



| SUN   | MON  | TUES   | WED  | THUR   | FRI   | SAT   |
|---|--|--|--|--|---|---|
|   |  | 1  | 2  | 3  | 4   | 5   |
|  |  |   | Club House Live<br>2:45pm – 5:00pm   | Kid's Art Corner<br>3:00pm-4:00pm  | Open Art Studio<br>10:00am-11:30am<br>Writing Down The Bones<br>1:30pm-2:30pm<br>Club House Live<br>2:45pm – 5:00pm | <b>DESCRIPTION OF EACH ACTIVITY IS ON THE BACK</b>                                    |
| 6   | 7  | 8  | 9  | 10   | 11  | 12  |
|   | Relapse Prevention<br>12:00 – 1:00pm<br>Club House Live<br>2:45pm – 5:00pm | HSP Support Group<br>1:30pm - 3:00pm<br>Yin Yoga<br>3:00pm-4:00pm<br>Living Stress Free & Making Positive Choices<br>4:00pm-5:00pm | Club House Live<br>2:45pm – 5:00pm   | Kid's Art Corner<br>3:00pm-4:00pm<br>   | Open Art Studio<br>10:00am-11:30am<br>Writing Down The Bones<br>1:30pm-2:30pm<br>Club House Live<br>2:45pm – 5:00pm |   |
| 13  | 14   | 15   | 16   | 17   | 18  | 19  |
|  | Relapse Prevention<br>12:00 – 1:00pm<br>Club House Live<br>2:45pm – 5:00pm | HSP Support Group<br>1:30pm - 3:00pm<br>Yin Yoga<br>3:00pm-4:00pm<br>Living Stress Free & Making Positive Choices<br>4:00pm-5:00pm | Club House Live<br>2:45pm – 5:00pm<br> | Kid's Art Corner<br>3:00pm-4:00pm  | Open Art Studio<br>10:00am-11:30am<br>Writing Down The Bones<br>1:30pm-2:30pm<br>Club House Live<br>2:45pm – 5:00pm |    |
| 20  | 21   | 22   | 23   | 24   | 25  | 26  |
|   | Martin Luther King, Jr. Holiday<br><br>Offices Closed                      | Yin Yoga<br>3:00pm-4:00pm<br>Living Stress Free & Making Positive Choices<br>4:00pm-5:00pm   | Club House Live<br>2:45pm – 5:00pm   | Kid's Art Corner<br>3:00pm-4:00pm<br>Spaghetti Club<br>5:00pm-6:30pm   | Open Art Studio<br>10:00am-11:30am<br>Writing Down The Bones<br>1:30pm-2:30pm<br>Club House Live<br>2:45pm – 5:00pm |   |
| 27  | 28   | 29   | 30   | 31   |   |   |
| <b>A service of Mono County Behavioral Health and Proposition 63.</b>             | Relapse Prevention<br>12:00 – 1:00pm<br>Club House Live<br>2:45pm – 5:00pm | HSP Support Group<br>1:30pm-3:00pm<br>Yin Yoga<br>3:00pm-4:00pm<br>Living Stress Free & Making Positive Choices<br>4:00pm-5:00pm   | Club House Live<br>2:45pm – 5:00pm   | Kid's Art Corner<br>3:00pm-4:00pm<br> | Open Art Studio<br>10:00am-11:30am<br>Writing Down The Bones<br>1:30pm-2:30pm<br>Club House Live<br>2:45pm – 5:00pm |  |