Meeting Agenda:

Behavioral Health Advisory Board Meeting

Monday October 18, 2021 from 3:00-4:30

Zoom meeting:

Link: <https://monocounty.zoom.us/j/7609241741>

Call in: +1 669 900 6833

Meeting ID: 760 924 1741

Participants: Marcella R., Amanda G., Lauren P., **Dirk A.**, Jimmy L., **Ingrid B.**, Krista C., **Al D.**, **Carolyn B**., Robin R., **Lois K.**, Jacob E., **Rolf K**.

*Board members are in* ***bold****.*

**Meeting called to order at 3:04pm**

1. **Public Comment** 
   1. No public comment
2. **Approval of minutes** from August 9, 2021
   1. Motion to approve – Lois K.
      1. Second – Al D.
      2. All in Favor – Carolyn B, Al D., Dirk A, Ingrid B.
      3. Minutes approved
3. **Behavioral Health Department Updates**: Robin, Lauren, Amanda
   1. Community program update
      1. MCBH is continuing to provide in-person wellness programming in Walker, Bridgeport, Mammoth and Benton.
         1. Senior Breakfast Club on Sundays is having good attendance!
         2. Socials are well attended in Benton and Walker – hopefully one in June Lake soon.
      2. We have also started some virtual programming at the beginning of the school year.
      3. Began doing mindfulness sessions in the schools in Coleville, Walker and Bridgeport.
      4. **Spread the word!** All programming info is available online at: https://monocounty.ca.gov/behavioral-health/page/wellness-centers
   2. Launch of SUD prevention campaign
      1. New funding streams available from Dept of Health Care Services (DHCS)
         1. CRRSAA (COVID Response and Relief Supplemental Appropriations Act) and ARPA (America Recovery Plan Act) that can augment SUD Programming
         2. Information Media campaign will be a large component of grant spending, hopefully to launch in January 2022, to run for about a year.
            1. Advertisements

Harm Reduction approach

Programming focusing on cannabis and alcohol use

* + - * 1. ***Discussion***: KC: Are youth or young adults included in the ad campaign?

AG: We haven’t started planning the content yet but that is a good idea. We are thinking more of the 18 and older demographic so not necessarily youth, but focused on transition aged youth (Ex. Kids/Young adults working at Mammoth Mountain, Cerro Coso students, etc.)

* + - * 1. ***Discussion***: DA: Do we have any info on alcohol usage for youth?

AG: Yes, California Healthy Kids Survey.

MR: Last administered in September 2019 (skipped a year due to COVID). Future agenda item: Discuss the Strategic Prevention Plan or CHKS data?

* 1. Update on various grants
     1. Mobile Crisis Unit funding: MCBH was already planning on launching Mobile Crisis for FY 2022, so the new funding streams are very timely.
        1. MCBH was recently awarded ~$700,000 over 4 years to support the Mobile Crisis Unit.
           1. How to leverage funding with existing crisis units – such as existing EMS stations, working with MC Sheriffs;
           2. Deputies and medics would be able to connect the patient to MH services remotely, on scene.
     2. Mental Health School Services Act (MHSSA): Must come from the County BH entity but it also has to have a school district attached to it. We are meeting with MCOE to scope out collaborators.
     3. While grants bring in desired funding – they also come with big administrative burdens; tracking for grants, hiring staff, etc.
        1. MCBH is hiring! Several different positions. **Spread the word**! <https://www.monocounty.ca.gov/jobs>
     4. Help@Hand: MCBH has been working with CalMHSA (an organization that helps with statewide Behavioral Health projects) to meet requirements to get funding for a new tool:
        1. MyStrength App – wellness programming though the App. Expected to launch in early January along with the Media Campaign
  2. Other updates
     1. MCBH had a large audit in early Sept – “The Triennial”, which reviews everything from past three years or so. MCBH feels confident in how we performed and are waiting on a report that will identify where we can improve.
     2. MCBH is getting a new Electronic Health Record (EHR) program soon, which should improve productivity and billing challenges. Contract recently was approved by BOS; waiting to determine the implementation timeline.
  3. ***Various Discussion Topics***
     1. ***Discussion***: Dirk A: Is there a percentage of the budget or an allocated amount that we must dedicate to certain categories (such as X$ for programming, X$ in housing assistance, etc.)?
        1. RR: No, not percentages. Some clients require more help than others, we have money that we can/have to use for everything, that is available for anyone at our discretion (within reason).
     2. ***Discussion***: DA: How does Medi-Cal work across County boundaries?
        1. AG: Typically Medi-Cal serves one County or another, but in COVID restrictions were relaxed. So, there was access for clients to use Medi-Cal coverage outside of their residential County. Not sure if that is going to continue or not.
     3. ***Discussion***: LK: Would there be a scenario where you wouldn’t have a big enough budget for housing needs, ex. If 10 people needed help, and then you couldn’t afford it?
        1. RR: Yes, it is possible. It could also be that we spend money that would otherwise be used elsewhere. MCBH does not get money from the County General Fund, we are all externally funded.

1. **AB 361 Resolution**: Stacy (Action)
   1. AG: At the beginning of COVID, Newsom allowed boards (like BHAB) to meet virtually until Sept 30 2021”.
   2. BHAB needs to pass a resolution to allow us to continue to meet virtually. Public Health’s recommendation is to continue to meet virtually. If passed, the resolution is only valid for 30 days, meaning we will need to continue to pass a version of the resolution at each of our meetings going forward.
      1. Motion to adopt and approve the AB 361 Resolution: Dirk A.
         1. Second: Ingrid B.
         2. All in Favor: Lois K., Al D., Dirk A. Carolyn B., Rolf K.
         3. Motion carried – we can continue to meet virtually.
      2. This will be brought up again and voted at each meeting henceforth.
2. **Quality Improvement Discussion Topic**: Data Notebook from California Behavioral Health Planning Council and approval: Marcella, Amanda (Action)

AG: The Data Notebook: CA Behavioral Health Planning Council (CABHPC) which provides training and tech assistance for providers, puts together a theme each year, gathers data and asks BH boards and entities to discuss data and trends. We are asked to submit a survey assessing the data. In previous years, it was more qualitative (open ended responses). Now, it is more closed ended and there isn’t space to elaborate as much.

This year’s theme: Racial Equity

* 1. MCBH is a known leader in equity work and trainings
     1. Access and Engagement rates broken out by ethic groups: this is a challenge in some areas for Mono County because some demographics (Asian/Pacific Islander, Black/African American) are so small in MC. It makes it difficult to highlight areas where we are struggling in racial equity.
        1. MCBH does very well with access and engagement rates for white and Latinx groups.
        2. Making meaningful progress building relationships with American Indian/ Alaskan Native groups.
  2. ***Discussions***:
     1. CB: Can you just tell them we have small numbers of people in some groups?
        1. Yes; we included that in the survey in several spots.
     2. LK: Is there data that demonstrates the needs of these smaller populations? Asian and Black?
        1. MR: Community Program Planning Process (CPPP) Survey, California Healthy Kids Survey (CHKS) – but again populations are comparatively small.
     3. RK: Do we have any reports or numbers of racial abuse; confrontations by group?
        1. MR: data from Mono County Sheriffs or MLPD may allude to trends but not sure at this moment. Possible future discussion topic?
           1. Al D: I haven’t seen anything (MLPD)
  3. Date Notebook review:
     1. *Questions 2 – 7*: *Adult Residential Care Facilities (ARFs) and Institutions for Mental Disease (IMDs)*
        1. Very low numbers for persons needing funding for ARF or IMD, but administrative cost is still significant
     2. *Question 8*: *Programs that were implemented or expanded for individuals that are homeless and have severe mental illness:* 
        1. DA: Mammoth Highschool gym was used for emergency shelter purposes. Is MCBH part of that?
           1. KC: That was hosted purely by social services and Red Cross for persons that lost housing only until they got long term housing.
     3. *Questions 9 – 11: Foster children/youth needing Group Home care*
        1. No comment
     4. *Access and Engagement by racial population*: *Questions 12-13*
        1. No comment
     5. *Access and Engagement by racial population*: *Question 14: BHAB Board Member Representation*
        1. Answer fine as is, but it shows us where we can improve; keep diversity in mind with future board recruitment
     6. *Access and Engagement by racial population*: *Questions 15 - 16*
     7. ***Discussion:*** *Access and Engagement by racial population: Question 17 – Which of the following does your County have difficulty with regard to providing culturally responsive and accessible mental health services?*
        1. LK: How culturally diverse do you feel your staff is?
           1. RR: About 45% Latinx and 55% white. It’s a good start but again identifies where we can further diversify.
        2. LK: For “Other” perhaps *amend the answer* to explain the other Ethnic groups are such a small percentage of the community which in itself can be a challenge when deciding how to program.
        3. AG: Recommends *amending the answer* checking Outreach to racial/ethnic minority communities.
        4. CB: re: “Translating written materials”: You only translate materials in English and Spanish: Can you use resources/contacts in other counties for translating services?
           1. AG: Yes, we can, but there has not really been a demonstrated need so far.
     8. *Access and Engagement by racial population*: *Questions 18: Barriers to access for underserved communities*
        1. No comment
     9. *Access and Engagement by racial population*: *Questions 19: Increased behavioral health disparities as a result of COVID-19*
        1. AG: We should *amend the answer* and check all boxes because everyone was affected by COVID in one way or another.
     10. *Access and Engagement by racial population*: *Question 20*
         1. No comment
     11. *Access and Engagement by racial population*: *Question 21: Resources/programming by group*
         1. ***Discussion:*** What do we consider a Community-based organization?
            1. Wild Iris? Mammoth Hospital? Schools?
         2. LK: The question says “What services have been employed, utilized, or collaborated with to serve the following racial populations…”
            1. Difficult to answer because we do collaborate with many of these but it is not population specific.

We need to look at this question more and *amend our answer*.

* + - 1. ***Discussion*:** RK: Why aren’t first responded included in here? Are there any provisions for large scale accidents?
         1. RR: There are resources within the County for large disasters that MCBH is a part of for response.

IB: Resources for first-responder specific support include Sheriffs being trained as Peer Support Specialists and Trindel Insurance offering professional resources.

* 1. Motion to approve the Data Notebook (with a few minor changes implemented as discussed above)
     1. Motion to approve: Lois K.
     2. Second: Ingrid B.
        1. All in Favor: Lois K, Carolyn B, Al D, Dirk A, Ingrid B, Rolf K.
        2. Data Notebook approved with minor changes made by AG and MR as discussed.
           1. *POST MEETING UPDATE: Marcella and Amanda have made changes to the data notebook as discussed and submitted via SurveyMonkey as requested.*

1. **Board Appointment Update** 
   1. Jimmy Lee has rescinded his candidacy as a potential board member.
   2. Olga has rescinded her candidacy as a potential board member.
   3. MCBH was supposed to suggest Board member appointment to some clients or client relatives: Any updates?
      1. AG to LP: Lets add this as a more consistent reminder during staff meetings.
         1. *POST MEETING UPDATE: This was announced at the Tuesday 10/19 staff meeting and will continue to be announced at future staff meetings.*
      2. Carolyn is happy to talk to potential candidates regarding the position.
2. **Board Member Reports** 
   1. Carolyn B.
      1. PBS – Mysteries of Mental Illness – got the DVD and is willing to lend it out to anyone who is interested.
      2. Angel giving tree time! Referrals from social services for kids up to age 15. If anyone is interested Carolyn can send you an application.
      3. Called new director of Wild Iris and left a message. He is on continuum of care with IMACA. Trying to connect.
         1. LK: He would make a good board member!
   2. Lois K.
      1. Rotary had Wild Iris speak at end of Sept. Very informative update on their services and the significant increase that they have seen in the need for response to domestic violence within the community as a result of COVID.
      2. Works with college students and they all seem so much happier this year that they can be back in classes. Robin is scheduled to talk at a brunch soon to ease tension and stress due to upcoming finals and end of semester stress.
   3. Al D.
      1. Nothing to report.
   4. Dirk A.
      1. Northing to report.
   5. Rolf K.
      1. Trying to get an article into the paper (re: Inyo Sheriff Use of Force incident?) and hit a few road-blocks. Has 3 articles he is working on and trying to choose which one to submit:
         1. “Who’s in your head”
         2. “Authority fight or flight” – moral authority;
         3. “Attitude awareness”
   6. Ingrid B.
      1. Shop with a Cop coming up. Revised format: Kids will order stuff on Amazon and it will be delivered to cops – big party to wrap and enjoy gifts. Program is well funded so if you want to donate please consider somewhere else! 🙂
      2. Thank you MCBH and Robin for all the effort recently to help someone in our custody.
3. **Confirm date** and adjourn to next meeting.
   1. Mon December 13th 3-4:30pm

**Meeting closed at 4:35pm**

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In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130). MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-174