FSP policies and provided 25 people with this intensive service
- Created a Racial Equity Workplan that is being implemented



Supporting You On Your Path
Apoyandote En Tu Camino

QUESTIONS & DISCUSSION

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