

Meeting Agenda:

Behavioral Health Advisory Board Meeting;

Mental Health Services Act FY 2022 – 2023 Annual Update Public Hearing

Monday June 6th, 2022 from 3:00-4:30

Zoom meeting:

Link: <https://monocounty.zoom.us/j/7609241729>

Call in: +1 669 900 6833

Meeting ID: 760 924 1729

Attendees: Lauren Plum, Marcella Rose, Jimmy Lee, **Dirk Solo**, Amanda Greenberg, Jacinda Croissant, Emily Crocetti, Krista Cooper, **Rolf Knutson**, **Lois Klein**, **Stacy Corless**, **Ingrid Braun**, Debra Ray, Kevin Lynch, **Carolyn Balliet**

*Board members are denoted in **bold***

Meeting called to order 3:04pm

- I. Public Comment
 - a. None
- II. Approval of minutes from April 11, 2022
 - a. Motion to approve – L. Klein
 - i. Second – I. Braun
 1. D. Addis – Yay
 2. R. Knutson – Yay
 3. I. Braun – Yay
 4. L. Klein – Yay
 5. S. Corless – Yay
 - a. Motion carries! Minutes approved.
- III. AB 361 Resolution: Stacy (Action)
 - a. RK: When is this no longer necessary?
 - i. SC: I hope we will always have the option to meet remotely [audio cuts out significantly]
 - b. Motion to approve – S. Corless
 - i. Second – R. Knutson
 1. D. Addis – Yay
 2. R. Knutson – Yay
 3. I. Braun – Yay
 4. L. Klein – Yay
 5. S. Corless – Yay
 - a. Motion carries! AB361 approved.

IV. Behavioral Health Department Updates

- a. New team member changes
 - i. Welcome Antonella – New Fiscal & Technical Specialist (front desk)
 - ii. New Psych Specialist – Kim Lopez – onboarding next week
 - iii. Expanded Dr. Yu’s (department psychiatrist) service hours
 - iv. Kasandra Montes – Case Manager and leader of Racial Equity work within department - Departure
- b. “Mental Health Matters” shirts available for all board members – available at MCBH front office
- c. Community program update: Lauren
 - i. May is Mental Health Month update
 - 1. Wellness Center Open House
 - 2. Online Stress Management Course – 22 attendees!
 - 3. Suicide Awareness Walk – 181 Attendees!
 - ii. Upcoming Programming:
 - 1. Pride BBQ in honor of Pride Month
 - 2. Expanded Programming in North County
 - a. Bridgeport: Elementary mindfulness, hiking, crafts, Mono Arts Council adult art program, ongoing socials
 - b. Walker: community garden, family classes, cooking classes, ongoing socials
 - c. Mammoth: Clubhouse Live will be expanded as summer camp/summer adventure, senior donut drop in, Hang Time (sober social space Wednesday evenings)
 - d. Socials in June Lake and Benton; ideas to split social time between June Lake and Lee Vining.
 - 3. My Strength App – mental health and wellbeing app – Starting promotion via Bus ads and newspaper ads. LP will send info to all board members.
 - 4. SABG media campaign – surveyed adults 21 – 25 years old on campaign strategy.
 - iii. Continuing to focus on departmental Racial Equity work with monthly topics that promote individualized work on equity education.
 - iv. SC: BOS will be passing a resolution for making June Pride Month
 - 1. Lauren will post info in chat
 - a. BOS Proclamation Pride Month - Tuesday, June 7, 2022 - 9:00am. Zoom registration information, live stream link, and additional meeting documents can be found on the meeting webpage linked below: <https://monocounty.ca.gov/board-supervisors-173>
- d. Other updates
 - i. None

V. Quality Improvement Discussion Topic – EQRO Debrief: Jimmy

- a. Department went through our External Quality Review (EQRO).
 - i. Required by CFR Title 42 – Analyzes and reviews our data as it relates to timeliness and access to specialty mental health services.

- ii. Consists of site visits, but was remote this year, per COVID concerns. Contained Consumer and Family member focus groups, MHP staff focus groups, data analysis and reporting, evaluation of our performance improvement projects (clinical vs. non-clinical). The External Quality Review Organization (EQRO) will produce a report, summarize the review, then report it to centers for Medi-Cal and Medicaid for public transparency.

- 1. MR: As a department, we all feel like we did well this year.

VI. **Data notebook 2022 – Introduction of topic – Marcella Rose**

a. **Impact of the Covid-19 Public Health Emergency on Behavioral Health Needs and Services in California**

- i. SC: Behavioral Health impacts of COVID – worthy topic, but, HUGE.
- ii. LK: Are you going to look into any particular age groups? I am very concerned about our youth and the impact on their mental health. Wide spectrum of area to look at.
 - 1. Kevin Lynch – Older people are more at risk, and we tend to isolate more; COVID-19 exacerbated that.
 - 2. MR: For Lois, yes, it seems that youth and children are of specific interest within the data notebook this year. Kevin, I will check to see if the older adult population is covered in the data notebook.
- iii. Data notebook due in October; it will be a future BHAB agenda item for lengthier discussion.

b. **Action Item – Data Notebook assignment – MCBH fill out and submit Data Notebook**

i. **Motion to approve – L. Klein**

1. **Second – Ingrid B.**

- a. D. Addis – Yay
- b. R. Knutson – Yay
- c. I. Braun – Yay
- d. L. Klein – Yay
- e. S. Corless – Yay

- i. Motion carries! Mono County Behavioral Health approved to take responsibility of 2022 Data Notebook

VII. **Board Member Reports**

a. **L. Klein – President of Mammoth Lakes Rotary Club**

- i. Impact of COVID-19 on youth was recent topic at Rotary Club Planning Retreat for next year. If there is any way Rotary Club can be of service (ex. Data collection), reach out to Lois K.
- ii. Can MCBH present the Data Notebook results for the Rotary Club sometime later this year? (Tony Taylor (of Rotary Club(?)) expressed interest in this)

b. **S. Corless – Board of Supervisors**

- i. Reminder – tomorrow is election day. Still time to turn in your vote by mail ballot. As of Friday 6/3 only 11% of voters had turned in ballot – that is a scary low turnout even for a non-presidential election year.
 - 1. Vote by mail, or, polls are open 7am-8pm. If you forgot your VBM ballot you can vote provisionally. If you are not registered to vote, you can register at the polling locations.

- ii. Commendation for MCBH staff on May is MH month activities: Great response from community. For the board – how can we assist MCBH and keep these efforts going?
- c. I. Braun – Mono County Sheriff
 - i. VOTE! In Mono County, your vote really does count.
 - ii. Reaching In: Suicide Awareness Tour: Last month Robin & Ingrid hosted Reaching In tour – sometimes its hard for people to reach out, this was a conversation about how to reach in to people who are struggling.
 - iii. Last day podcast – about suicide. It seems dark, but it’s a good podcast.
- d. D. Addis – MCBH Wellness Associate
 - i. June Lake Social Potluck, this Thursday.
- e. *GUEST UPDATE*: Krista Cooper – Social Services
 - i. June is elder abuse awareness month; will present proclamation to BOS tomorrow.
 - 1. Activities throughout the month:
 - a. June 16th, 4-6pm, Chalfant: Meet & Greet – info for seniors
 - b. July – Ice cream social in Chalfant and/or Benton?

VIII. **Mental Health Services Act FY 2022-2023 Annual Update Public Hearing: Presentation by Amanda Greenberg** (Action: Public Hearing and Advisory Board Approval) (*Public Comment Hearing will not begin prior to 3:30pm*)

- a. Update available at:
 - https://monocounty.ca.gov/sites/default/files/fileattachments/behavioral_health/page/10057/mono_mhsa_fy_22-23_annual_update_draft_for_public_comment.pdf
- b. AG: Primary job duty is MHSA reporting and planning [AG shares presentation].
 - i. *Presentation slides shared below, with additional notes as noted.*
- c. **4:01pm – public comment period now open**
 - i. Discussion about housing: and planned housing project individual expressed concerns about housing situation and discussed applying for future housing assistance; Questions about existing transitional housing and whether that housing will stay operational (plan is yes);
 - ii. Discussion about FSP: Individual requested explanation regarding how FSP funds are implemented – per our policies and procedures;
 - iii. Discussion about accessing services, especially telehealth – MCBH employees can help get individuals set up
 - iv. Discussion about MCBH continuing to support staff development and training, especially as many staff members are new in their positions.
 - v. Mother of client, call in: Expressed interest in Emergency Mobile Crisis Response Grant; Shared concerns about care coordination and follow-through
 - 1. QA Coordinator to follow up individually
- d. Motion to approve the proposed MHSA FY 22-23 Annual Plan – L. Klein
 - i. Second – D. Addis
 - 1. D. Addis – Yay
 - 2. C. Balliet - Yay
 - 3. R. Knutson – Yay
 - 4. I. Braun – Yay

5. L. Klein – Yay
6. S. Corless – Yay
 - a. Motion carries! MHSA FY 22-23 Annual Plan approved.
- ii. Will be presented to Board of Supervisors on Tuesday 6/14.

IX. Confirm date and adjourn to next meeting

a. August 8th 2022 3:00 – 4:30pm

Link: <https://monocounty.zoom.us/j/7609241729>

In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130).
MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-174

WHAT IS THE BHAB?

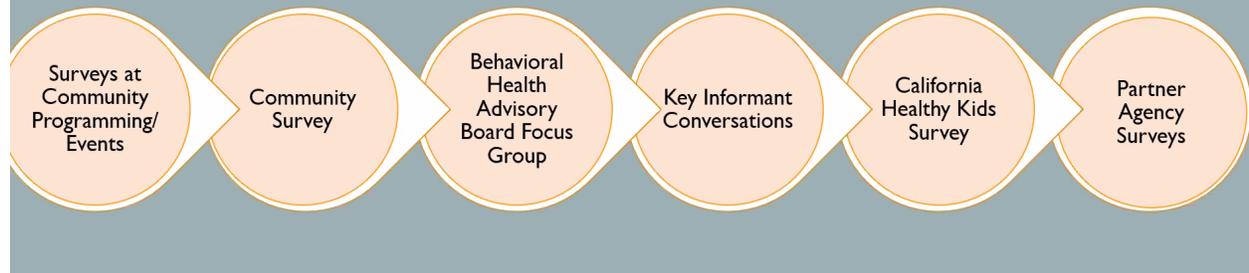
- The mission of the Behavioral Health Advisory Board (BHAB) is to support individuals by promoting recovery, self-determination, and wellness in all aspects of life.
- Advises and evaluates the various functions and policies of the Behavioral Health Department
- Specific required make-up of the BHAB with three-year terms that may be renewed
- Meetings must comply with the Brown Act

WHAT IS A PUBLIC HEARING?

- A status report and open meeting about programs funded in Mono County by the MHSA
- An opportunity to give community feedback about the MHSA Plan and the programs
- An opportunity to brainstorm about future ideas for MHSA plans and programs
- Today is a short presentation followed by comments and discussion from members of the public and the BHAB

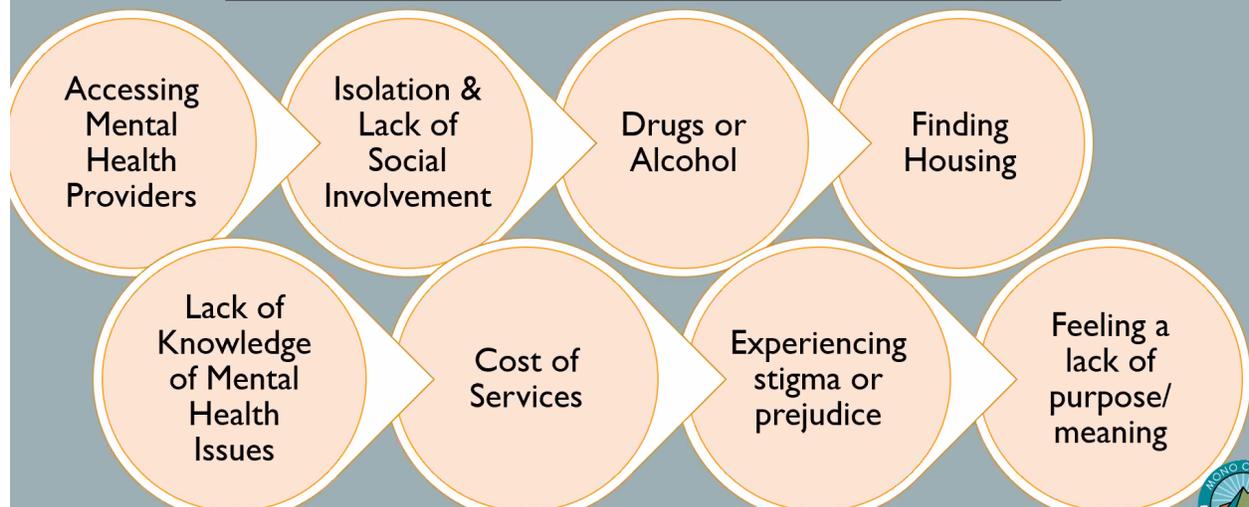
Almost all programs Lauren mentioned are funded by MHSA.

COMMUNITY PROGRAM PLANNING PROCESS



Partner agencies: IMACA, First 5

TOP COMMUNITY NEEDS



Accessing Mental Health Providers is a recurring theme; addresses us and other Mental Health providers, perhaps because we exclusively serve Medi-Cal population.

Isolation and Lack of Social Involvement – not a surprise from COVID-19.

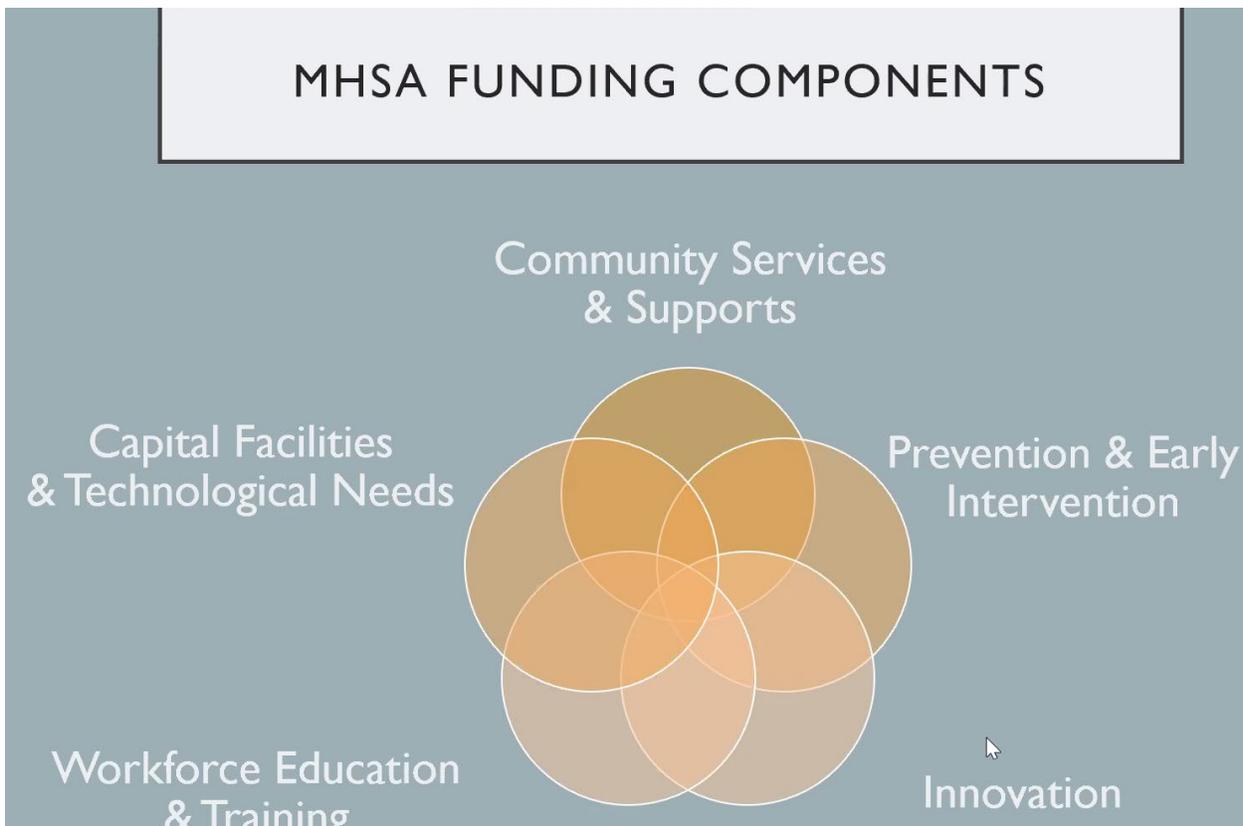
TOP STRATEGIES TO PROMOTE MENTAL HEALTH



AG: Questions so far?

SC: Lets wait for questions at the end. Then we can open the public hearing and have set comments.

MHSA FUNDING COMPONENTS



76% of funding for the Community Services & Supports category – largest funding category.

COMMUNITY SERVICES & SUPPORTS

- Full Service Partnership Program
- Telehealth Services
- Wrap Program
- MHSA Housing Program
- Expansion of Case Management/Supportive Services
- Crisis Intervention/Stabilization
- Community Outreach & Engagement
 - Socials & Foro Latino
- Wellness Centers



FSP – “whatever it takes” approach to serving clients in terms of meeting treatment goals.

WRAP – youth and families who are also involved with probation and/or social services.

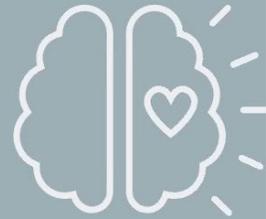
MHSA Housing Program – one time expense for our permanent supportive housing program. Part of phase one of the Parcel – located right in center of town. In a bureaucratic stage w/ this program:

Resolutions and loan agreements in collaboration w/ County Counsel and Board Of Supervisors.

Community Outreach and Engagement refers to wellness centers

PREVENTION & EARLY INTERVENTION

- Peapod Playgroup Program
- Walker Senior Center
- North Star School-Based Services
- Community Trainings
- Outreach in Outlying Communities to Increase Access and Linkage to Treatment
- Community Engagement to Reduce Stigma and Discrimination



Partner w/ Mono County First 5 for PeaPod program – goal to reduce isolation for parents

Walker Senior Center – programming for older adults, goal to reduce isolation

North Star School Based Services – Individual counseling services, Group counseling services, School Wellness: meditation, mindfulness, and kids yoga

Community Trainings – Mental Health First Aid – two classes held in 2021.

Outreach in Outlying Communities – programming in Bridgeport or Walker. Bridge a gap to Behavioral Health services for folks who are farther away.

Community Engagement – Mono County Behavioral Health Facebook Page

Our funding has to fit in a certain way into these components and the sub-components. We need to meet community needs but we are also beholden to complex requirements and legislation on ways that the funding can be spent.

INNOVATION

Innovation projects must be novel, creative, and/or ingenious mental health practices/approaches

- One on-going project approved by Mono County BOS & MHSOAC
 - Help@Hand (The Technology Suite)
- One planned project proposed to begin in FY 22-23
 - Multi-County Electronic Health Record Project

Try to start innovation project only every 3-4 years.

Current Innovation projects: (1) My Strength – application for promoting MH wellness. (2) Multi-County EHR – 22/23 – more to come.

WORKFORCE EDUCATION & TRAINING

- Trainings & Conferences
 - Racial Equity Work
- Staff Supervision
- Loan Assumption Program



CAPITAL FACILITIES & TECHNOLOGICAL NEEDS

- MHSA Housing Project in Mammoth Lakes



Racial Equity Work Plan – incorporating education into daily life in our department.

Loan assumption helps therapists pay off student loans through years of service – good for recruitment and retention.

KEY ACHIEVEMENTS & OUTCOMES IN FY 21-22

- More than 50 people received crisis stabilization services
- MCBH expanded Wellness Center programming across the County and restarted beloved favorites like Community Socials
- Almost 350 people accessed Wellness Center programming
- During the 21-22 school year there were approximately 170 kids' yoga classes in Walker, Mammoth, Bridgeport, and Lee Vining
- Hosted May is Mental Health Month activities, including our first-ever Suicide Awareness Walk, which drew more than 200 participants
- Held two Mental Health First Aid classes and in FY 20-21 31 people were trained in MHFA
- Formalized our FSP policies and provided 25 people with this intensive service
- Created a Racial Equity Workplan that is being implemented

*Suicide awareness walk drew 181 participants.

[End of presentation]